

शिक्षक

माघ २०६५

मासिक

मूल्य रु ३०/-

रु. ५,०००

राम्रो लेख्नुस्
पुरस्कार जित्नुस्



घरपायक-शिक्षक
कति राम्रो कति नराम्रो

ixdfn Istfasf sxl kxfzgx;

dh] by\$fi] gkfn

xs{u?^a

;g\@)&, k[7 xx+#)*, ?= @&%:-

gkfnf sfg-sGb/f, kxf8-kj f, efj / / b[k[lxB7}k[lg]yf7}gkfnlx;df
k5g\xs{u?^a . lxB7' t Pp6f kxf8l ufp6f h6d\$ f pgsf]afnosfnf]lgolt
g}lyof]. t/ lj b[zdf k9] cfPk15 klg pgn]gkfn ofqfnf0{cf^gf]klxn]
kfyldstf agfP . ;g\!(^# b]v !(&* sf cj lwdf slxn); f27o / slxn]
vf[3dSs8lsf lx; fan] p8], u8] / w]h; f] rflxFlxB7}ul/Psf ol
ofqfx;af6 pgsf lrGtgw/fdf k/\$f 5fk pgsf n]yfo, lj Zn]of / pgn]
sf7\$ dh\$sf offhgx;df cleloSt ePsf kfOG5g\ o; k!tsdf ; d]bPsf
cfnyx; ; fdf6o ofqf j QfGt dfq ge0{gkfnf]ef]ts eufh / ; fdf]hs
; f:s[ts kl/j zaf/]Ps lj n]of lj afg\$f uxg l6kko]lx; xg\



...

ljifo lj]w

xs{u?^a

;g\@)^, k[7 xiv+@&^, ?= #@%:-

xs{u?^a sf] gfdl; t PseGb f a9l lj z]of hf]BPsf lyP . eufh]lj b\
offhgsf/, ;dfhzf:ql, /fhgllt1, lrGts, kzf; s, n]ys, kbofql,
kj f lj z]1, lrqsf/, k[6f]u]k[6, v]h]8l, d6ql cflb cg\$ lrgf/l
lyof] xs{u?^a sf]. xs{u?^a sf /df0nf ofqf-syf, dld\$; :d/Of,
3tn]ubf ljrf/, tl]of lj Zn]of tyf 7f] cjwf/Offx; ; a\$Int ljifo
lj]w nf0{ ; xl cydf pxf]f kl]tlglw n]y-/rgfx;sf] ; hf]nf] eGg
; lsg5 .



...

gkfn M lxB"clw/fhosf] Oltxf;

I; NefFn]l

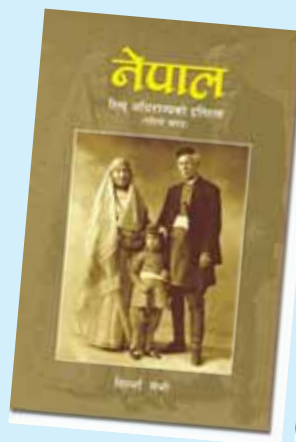
;g\@)% , k[7 xxxiv+@^), ?= \$))÷-

-klxn] v08_

;g\@)&, k[7 vii+@&*, ?= @&%:-

-bf]] v08_

I; NefFn]l k]l6 ; :s[t / Oltxf; sf
Vofltk]t k]f; h]l lj afg\ xg\ . pgl ; aeGb f
klxn] ; g\!* (* df gkfn cfPsf lyP .
pgsf] gkfn a; f0sf] cj lw b0{dlxgf dfq
lyof] To] klg sf7df8f]pkTosdf ; lldt .
a; f0 5f6f] cj lwsf] eP klg pgsf] cl]oog
/ cg; Gwfg uxg lyof]. To; \$f]kl/Offd; j; k
; g\!(%) df of] lj zb s[t tlg efudf
k\$flzt eof]. Oltxf; eg\$]f z; sx; sf]



j z]fj nl / : tlt dfq xfo]g eGg] dfGotf /Vg]l; NefFn]lsf] o; s[tnf0{Ps zt]Abcl3sf] gkfnf]
; f:s[ts-/fhgllts cj:yfsf] lj atfkOf{ lj Zn]of dflgG5 .



ahf/df ; j6 pknAw 5 .

किताब kf6g9f\$ f, nlntk/, k]f] g= %\$@%\$ \$÷@]#@

Lj Bfylɔf0{klg ; fɔfɔg ũ

o; k6ssf] ljifo xf} 3/kfossf] hflu/ũ ; Gbef-flxƑ lzlfsvx; s} xf]. t/ .3/kfosũ lzlfssf ; Gbef dfq nfu"xb] s/f xfŃg . To; ɔ] klxn] o; nfo{; fdfgo ; Gbef x}fɔ.

.kfosu t6:y zAb xfŃg, o; sf] cy{ xf} cgsh, sfd ug{; lhnf] kg] glhssf]. To; ɔ] kfP; Dd ; aɔf0{ 3/kfoss} hflu/ dgkg{; fdfgo s/f xf]. of] zAbn] g} Pp6f :ki6, ; ljwfs] cfux afɔɔf] 5 / s; ɔ] klg s; ɔf0{ ltdln] ; lhnf] / glhssf] sfd ug{kb} jf xbg el ldnbg .

dfg; n] 3/kfos sfd ug{ rfxgsf sxl Jofj xfl/s sf/Ofx; 5g\ . 3/af6} hflu/ vfg kfpf 8]fsf] vr{/ bMw xbg . cf^gf] kl/jf/df a:g, vfg kf0G5, laxg- aɔf 3/sf] sfd ug{kf0G5, cf^gf ; fdfhs ; DaGwx; nfo{ a9fP/ hfg ; lsG5 . ; P1 c; nfd] xg; S5 . 3/kfos vflg} n] ol Jofj xfl/s sf/Ofnfo{alnof] agfpgsf nflu .3/kfos kfP cf^g} ufpB/sf] ; jf ug] rfxgf klg k/f xgllor] el] rntlsf] cfbz] fol sf/Of klg ykg] u/ɔf] kf0G5 .

t/ ; aɔf0{3/kfos hb} . cf^g} 3/df a; ɔ] kzf; g, ; ɔf, kx/L, lrisT; f, OIghgol/a, kllwofkg, kqsf/tf h:tf lɔdf .hflu/ũ vfg] ; ɔfuo zx/L lɔsf yf} JolQm; n] dfq kfPsf xG5g\ . To; ɔ] clwsfz dfg; x; lfdt xg]lalQs} jf h; /l eP klg lfdt xfl; n u/ ɔ] .hflu/kfos 3/ũ agfP5g\ .

Pp6f lzlfnsf0{ jwflgs af6af6 cyf\tnasf e/df, cf^gf] kVofl yfytynf Gbf /fd] / ; ljwfhgs 7fpf uP/ .hflu/kfos 3/ũ 78bpg neu c; Dej xG5 . lzlfssf ; fd' k} f sdfpg] c; af6x; klg ctoGt ; ldt xG5g\ . hljge/ 3/afix/ a; ɔ] hflu/ vfg' s; ɔf] klg /f]fo xg; Sbg . gknsf clwsfz ufpk; df :sh alg; sɔfn] w} ɔ] ; ufpk; df lzllft JolQm; klg e0; sɔf / ; /sf/sf] gllt klg To; } cg?k ePsn] c; sf] thgdf lzlfsvx; sf nflu 3/kfos hflu/sf] pknawt / ; Dej gf a9f] 5 . of] k7elddf lzlfns] 3/kfos vflg' Psbd ; jfells s/f xf].

tyflk a9f ; Defj gfx; ; ɛ; ɛ} of] Pp6f ulxl/P/ 5nkm ug{kg] ljifo klg xg kuf] 5 . /fd] dfq kl/Ofd blvPsf] s/fdf 5nkm ug{kg] cfj Zostf g} xbg . t/ o; df To:tf] 5g . 3/kfosn] Pp6f lzlfssf] kefj sfl/tfd d2t kfofP5 ls pN6f] c; / u5{h:tf s/fdf cnu-cnu / Psbd} lj k/Lt lj rf/ Pj +cgej x; 5g\ . To; ɔf/Of g} lzlf s] o; c] df oxl ljifodf 5nkm ug{ vflhPsf] xf].

3/kfossf klfd k}jl ug{; lhnf] 5, lsgeg] lzlf0f

; aeGb w} } dfgj :kz{ rflxg] ; } fx; dWbɔf] kzf xf]. lzlf s; wFg} sf0n dfgj dgx; ; t Joj xf/ ul//xɔf] xG5 . pm dgsf dflWodaf6 afnafnsf] al4df k}z u5{/ ToxfA; ɔ] ; dhsf] eljionf0{ cfsf/ lb0/xɔf] xG5 . c; km, zflft, kl8t / ljz JolQm] o:tf] uDel/ sfd ug{ ; Sbg . To; ɔ] lzlfns] ; s} Ddsf ; ljwfx; kfpG5{ . olb p; nfo{/fd] tna, ; ljwf / cj ; /x; lbg ; lsPsf] 5g eg] t cf^gf] 3/df a:g] clwsf/af6 jl-rt ug{ %g} xbg .

:yfglo lzlfns] /fd] k9fp5g\ ls aflx/ofn] e] af/ɔf Psbd} lj k/Lt lgisif[lbg] s0g\ pbf/Ofx; xftxftl pknAw 5g\ . tl ; aaf6 lgl:sg] clGtd lgisif[xl] lzlfssf] sfozntf cf^gf] sfdkl] tsf] p; sf] bl6sf] fdf e/ kg] s/f xf] p; sf] sf0f0 / 3/sf] b/lfd xfŃg . o; } c] df /xɔf] Zofdk] fb nld5fgɔf] n] ydf elgP%Fhflu/ 3/kfos eP klg geP klg .dgkfosu xgk5{ . cf^gf] hflu/nfo{ dgkfoss agfpgsf nflu lzlfnsf0{ s] s] s/fn] kl/t u5g\ e] ljifodf vflh ug{; Dej tm 3/kfos b/agb] sf] vflh ug{Gb} ; lhnf] / Jofj xfl/s xG5 .

lzlf0f; t ; DalGwt ljifoj:thf0{ lzlfssf tkn6f6, vf; u/L lzlfssf] ; ljwf / clwsf/sf bl6af6 dfq x} klg klbg . .lzlfnsf0{3/kfosũ lzlfsl; t dfq ; DalGwt ljifo xfŃg . of] lj Bfyl- / Itgsf cleefj sv; sf tkn6f6 klg ldxg 9En] lj rf/ ul/gkg] s/f xf]. of] cf^gf df65ɔf0{ ; lhnf] 7fpf hflu/ nufpg] ljifo dfq xfŃg, :shsf] z]f] s-kzf; lgs jftfj/Of / :sh / ; dbfos] cGt/; DaGwsf bl6af6 klg kulngkg] ljifo xf].

lzlf0fhutɔf] ; aeGb dx] k0f] klf lj Bfyl{ xf] t/ .3/kfosũ h:tf 7hf ljifodf lgisif] lgsNfb .ef/ɔf/ lj Bfyl{sf]/fonf0{Wofgd / flvPsf] jf / Vgk5{e] ; flvPsf] kf01 . lzlfsvx; lj Bfyl{sf nflu xg\ t/ lzlfssf af/ɔf ; aeGb sd /fo klg lj Bfyl{ } ln06} cfPsf] 5 . lzlfssf] ; aeGb /fd] dNoflg lj Bfyl{ } g} ug{ ; S5g\ . gftfuf, hfgklxrfg / ; DaGwsf ; j; kx; sf sf/Of :yfglo lzlfsvx; af6 sxl lj Bfyl{ } a9l kll; fxg kfPsf xg; S5g\ t/ Itg} sf/Ofx; af6 s; ɔ] ulx/f] ckdfg, xhf / dfgl; s oGqoff klg . ol bj} plrt s/f xfŃgg\ . sxl n] dfq kll; fxg kfp' unt xf] eg] Ps hgf dfq ckdflgt xg' klg ck/fw xf] ũ

xfd lzlf lɔdf 7N7hf lj rf/, ax; / lg0f6x; ln65fT/ .dhr/lsf] efu} gfl:tl egh:tf] h; sf nflu tl ; a} s/f u5fTt lj Bfyl{ } 0{eg} sixNo} klg ; flvPsf . pglx; nfo{ jf:t} ub} . ufpf lzlf / aflx/of lzlfssf] thgf lj Bfyl{ } s; /L u5g\ e] s/fnf0{ Wofgd /fv} lg0f6 ug{kl/kf6l a; fpg ; s] s] xhf <

æ

afre /ylds txdf k9fpg]lzlfz kj]lzf pQl0f(u/3f] xgkg[kjwfg /x\$df z]fs :t/ / pd]sf]k]9tf v]llf0f Pl; ofnl dhsx;df kfylds lzlfssf]z]fs of]otf slf !@ / ; f0f a9L ePsf]kl/k]odf g]fndf klz lzlfssf]z]fs of]otfsf]:t/ j]4 xgk5{.

pRr:t/lo /fli6æ lzlf cf0f]sf] k]tj]g @)%%

æfdl clwsfz ; do nfdv\$3f af/df lrcf u/] latfp5f} t/ nfdv\$]30g]tnf]psf]; /; krf0 / :jR5tfdf slxNo} Vbfg k}ofpb}f}xdf]sdhf]l oxl xf].Æ

c1ft

æz]fsn] 5fq5fqinf0{ lbg] ; 0b} xf] ltdl ; km x05f]to; }slxNo}kl5 gx6 æ

6l= lk6/;g

; /sf/l ah0sf]7hf]lx:; f k]o3} jif{; fj h]gs lzlfssf nflu 56bf0g]u/3f]5 . lzlfdf ul/g] nufglsf]7hf]cz cfw/e't lzlfdf hf65 . oqf] 7hf]nufgl xbf klz ax'; aVos hgtfsf 5f]f5f]l k9g]; fj h]gs ljBfnox;sf]u0f:t/ lbg k]tlbg v:sbf]5 . xg]vfg];n]cfk]gf 5f]f5f]l ; fj h]gs ljBfnodf k9fpg rfxb}g\ . ; fj h]gs lzlfdf ul/Psf]nufglsf]of0f 7hf]lj8dagf s]l xg ; Sb} .

••

:yfol / c:yfol ?kdf l; hgf ul/Psf ; d] ! nfv \$* xhf/ lzlfssf]tna-e0fakf ?4(ca{ @ s/f0 56bfpgsf clt/Qmlzlfz ljBfyl{cgkft a9L ePsf ljBfnox;nf0{yk lzlfssf]tnaakf yk cgbfg lbg ?&) s/f0 ljgof]hg u/3f]5' .

cy06ql 8f= afa/ld e\$]/0{ cfj= @)^%^^ sf]ah0 jQm0

Æ

sf7df8f0f ef/tlo :sh-d]hf

■ lg/h ; fke]f



g]k]nl afnafn]sf egf{ug{o; k6s ef/tsf gfd rn\$ @ j6f :sh sf7df8f0f}cf0ku]. x]0n Pe/}0df @% / @^ k' df cf0f]nt egf{d]h]df g]k]nl cleefj sx;sf]6hf]hd36 lyof]. pQm d]h]d}s]l xhf/sf]; aVofdf g]k]nl afnafn]sf ef/tlo :shdf egf{ePsf]cgdfg ul/Psf]5 .

kl'tlqmf / ; %fj



k':sf/M/fdf]s'/f

lzlfs sf] @)^% k' cI cllwog ubf{ lzlfssf nflu dxlfj kOf{ kZg / k':sf/sf] Joj:yf ePsfdf v;l nfu\$] 5 . t/ cknhf0{ nfu\$] s'/f slt kh jf zAbdf ga9f0{ nlygkg] xf] < To; af/df :ki6 gePsfh] :ki6 ul/lbgxg cg/fv ub\$' . ;fy} Ps hgfnf0{ ?-%,)) k':sf/ lbgeGbf kyd, latlo / t[lo u/l qndzM ?-# xhf/, @ xhf/ / ! xhf/sf ;fy} kdf0fkqsf] Joj:yf / lzlfs dfl; s Ps jif\$sf nflu lgMzNs ul/lbgeP c% /fdf] xg]yof].

/fdl; *l3l; a

lzlfs, afnjf dflj, afnjfk6l, sfej

ql6 gx] \

dlxgf-dlxgdf lzlfs k9g kfpbf w}} v;l nfu\$] 5 . o; df afnaflnsf;nf0{ ; lfd gful/s agfpg lzlfssf] st.fo / dlyjl lzlfs xg cfj Zos kg] uof tyf nugzIntsf af/\$f nlyx;n] c6o lzlfs ;fylx;nf0{ lzlf0f kZfkl't 0dfgbf/ xg lgZro klg kl/t u5}. k' @)^% sf] cI df .zAbfjnl-#U / .cGtflf/L-#U df klj lws ql6x; bfxfl/g' /fli6e:t/d} n\$]k0 xg yfn\$]f



ul0ft ; lhnf]kfg]k5{

ul0ftnf0{ ufxf] -lzlfs k', @)^%_ agfpg] ; jndf sg} Pp6f klfnf0{ dfq bff] lbg ldlbg . ul0ft ufxf] xg\$sf sf/of / ;/n kfg]pkfos af/df abfut ;kdf cf^gf wf/of /fv\$] 5M

!= xdf] c; lfd z]lfs cjwf/off afws 5 .

@= kf7dqnd lgdfdf ubf{ afx/l bZsf lj zlf]1dfly e/ kg] rng 5, :yfglo / :ynut cllwognf0{ cfwf/ agfpg] ul/Psf] 5g .

#= lzlf0f lj lw c% k/Dk/fut 5 .

\$= lj Bfnodf ul0ft k0fuzfnf tyf k'tsfnosf] cefj 5 .

%= lj Bfnodf G0g eflts ;fwg / lj Bfylx;sf] pRr rfk 5 .

^= w}h; f] ul0ft lj ifosf lzlfxs; cf^gf] lj ifodf blf 5gg\ . To; h} pglx;df cf^gf] lj ifodf k0f{ ;kn} cfdlj Zjf; 5g .

&= cleefjs tyf lzlfxs; ul0ft lj ifosf] 6d; g k9g} k5{ eGg] dfgl; stfaf6 ul; t 5g\ .

ul0ftnf0{ lhnf]kf/] k9fpg lgDglnlvt pkfo ckgfpg' /fdf] xG5M

!= l; sf0sf]klqmf0{lrGtdgug ug] tlf\$ tl/sfaf6 a%pg]sflzz ug]k5{ . ;fy} l; sf0Psf gofFt/sfx;df cEo:t kfg{ljbfylx;nf0{ cEof; u/f0/xgk5{ .

@= lj Bfylx;nf0{ uXsfo{ / kf7dk!tsdf lb0Psf ; d:ofx; lgoldt ;kn] hfF u/l cfj Zos ;%fj lbgk5{ .

#= ul0ft ;g\$]lal; G5, bly\$]f; lD%G5, u/] dfq l; lS65 eGg]l; 4fGtnf0{ cfd; ft\ u/l lj Bfylh] l; Sgkg] s'/df ; wF cEof; /t /xg] afgl lj sf; u/fpgk5{ .

\$= lzlfsn] hg; S; lzlf0f lj lw k0fuz u/] klg dVotM lj Bfyl{S]b; xgk5{ .

%= z]lfs ; ddu]sf] k0fuz ug] k5{ .

c;0fsdf/ u0fz

lzlfs, l8lnl/fh dflj, 6hxfg8Aaf, %&f

cI xgI dñsf cin l9nf kkt eof]. cZ ljleG klqseGbf kÿs\ep/ xñf cI hg ep klg ToF} gofFg} aGg ; Sof]. c; fh cI sf ; DkOf{ lj ifoj :t' cToGt ; fGble\$ / uxg kFPF. :sh lg/lifofsf ; d:ofsf] cfj /Of ; d; fdlos / ; fGble\$ nfu]. t/ lj ifoj :th] p7fPsf ; jfnxZ cfñkOf{ xñf} klg ; d:ofsf] h/f] ge}Psf] dx; ; eof]. cixn] gkñsf] lzlf kOfnldf /xñf] :sh lg/lifofsf] kñf wfg ; d:ofu}t xGsf sf/Of / To; sf] nflu lhDd]f/klsf] af/ñf klg Jofks vfñl ul/g' cfj Zos 5 . cfudl cI xZdf of] lj ifo kGM ; d}of] \ eGg] ck}ff 5 . k} { lzlf dGql kñk gkñsf] lzlf\$; E7g lxhf] / cfh k9f s}xl kZgxZ plAhP . pxfñ] lzlf sxZ / fhgllts kf6l\$ sf ofsf] aGbf gkñsf] lzlf ; d:ofu}t ePsf] eGg] efj k}tt ug}Psf] 5 . pxfF:jo+ Pp6f lhDd]f/ /fhgllts kf6l\$] g}f ePsf] / lzlf dGql ; d} ePsf] ; Gbe}f cZn] u/ñg\dfq eg] cfkñ' kfgldf]ysf] cf}f}f] aGg vfñh:tf] nfluof]. lzlf sxZ /fhgllts kf6l\$] sf ofsf] aGbf pxfñ] cf^gf] kf6l\$ / cfkñf0} klg -lj utdf lzlf dGql ; d} ePsf] gftfn] lhDd]f/ agfpgk5{. ; a} /fhgllts kf6l\$ / g}fs} rI/q cfkñf0} bñ}af6 kG5fpg] k} Q pxf; E klg /xñ\$.

b]l/id cfrfo{ /fdky, c3f}f}f}

kqrf/sf]7}ufg
 lzlf\$ dñ; s kf6g9f}sf,
 nlnk/, kñg=!!^^,
 nlnk/
 km}GM%\$#@%,\$%\$*!\$@
 km}S; M%\$!!(^
 Od}m
 response@teacher.org.np

; fyl alg/xñ\$'

; fyl alg/xñ\$' d, ef0alxgl; E
 clg rs, 8:6/ / sfñf}k6l; E
 1fg ; f6f; f6 ul//xñ\$' d tñ}ññl; E
 kñh kñf0/xñ\$' d, sfñkñfxZ; E

uf}dñ ug{ tñnlg 5' d x/ñ kn bz-rf/; Dd
 8fñf, xF, of xñg ToxF/Elg lrg / k'tsxZ; E
 dgf]-hgsf dfbn / afF/lxZ; E
 svu3sf ult clg Pal;l8l; E

/fPsf /ñgxZnf0{ kñf0/xñ\$' cleofg; E
 lj Bfno cfpq k}t ul//xñ\$' syfxZ; E
 l; sfpg] snf l; ls/xñ\$' afnsxZ; E
 ;j/df :j/ ldnfP/
 uf0/xñ\$' afnult afnsxZ; E .

dgsdf/l /f0{

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bfhvdf lzlf

zle' ufjd

af nafnlsfx;nf0{ :t/lo lzlf lbg lzlfssf
eldsf ; aebf dxlj kof{/xsf}lgisif{lgfNb}
bfhvdf lzlf tyf lzlf;]lx;n]efnlsf lbgdf lzlfsc;
sifsf7fkl't yk lhdDj/f/ xgkgj cfjZostf cfnofPsf
5g\ . To;lgldt lzlfsc;nf0{ cf'gf} stfo lgjfx ug{
yk pTk\|t ug{/ kl5Nnf]1fg tyf ; r'gfaf6 cBfj lws
ug{ lzlf dfl; ssf] dxlj kof{ xft /xg] klg pglx;n]
atfP .

lzlf dfl; s / gkfn lzlf olgog bfhvdf/f k;
!@ ut]rl/sfjdf cfofht lzlfssf :t/j]df lzlfssf
eldsf ljifos cft/lqmf sfoqndf pglx;n]o:tf]lj rf/
JoQm u/\$f xg\ .

;S] dflj vl/9Efs lzlf ; zlnf zdfsf] syg
lyof] aZlfsc; hflu/] agfOPsf 5fF.A pgn] kf7ofhg
agfpg] / ; fkl cg?k zlf; ; fdull; lxt sifsf7fdf
uP/ kbfj sf/l lzlf ug] lzlfnf0{k/:sf ug]kl/kf6sf]
; ?cft eP To; n] lzlfnf0{/fdfl; t sfd ug{ pTk\|t
ug] atfOg\ .

lhNnf lzlf clwsf/l lbjfsf/ cj:yln] lzlfssf] :t/
36g]sf] sf/of / kl/ofd lzlfslv lzlf sfofno ; ah]
yxf kf0; s]f]atfP]ca cf-cf'gf]7fpaf6 ; ah]Odfgbf/l
; fy kof]g u/] rbf]l ; fdgf ug{ ; lsg] s'/fdf hfB
lbP . Odfgbf/ / /fdfl]lzlfssf] ; xl dNof]g ug{g; lPsf]
pgn] :jlsf/ u/].

lzlf szj sf'n]sf] ljrf/ lyof] kfylds txdf
; aebf blf lzlf rfxgdf pl6; aebf sd; n hgziQm
ePsf sf/of lzlfssf]uof:t/ psfl; g g; s]f]xf] . ; xh]
lzlf agg ; lsg] j tdfg cj:yfnf0{ cfto u/l etl{
klqmfnf0{s8f, Joj]l:yt / j]f]gs agfP/ blf dflg; nf0{
dfq lzlf lgoQm ug]k] s'/fdf pgn] hfB lbP .

sfln-rf\$ pRrdlj rl/sf]sf kfrfo{s]ofaxfb/ uf]dn]
lzlfssf] :t/ ; lzlfssf]gl'tstf, Odfgbf/l / st'olgi7tf
ulx/fl; t hfl]Psf]rrf{ub]To; sf nflu ; a}lzlfsc;nf0{
lrGtg ug{ / cfknhf0{ ?kft/of ug{ cfjZos /xsf]
atfP . axfdl lzlfsc;df xlgefjgf w]5 . Toxl eP/
xfdln] ; hgf]ds / /rgf]ds xg ; ls/xsf 5gf]F
pgn] eg] afo; n] lzlf klqsn] xfdldf cfdan eg]
; fdull k:sf] \A

uf]zlf/ Sofdk; sf kdv s]ofaxfb/ a:g]sf]lgisif{
lyof] ; a}zlf kl'ti7f / lgsfnf0{bnlo /fhgllts
x:tlfkaf6 hlt l56f] dQm ug{ ; lsg5, plt g] rfb]
lzlfdf ; wf/ cfp5 . pgn] cleefj sx;nf0{ pglx;sf]
; xl eldsf lgjfx ug{cleofg g}rnfpf cfjZos /xsf]
atfP .

; f] cj ; /df lzlf /fdk] fb ; fksf]fn] lzlf sf
xfn; Dd k]flzt ; a}c'x;sf] ; dlff ub]klqsf bfhvdf



lzlfssf] ; dlff ub] /fdk] fb ; fksf] -bfofF . ;fydf lzlf
olgog bfhvdf clwlf zlf/nfn >7 .

lzlfsc;sf nflu clt g]pkof]ul ePsf]/ ; a}lzlfsc;n]
k9g] klqsf agsf] atfP . pgn] lzlfssf] xslxtsf]
; jn, lzlfsc;n] efl]u/xgk/\$f] ljleG ; d:of, lzlfdf
ePsf dxlj kof{/fli6 tyf cft/fli6 ultljw, lzlf; G
; DalGwt ; /sf/l ultljw tyf ; r'gf / uof:t/lo lzlf
; DaGwl ; fdull; c% a9l ; dfg lzlfnf0{ ; %j lbP .
To; u/l ; r'gk]ljw, gof'gofHzlf of snf / ljw, zlf; ;
fdull lgdff / kof]u; G ; DalGwt v'/fs klk k:sg
pgn] cfux u/].

sfoqndf ; efkl't Pj +gkfn lzlf olgog bfhvdf
clwlf zlf/ >7n] eg] akl/jtg / ?kft/ofsf] ; ?cft
c; s; af6 xg, cfknaf6 xgkg] /xsf . lzlf ; dhfs]
kyk]z\$ ePsn]klg klxn' xfdl cfkn] cf'gf]stfo /
bflo]nf0{Odfgbf/lk] \$ lgjfx u'of]eg]c;n]klg Pslbg
cfknhf0{?kft/of ug{aflo xg5g\A To; cj ; /df pgn]
bfhvdf lzlfsc; lhNnfsf nflu gdf / k]offbol
xg]u/l cfknhf0{ k]tt ug{cg'flw u/].

cgo ; xefulx;n]lzlfssf]k]z'fut lj sf; ug]vfnf
; fdull; kl:sg klqsnf0{ljleG ; %j x; lbPsf lyP .
lzlfssf ; xfos ; Dkfb; bzg l3ld/h]cfufdl c'x;df
; %j cg'ksf ; fdull ; dl]6 hfg] ljZj; lbnfP .
s/la &) hgf]pkl:yit /xsf] ; f]sfoqndf bfhvdf
ljleG e]sf :shx;af6%) ebf a9l lzlfsc;sf] ; xeflutf
lyof] . To:t}:yfglo al4hljL, cleefj s, lzlf;]L, lzlf
olgognufot ljleG lzlf ; ;yfs kbflwsf/l, u; ; sf
kl'tlgw / :yfglo kqsf/x;sf] ; xeflutf lyof] .



jf:bj

w]k9fpBg\

yf]kfpBg\

lghl; f]df k9f0/x\$] lhNnsf Ps xhf/eGf a9l lzlfsc;sf] z]lfs of]bfg b/aGblsf lzlfssf] hlQs} ePklg pglx; c]Gt Gd kfl/>lds kf0/x\$] 5g\.

af | nsdf/l kf]hn] ; v]sf] rf}f;] dflj df lghl; f]-lzlfssf] ; kdf k9fpg yfn\$] kfF jif{eof]. lgdflj txdf k9fpg] lzlfzf:qdf :gfts kf]hn] dfl;s ?=@ xhf/ al'5g\ c]knh] vr\$] ; do / u/\$] > dsf] thgdf ; f]/sd pgnf0{.s}kl klg xfgl h:tf] nlu5 . elG5g\ ad]h] hflu/ v]Psf] xfg, ; dfh;]f u/\$] xFA ; v]s} ; fxf/l:yt dflj df b0{ jif]lv k9f0/x\$] lzlfsc;sf] lghl; f]-lzlfssf] dfg al'5g\ . olt yf] ; tnadf lbgel/ k9fpg' kbf{ lbSbf/ nfu] klG To; sf] lj sNk gePsf] atfp} g]kfnldf c]f0P8 l8; l elG5g\ xol klG 5f]g] x] eg] vfnl a: gk5{A ; fdbflos lj Bfno lghl; f]-lzlfsc;sf] ; E7gsf cg; f/ ; v]df sl/a Ps xhf/eGf a9l lghl; f]-lzlfsc;sf] 5g\ . pglx; Gdtd (?=*) ; Dddf sfid ul//x\$] atfp} ; E7gsf lhNnf c]Wof

ofdnfn 9sfm elG5g\ asltko lj Bfnoc; lghl; f]-lzlfssf] e/df rn\$] 5g\ pglx; n] sfid 5f]g] lj Bfno g} agb xg] cj: yf 5 A lj Bfk/sf] ; /: j tl k]lj b0{ jif]lv Pshgf lghl; f]-lzlfssf] e/df rn\$] 5 . Clif/fd kf]hn] ; f] lj Bfnosf PSnf lzlfsc;sf] . c^a] hldf alP8 kf]hn] dfl;s ?=!@) tna kfpBg\ . t/ klG pgl c; Gtl6 eg] 5g]g\ . elG5g\ xatna sd eP klG k9f0 /fd] ePsf] ; Gtl6 5' A ; b/d'sfdfs] g]kfn /fli6@ dfWolds lj Bfno -g]fdflj klG lghl; f]-lzlfssf] e/df rn\$] lhNnsf} Ps p]s]6 lj Bfno dflG6 . of] lj Bfnosf @* d]Wol!! lzlfsc;sf] lj Bfnosf] c]Gt/s c]dbfglaf6 tna v]G5g\ . c^a] h]l lj ifodf PdP-alP8 u/\$] o; lj Bfnosf lzlfsc;sf] 6\$axfb/ zfxl elG5g\ xof] otfcg; f/sf] tna v]h] kf0]g, hlt kf0G5 To; d] lrQ a%pgk5{A c]knh] lgdflj txsf nflu lgoQm ePklG dflj ; Dd k9fpg] u/\$] zfxln] atfp . ; v]sf w] | lzlfsc;sf] zfxln] % f] dflj Nnf] txsf]

; v]df lghl; f]-lzlfsc;sf]		
tx	k?if	dlxnf
kfylds	\$%!	@(%
lgDgdWolds	!(#	\$&
dfWolds	*%	#
sh	&@ (# \$%

; f]W lhNnf lzlf sfofno; ; v]df

slff lng] u5g\ . s\tsf nflu of] /x/ eP
klg w]sf nflu afllotf agsf] 5 .

lghl; f]-lzlfssf] ldlxg] / >d eg]
;/sf/l :shdf tna vfg] lzlfssf] ebf sd
5g . a? ; /sf/l lzlfssx;n] slxn\$fxlFsf
5Ng ; Snfg\lghl; f]-lzlfsn]; Sbgg\ . cf^gf]
tnasf] ; f] ufij ; , cleefjs / ; dbfo g]
xg] ePsn] lghl; f]-lzlfssdily lj zif lgu/fgl
xG5 eg] lj Bfnon] hltahf klg x6fpg; Sg]
ePsn] pglx; lj Bfnoklt : jfefljs ; kdf
a9l pQ/bfol xg] u5g\ . To; n] lj Bfnodf
slt ; sf/fds kefj kbf] x\$ eGg] s/f
g]fdilj n] tlg j if6tf P; Pn; ldf xil; n u/\$f]
glthfn] b]vfp5 . klvfg\lofs 808kl] fb zdfsf
cg; f/ ; f] lj Bfnoaf6 @)^\$ df ^% kltzt,
@)^# df %\$ kltzt / @)^# df &@ kltzt
lj Bfyln] P; Pn; l pQOf{u/\$f lyP . of] kl/Ofd
tl j ifx; df lhnfnf]; du] P; Pn; l kl/Ofdebf
%08} b]fa/ a9l lyof] . of] lj Bfnodf dilj
txsf ; a} lzlf lghl; f] af6 tna vfg] u/l
/flvPsf 5g\ .

;/sf/l lzlfsn] b]gs kfF lkl/o8 k9fpg]
klj wfg klg lghl; f]-lzlfssf xsdf nfu"
x6g . pglx;n] b]gs ; ft lkl/o8 k9fpgkg]

sdf0sf] ; Gtli6

lgdhf i8; L, lghl; f]-lzlfss

tlg j if6l3 xfdl] lj Bfk/ ufpbf :sh
vifg lhnfn lzlf sfonon] : jslft
lbof] t/ lzlf b/afbl / cfly\$
; xofu lbPg . k}f 5g lzlf
s; /l /Vg] eg] ufpbf; ck7] rdf
k/ . ufpFa] sdf ; ah] dlt/ x]
t/ s\l elgxflg ; sgg\ . zfof
ufpbf] . alP8 u/\$f] JolQmf0{s; /l
lagf k}f k9fpg nufpg] e67fg]



xhfhg\ dh] ufpbf vhsf] lzz' lj Bfnonf0]
xsfpg] cf^gf] stfo 7fgf clg ; a\$
cuf8 lagf tna k9fpg] k]tfj u/F .
clxn] d dfl; s ?=!@)) tna
a'5' . t/ dh] slxNo] klg k9f0nf0]
k}f; E thgf ul/gF . xfdl] ; /j tl klj
clxn] ufpbf] gdf agsf] 5 . To; dh]
afx/sf dflg; xfdl] lj Bfnonf0] . af] B\$
:shl e65g\ . c; sf] dvaf6 o:tf] avfg
; Gbf dnf0{ dlxgdf nfvf] sdfPeGbf
a9l ; Gtli6 xg] ub5 . To; n] dnf0{
%g\ nhf{ yklbPsf] 5 .

.lzlfssf] dfGotf klg kfOPgU

y/axfb/ ; gf/ , lghl; f]-lzlfss

dh] ; Aafsgf:yt sfnsf klj df k9fPsf] @)%@ ; fnb]v g]
xf] . z?df d]f] tna ?=&)) lyof] clxn] ?# xhf/ %))
klusf] 5 . d o; df lsg ; Gtli6 5' eg] dh:tf c; yk] lzlfssx;
clxn] klg ?=&)) -*))) df lrQ a%0/xsf 5g\ . d b]gs ; ft
j6f slff ln65' / cfjZos k/\$f] ahf kzf; lgs sfddf klg
; 3fp5' .

olt xbf klg nf0; l; -clwofg cgdltkq_sf nflu k/lif
lbg gkfbf dnf0{ bMv nfu\$] 5 . dh] cf0P kf; u/\$f] 5' t/
nf0; l; klt ug\$ nflu cf0P8 jf lj Bfnodf k9fPsf] ; kmll/
rflxG5 . lj Bfnoaf6 l; kmll/ ; lnP/ d k/lifdf ; fdh xg
v]hF t/ lhnfn lzlf sfonon] d]f] /\$8{ g} g/fv\$fn] d
To; af6 al-rt ePF . o; af6 dh] s] a%Feg] ; /sf/ xfdlnf0{
lzlfssf] dfGotf lbg tof/ 5g . To; f] gxf] x] t dh] nf0; l;
kf0; SyF / ; /sf/l :shsf] tna vfg] lzlfss a6yF .

afllotf 5 . sltko lzlfsn] kzf; lgs /
clt/Omslff ; d] lng] u/\$f] atfpbf] lghl; f]-
lzlfss ; E7gsf clwof 9sf n e65g\ ; lzlfssf]
cefj eP/ lghl; f] af6 /flvPsn] xfdln]
cf/fd ug] d]sf kfb] f] .

lghl; f]-lzlfssf] Odfgn] ubf{ lj Bfnon]
k]lt u/\$f pbf/Of c; klg 5g\ : yfgojf; ln]
.af] B\$] ; f] lbPsf] lj Bfk/sf] ; /j tl klj sf
lj Bfyln] ; sf] :t/ dxbf] zNs lt/ zx/sf
lghl lj Bfnodf k9sf lj Bfyln] ; sf]
ebf sd 5g . cleefjs /fdnfn
kfb] e65g\ ; lj Bfnosf]
z]lfss :t/ / lzlfsn] kfPsf]
?=@)) tnanf0{ thgf ubf{
xfdlnf0{ lzlfssf] cuf8 dv
b]vfp] nfn nllg] ePsf] 5 .

lghl; f]-lzlfsn] ; /sf/l
lzlfsnf0{ lbPhlQs} ; jf; lj wf lbgkg] / hflu/sf]
Uof/l6l ul/gkg] dfu u/\$f 5g\ . !# j if6l
sfnsf klj ; Aafsgdf sfo(t lzlfss y/axfb/
; gf/ ; /sf/l sf] df ldnP/ : yfol u/df
cf^gf] of] lbfgsf] sb/ xg] atfpbf] e65g\ ; hflu/
vfg] cfwf pd] oxl :shdf laTof] ca cGt
stf hfg] .

; v]sf lhnfn lzlf clwsf/l eQmaxfb/
9sf n lghl; f]-lzlfssf] of] lbfgn] z]lfss
lj sf; df 6] f klusf] atfp5g\ . To; dh] ; /sf/l
/fxt sf] df lgoQm ubf{ pglx; nf0{ kfyldstf
lbg] ul/Psf] pgsf] egf0 5 .

sn]b] ; h]jn , ; v]f

I/kfϕ{

sϕb blilft, albϕfdf



klxnf]lbg hu vlgof].



t] f]lbg husf]9nfgkl5 58 78ϕf0of].



rf]yf]lbg 0ϕf kl]g]dl]; g tof/ kf]/of].

@) lbgdf kSs



al; f]lbg x/ϕ; ejg tof/ eof]l

g] kfnsf w]}7fpϕf :shsf lglDt ejgxϕ
lgdfϕf xϕ} hfϕf sϕfsϕlxϕn} vhf
crsfzdlg k9ϕkg] afltotf lg/Gt/ sd xϕ}
uPsf]5 . t/ olt xϕxϕ}klg lxdfnl upϕϕ;df
lj Bfylϕϕ; afix/ 3fddf a; } kl9/xϕf bl]vϕ5g\
eg] t/f0ϕf lzlfns] ϕvdlg k9fpϕ} u/ϕf]
cfdϕ; kdf elϕϕ5 .

ejg g}gePsf sf/of rp/ jf ϕvdlg
slf lngkg] afltotf Pp6f xf]. t/ slffsf]f
xϕxϕ}klg yk} sϕfsϕl afix/ kl9/xϕf elϕggsf]
sf/of :sh ejg lgdfϕf]ql6k0f{klj lw /xϕf]
5 . xdf] clwsfz slffsf]fsf] lgdfϕf lj lw
-cflsϕ\$ r/_ gkfnst] xj fkgf] ; xfpϕ] 5g .
To; ϕf/of sf]fxϕ; hf8ϕf a9l lr; f / udlϕf
a:g}g; Sg] tftf xϕ5g\ . sltko sϕfsϕlxϕn}
:sh hfg g?rtpg' cyjf k9f0 alrϕf 5f8ϕsf
k5f18 slffsf]fsf] clwstd hf8f] cyjf udl{
sf/ssf ϕ; kdf /xϕf] xg; \$5 . h: tfkftfsf]
5fgϕsf sf/of jiffϕfddf kfgl kb{f] lzlfns]
k9Psf] k6Ss;}g; lgg' :shxϕsf] cfd ; d:of
g} agϕf] 5 .

gkfnst, dnEj f / dgf^df Pp6}l8hf0gsf
:sh ejgxϕ; agϕf 5g\ hals t/f0ϕf h]-
c; f/df \$% l8ul tfkqnd kl5 eg] df3df
lxdfnl lhNnfϕ;sf] tfkqnd -!% l8ul; Dd %ϕ{.

ssl :sh



titav : fihooli PdP : gkfin

kfFf)lbg uf/f]p7fpg z? eof].



; ftf)lbg af9L k;]klg sfd /f]sPg .



cf7f)lbg bnfgsf]5fgf]y]l]g]cw] Qfsf/ vDaf klg p7f0; lsof].

ef/tsf]pRr lxdfnl lfg n2fvsvf]lzlf
 lj sf; df lgs}of]lbg k%ofPsf ; fgd jfa'rs
 klxnf]k6s alb6sf :shx;sf]lg/lifof ubf6f]
 cj:yf ; 0%65g\asllfdf afnafnsfsf]pkl:ylt
 Psbd sd . lsg o:tf] ePsf] eg] ; f]bf
 s]yxf kfPeg]l6gsf]5fgf / ePsf 'ofnx;
 klg ; fgf ePsf sf/of udl6]ps'; d's; eP/
 lj Bfylk; :sh cfpq g?rPsf /x5g\A
 jfa'rsn]n2fvdf agfPsf gofFvfnf
 :sh ejgx;sf] slffsf]fleg !* l8ul
 tfkqnd x65, hga]hf afx/sf] tfkqnd -!%
 l8ul x65 . cfuf] / lx6/ gafnsg
 slffsf]fnf0{Tolt Gofgf]/fVg s;/L ;Dej
 eof] < g]kfnld} cf'gf] klj lwsf] JofVof ubf
 jfa'rs e65g\aklxnf]s/f t ejgnf0{blifof
 kmstfpgk5{. clg 7h7hf 'ofn /fv] 3fd
 sf]fleg l5g{lbgk5{. 06 jf 9Efsf]alrdf
 vfnl 7fpFg5f]l 6Dd; 6 6fng'cyff\0G; h6l
 ug]k5{A jfa'rsf] egf0df of] kj lw w}]
 hf8f]xg]g]kfnf]lxdn / kxf8sf :shx;df
 a9l pkof]l x65 .
 jfa'rsnf0{ 8g]dfs6f] u}; /sf/l ; :yf
 PdP; -g]kinn] t/f06f] df] d ; xfpf] :sh
 ejg agfpg] sfd lbof]. t/f06f :shsf]
 gofF.cfls6sr/lst]l8hf0g ug]jfa'rsnf0{



t}f}bg 5fgf]-sf} L 9nfg ug{cl3 lad /fvGklof].
To; lglDt upf}dlxnfx? >dbfg ug{cl3 ; /].



; qf}bg 5fgf}df df6f/ l; d}6sf}3fn eg{yflnof].



PSSf0; f}bg ; f}gd j^{ar}s @) lbgdf lglDt
s lffsf}fdf lzlf lj efusf 0lghlgo/ / kzf; sx;nf0{
ejg lgdff klqmf / To; sf}nfesf af/df kf7 k9f6}

n2fve6bf rgf}lk0f{ nll0f]. Isgeg] alb6fdf
udl{dlxgdf clwstd tfkqnd \$% l8ul k05
eg]hf8f}df zGo l8ul; Dd %5{. audl}f zlt
/ hf8f}df Gofgf] xg] slffsf}f agfpg' eg\$}f
klj lws ;kdf ck7}f] xf}f j^{ar}s e65g\.
; 6} ejgnf0e\$Dkaf6 ; /lft klg agfpg' h?/l
x65 .

alb6fsf]hgtfgu/df gdfgsf];kdf agf0Psf]
:sh ejgsf]l8hf0g j^{ar}sn]; a}s/df Wofg
lbP/ u/\$f 5g\ . sf}fx; hf8f}df dfq} 3fd
leq l5g] u/l agf0Psf 5g\ . udl6fddf ; 0{
; lw} ejgsf] dfly kg] xbf sf}fdf 3fd l5g{
kfp6} . leQfx; rfxFdf6f/ l; d}6sf]ld; f0Psf]
3fn] ubf{/fd/L 6flnPsf .06; h6\$U x65g\
5fgf klg l6gsf]ge0{9nfgdfly df6f]lnkPsf]
x65 . leQsf] uf/f] nufpg rfxg] sfFf] 06
gofF .s6; 6{ :6flAn:8 cy{ Ansl klj lwaf6
lgdf}ynd} agf0G5 . o:tf] 06 ksfPsf] /ftf]
06e6bf ; :tf] t/ plQs} alnof] / c% a9l
.06; h]gl ug{ ; Sg] lfdtfsf] x65 . j^{ar}n
l8hf0g / lgdf}f u/\$f ol ejgx;sf]; a6bf
rfvnflbf] s/rfxFejgsf] hub}w/L; Ddsf]
lgdf}f sfo{tlg xktfdf ; Dk6g xg' xf]. vr{
klg cf}te6bf a9l nflbg . :yfglo txdf kf0g]
lgdf}f ; fdulx;sf]cTolws kofu x65 / lgdf}
sfodf ; dbfo ; lhn} kl/rflnt x65 Isgeg]
klj lw hl6n 5g .

æfxdl ; a}Psh6 eofFeg] df]d cgshsf]
:sh ejg agfpg ; lsb} /x\$ e6g] s/f of]
hgtfgu/sf]:shn}b}fp5,Æ PdP; g}kfnf x'gf
afg' z}y e65g\.

ljZj a\$ / Pl; ofnl lj sf; a\$sf]; xofudf
; /sf/n] cfpbf] kfF jifdf !% xhf/ gofF
slffsf}fx; agfpg]ofhg /fv\$}f5 . ztkltzt
; flf/tfsf]nlo kkt ug{&! nfv yk afnafnsf
lgldt gofFslffsf}fx; agfpgkg]vff}f5 . lzlf
ljefusf dxflgb}z dxfd>d zdf{ e65g\ ægf]
xhf/ slffsf}fsf nflu k}f 560f0; l8Psf]5 .
!% xhf/sf] nlo klg k/f ug{ ; l8G5 Æ

PdP; g}kfnf z}ysf]wf/Offdf, alb6fdf k/lif0f
ul/Psf]gofFklj lwaf6 agfP dfq 5f6f]cjlwdf
Tolt w} slffsf}fx; a6g ; S5g\ / tl sf}f
jftfj/of ; xfpbf] / e\$Dkaf6 ; /lft klg x65g\
ak'/fgf] lsl; dn] g} agfPrfxFufx} knfÆ pgl
e65g\.

dSt sddf / c; ; dx;x;sf nflu :sh
agfpg PdP; g}kfn] 8}d}sf}Pp6f cgf}f]
cleofg rnf0f]. 8}d}sf}/sf :sh]lj Bfylx;n]
Ps lbgel/df cg\$}f}sf u/} cf7 s/f\$?k}f
h6fP . Toxl k}faf6 clxn] t/f0df yk} gofF
:sh ejgx; agb5g\.

Izlfssf 5f7f5f7L klg k95g\U

af]8ē :shdf 5f7f5f7L
k9fpg]xf8 rn3f] ahf s]l
;/sf/L :shsf lzlfsc;n]
eg] cfkn] k9fpg] :shdf
cf^gf 5f7f5f7L k9fPsf
5g\ c; lzlfsc]klg o:t}
ug]xf]eg] ;/sf/L :shsf]
k7gkf7g w7}xb;Dd cfkn]-
;lw(Yof].



af; bj

lg hl :shsf] babafsf sf/of zx/L
lfqsf ; fj hlg :shsf lzlfsc]
; fdfotof cf^gf 5f7f5f7Lnf0{ ;/sf/L=
; fj hlg :shdf k9fPsf] kf05g . t/, bz
jif]v sf7df8f]f]/fdlx6l af]l:yt gj hful[
lgdf]j sf kfF hgf lzlfsc]cf^gf 5f7f5f7Lnf0{
cfkn]k9fpg]:shdf gjk9fPsf]cfPsf 5g\
lzlfssf] hfē/ / d3gt clg cleefjssf]
; lqmtsf sf/of ; fdbfos eP/ klg gj hful[
lgdf]j pDdf :sh ag3f] 5 . To; h] cfkn]
k9fpg]u/3f]; fj hlg lJ Bfnodf 5f7f5f7L
k9f0/x3f gj hful[lgdf]j sf lzlfsc]
lxgtfaf]v / c; Gtlí6 5g .
lzlfsc lbnaxfb/ ; fsl{ dfq xf]0gù kē
7fs/k] fb vs/hn] klg cf^gl gftgl kl; f
vs/hn]0{gj hful[t]d}k9fPsf 5g\ . lJ Bfno
Joj:yfkg ; ldtfsc lWOLF nSkf nfdsf
5f7f l^adfg? nfd klg pQm :shsf] slff &
df 5g\ . To:t}lzlfsc; lbnaxfb/ ; fsl{f]
5f7f ; hg adf{ slff @ df, ; lJg kGtsf
5f7f ; bñy kGt slff ! df, z3fē e08f/Lsf

5f7Lx; Pngf slff # df / Pstf slff \$
df tyf 0lGb/f ykfsL 5f7L Pngf lzz'
slffdf 5g\ . tlg jifēl3 ; dbfodf x:tfGt/Of
ePk15 pQm :shn] g; 7L / oShl ; sk15
dfq slff ! df egf{Ing]Joj:yf u/3f] 5 .
; dbfon] lJ Bfnosf]Joj:yfkg lhDdf lnPk15
lgdf]j sf ; a}lzlfsc]clgj fo; kdf c^u]hl
l; Sgkg] lgod klg agfPsf] 5 . knntM
lzlfsc;sf]efiff / 1fgsf]lfq c6o lJ Bfnosf]
thgdf lJ :tfl/t ePsf] kf065 .
af0; hgf lzlfsc /x3f] pQm :shsf]
k7gkf7g lghl lJ Bfnosf] eGbē :t/lo /x3f]
atfp5g\lzlfsc lbnaxfb/ ; fsl{. pgsf]syg
5, lzlfsc;sf]; dk0f / cleefj sf]; lqmtfn]
k7gkf7g :t/lo ag3f]5, cf^gf 5f7f5f7Lnf0{
cfkn]k9fpg]:shdf k9fPsf] xfdldf d3gt
ug] hfē/ k0f ePsf] 5 Æ pgsf cg; f/
sg] kltofl]utfdf efu lnBē gj hful[tsf
5fq5fqin] clxn]Dd l/Of] xft kns0k/3f]
pbfx/Of 5g . sf7f]sf]cejf sf sf/of clxn]
pQm lJ Bfnodf kl]j sf]k7gkf7g !) ahñlv

\$ ah]Dd rN5 eg]lgdflj sf]laxfg ^ ah]lv !) ah]Dd .

jflif\$?!@) zNsd f :t/lo lzlf kf0g] ePsf] egf{sf :shdf cleefj sss] 30rf] nllg]u/\$f]5 . egf{xb]lj Bfyl\$]rfk a9l ePsf sf/0f Pp6f slffdf ^) hgf; Dd lj Bfyl{ /fVgkg]afWotf /x\$]kč vs/ħ atfp5g\ . pgl e65g\æzlfsn] ;/sf/L :shnf0{hflu/ ksfpg] ynf] dfq xfl0g, cf^gf 5f]f5f]lnf0{ klg k9fpgk5{ ta dfq z]lfs :t/ clej]4df of]ubfg k05 . xfdln]l; s\$]kf7 oxl x]Æ

5f]f5f]lsf klg lzlf

sf7df8f\$]dx]ba]f; f] s]b]dftxtsf cf7 ; fj h]lgs :shd]w] kfFj6f :shsf s]l lzlf]sn] lghl :shsf ; \$f cfm] k9fpg] :shd} 5f]f5f]l egf{ u/\$f] ; f] JolQm /fdgf/foof ; fxn] h]gsf/L lbP . ; /sf/L :shdf 5f]f k9fpg]lzlf]sd f k5g- o1eld dflj skgsf lzlf Zofdsdf/ gu/sf]l klg . pgn]cf^gf 5f]f /fhsdf/ gu/sf]lnf0{ o1eld dfljdf slff ^ df k9fPsf 5g\ . hghfu[t dflj skg hu8f]nsf lzlf Zofdsfhl >]7sf 5f]f lqlj qnd >]7 klg cf^g}afa' lzlf /x\$] :shdf slff ^ df k9b5g\ . pQm :shsf kč /fdfs]hl s; ; Lsf 5f]f ljgo/fh s; ; Ls} :shdf g; ; ldf k9b} cfPsf 5g\ . sf7df8f\$] dx]Bfnl:yt hgs]llof pdflj sf lzlf ; h]gf u?^an]cf^gl 5f]l ; ljgfnf0{ slff * df k9fPsl 5g\ . To:t}dx]b]af] dflj, af]sf lzlf ljg]b] kl/of/n] klg 5f]l 6lgf kl/of/nf0{ slff ! df cf^g} :shdf egf{ u/\$f 5g\ .

sf7df8f\$]l8Nnlahf/l:yt lj ho :df/s pdflj sf lzlf czf\$ af]x/fn] cf^gf Ps 5f]f / Ps 5f]lnf0{Toxl :shdf k9fPsf 5g\ . pgsf 5f]f cleif\$ slff \$ df k95g eg]5f]l cleiff slff ! df . cfm] k9fpg] :shdf 5f]f5f]l k9fpg] lzlf 3/df 5f]f5f]lsf] aaf-cdf clg :shdf rflxF 5f]f5f]ls} klg ; / cyf\ lzlf a65g\ . !# jif]lv pQm :shdf k9fP}cfPsf czf\$ lzlf]ss] cf]b]fglaf6 lghl :shdf k9fpg g; lsg]ePsf]cfk] k9fpg] ; /sf/L :shdf 5f]f5f]l k9fPsf]atfp5g\ . lj Bfnon]pgsf 5f]f5f]lsf] dfl; s zNs ldgxf u/\$f]5 . e65g\æcfk] hflu/ vfg] :shdf 5f]f5f]l k9fP} /df]k9fpgk5{e6g]efjgf klg x]f]x\$, cf^g]gu/fgl df k9fP} 5f]f5f]l klg ; lk]5g\ :shsf] k9f0df klg ; wf/ cfp5 Æ ; f] JolQm /fdgf/foof ; fxs] cge]df ljutdf

e6b ; /sf/L :shsf] k9f0df ; wf/ cfp5 u/\$f sf/0f ; /sf/L :shsf lzlf]ss 5f]f5f]l ; /sf/L :shdf k9fpg] qnd klg a9g yfn\$]5 .

lghl :sh gePsf] 7fp] w]ħ] cf^gf 5f]f5f]lnf0{ ; fj h]lgs :shdf k9fP klg zx/df eg]lzlf / lzlf l]q]sf cu]fx;n] ; d] 5f]f5f]l lghl :shdf k9fpg] k]Q cfd ; kdf 5 . ; /sf/L :sh pk]ffdf kg{ / z]lfs :t/ g; lw]gd lzlf, lzlf l]q]sf cu]f / gllt lgdf]fn] cf^gf 5f]f5f]lnf0{ ; fj h]lgs :shdf gk9fpg]hf0{Pp6f dx]k0f{ sf/0f dflgPsf]5 . c% ; fj h]lgs :shsf



afa]d lj]z]sd]r

lzlf]snf0{ t :shnf0{hflu/ vfg] ynf] dfq agfPsf] cf/fk; d] nllb} cfPsf]5 . t/, dflysf s]l b]6f6tn] ; fj h]lgs :shsf lzlf]sn]cfk]k9fpg]:shdf 5f]f5f]l egf{ ubf{ lj Bfnosf] k7gk]7gdf :j tll ; sf/]ds ; wf/ cfp5] b]v]Psf 5g\ .

5f]f5f]lsf ; fy lzlf czf\$ af]x/f .

lghldf k9fP sf/afxl

ljutdf lghl :sh agb ug]cleofg rnfPsf] dcf]fbl lgs6 clvn g]k]n lzlf ; E7gsf pk]lolf nfnaxfb/ al=:l-n]cf^gf 5f]f ; hg al=:l-nf0{ o; } z]lfs ; qb]v sf7df8f\$] afkml:yt 1fg]b]o dfljdf k9fPsf 5g\ . al=:l-sf] syg 5, æ*) kltzt hgt]sf 5f]f5f]l ; /sf/L :shdf k9g] ePsf] d]ħ] klg 1fg]b]odf k9fPsf]xFhgt]sf 5f]f5f]lsf] eljio h]x65, d]f]5f]f]eljio klg Toxl x65, o; af/]d lrl6tt 5g Æ al=:l-sf]; E7gn]!\$ h] @)% df cf^gf ; b:o lzlf; lxt ; /sf/L tna vfg] d6ql ; ef; b\ lghfdtl sdf]f/L ; g]f, kx]l cflb

I/kfϕ ; fj hlgS :sh

afa/fd ljzj sdf



5f7f5f7l lghl :shdf k9fPsf] kf0Pdf tTsf n
 5fglag u/l sf/afxl ul/g] hfgsf/L; d] lbP .
 nfxgln] eg] æfdl] of] lg0f6 dcfj] fblsf g]fn]
 klg kfngf ub]k5{ lghl :shdf 5f7f5f7l k9fpgj]
 xfdl] ; E7gsf] sb}klg kbdf a:g kfbg A

otf, gkfn lzlfS ; a3, gkfn /fli6 lzlfS
 ; E7g, gkfn lzlfS d-r, gkfn lzlfS kl/ibn]
 eg] clxn] Dd o; af/dif sb}lg0f6 u/\$f 5gg\
 t/ gkfn lzlfS olgogsf clwlf s}zj k] fb e\$/f0{
 ; /sf/L :shsf] k9f0 ; wf/ ug} x/\$ lzlfSn]
 cf^gf 5f7f5f7lnf0{ ; /sf/L :shd}k9fpgkg]klfdf
 5g\ cfnh] klg cf^gf 5f7f5f7l cfnh] k9fpg]
 ljBfnodf k9fPsf] cgej ; gfb} e\$/f0h] eg]
 æzlfSn] cf^gf 5f7f5f7l cfnh] k9fpg] :shdf
 gk9fpg]xf]eg]c;sf 5f7f5f7lnf0{cf^gf]:shdf
 egf{ u/ e6g] g]ts cfwf/ /x6g A olgogn]
 lzlfS tyf lzlfSf ; /\$f/jfnfsf nflu tof/
 u/\$f] cfrf/; ðtfdf klg o; af/dif sb}klj wfg
 /flvPsf]5g . cfrf/; ðtfdf Joj:yf ubf{sfot] og
 ug]; e6g gePsfh]; d:of kg]pNny ub}clwlf
 e\$/f0h]cfnh]n]x/\$; fj hlgS sfomddf ; /sf/L
 :shsf lzlfSnf0{ cf^gf 5f7f5f7lnf0{ ; fj hlgS
 :shdf k9fpgk5{e6b}cfPsf]atfP .

gj hfuft ; ah] cf^gf ; Gtf ; /sf/L lzlf0f ; yfgx;d]
 lgdf]j sf lzlfS k9fpgkg]lg0f6 u/\$f]lyof] . ; E7gsf]of]lg0f6
 lbnaxfb/ ; fsl{ clxn] Dd s]blb ; lrjfn txdf nfu"ePsf]tyf
 lj Bfyl% . ; a)txdf nfu"ug{cfpbf]r}blv .lj zif cleofgl
 yflng]clwlf uof/fh nfxgln]/zlfS nf0{atfP .
 pgn] cfnh] lxt ; E7gsf kfF hgf pkllwlf,
 dx;lrj / sf]flwlf]cf^gf 5f7f5f7l ; fj hlgS
 :shdf k9fPsf] tyf ; E7gsf sb}klg ; b:on]

afa/fd ljzj sdf



देशभरि

तपाईं जहाँ हुनुहुन्छ त्यहाँ
तपाईं जहाँ पुग्नुहुन्छ त्यहाँ
अर्थात्

उज्यालो 90 नेटवर्क

तपाईं हुकले
व्यवसाय गर्नुहोस्



विहानदेखि रातीसम्म

● ६ बजे काष्पाकैरम ● ९, १२, ३, ९ र १०:०५ बजे नेपाल खबर ● ८ बजे नेपाल वर्षा

सीधा कुरा, प्रष्ट विचार

देशभरिका ७० वटा एकएम्
स्टेशनहरूबाट एकसाथ प्रबर्द्धन गर्ने
हामी साथमा छौं ।

Communication Corner Pvt. Ltd.
Kupondole, Lalitpur, Tel: 5546277
Fax: 977-1-5549357, E-mail: info@unn.com.np, URL : www.unn.com.np

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Ij 1fg Izlf0fdf ; d:of

IzlfS / kōfūzfnfsf] cefjn] Ij 1fg klg /67 kf; ug Ijifo agšf] 5 . o; af6 Ij 1fgsf] 1fg k|f/Of xg ; Sbğ .

Ij | 1fg hlt ?lrk0f{ / /df0nf] 5 Tolt g} Jofj xfl/s / hlj gfkōfūl klg . ; a}dflg; n] Ij a'g h?/L xG5 lSgeg]x/\$ s/fsf]k5f18 j} flgs /x:o nS\$]xG5 . afndl:tisdf plAhg]x/\$ s/f Ij 1fgdf cfwl/t xG5 . afnaflnsf] dgflj 1fgn] b'vfp5, pglx; hfglghfgl j} flgs sf/Of vflh/x\$ xG5g\ . Ij 1fgklf x/\$ dflg; sf] lh1f; f ePsn] Ij Bfnosf] kfylds txblv g}o; nf0{kf7dqndf ; dfj ž ul/Psf]xf]. kfylds txdf 5\$} Ijifo geP klg lqDgdflwoflds / dfwoflds txdf Ij 1fgnf0{5\$}clgj fo{Ij ifosf ; kdf k9f0G5 . t/ xfdlsxf Ij 1fg Izlf0fdf 7hf]; d:of 5 . clwsfz Ij Bfnodf Ij 1fg l; sf0 kēfj sf/L xg ; s\$] 5ğ .

clwsfz klj df Ij 1fg Ijifo k9fpg] IzlfS o:tf 5g\h; n]hlj gdf Ij 1fg Ijifo k9\$}5ğg\ . tl IzlfSn] Jofj xfl/s cEof; u/fpg] t k/s} s'f eof] ; flfGts klf klg /fd] JoVof ug{; Sbğg\ . klj txdf j} flgs l; 4fGt, lgod / kdf0f kž:t}; dfj ž ul/Psf 5g\ . ol kf7 5nĚ a%fpg / a'g ; lSpG eg] k9f0 t lg/y\$ xG5 g} Ij 1fgsf] ckJofVof xg] 8/ klg /xG5 . /fd/L a%fpg ; lSpG eg] Ij 1fg kTofpg g; lsg]sg}cflwoflds lrGtg jf s; \$] nx8l cgeIt%fnfU5 .

; DalGwt Ij ifodf ulx/f] clwog / k|6 1fg gePsf IzlfSn] tYout s'f a%fpg ; Sbğg\ . @)%} ; fncI3 P; Pn; l kf; u/\$fx; n] Ij 1fg gk9\$]f xg ; S5g\vsgeg] Tolt a'f of] Ijifo PIR5s lyof]. k'Int lgodcg; f/ kfylds Ij Bfnodf Izlf0f ug{P; Pn; l kf; nf0{Gogtd of]otf dflgPsf] 5 . b/aGbI kof]t ePsf klj df Ps hgf cf0R u/\$f IzlfS /xG5g\ t/ of] lgodcg; f/sf IzlfSaf6 Ij Bfyl{x; n} rflxg]hlt 1fg lng ; Sbğg\ . Ps slffnf0{g}lsg gxf] Vj 1fg k9fpg pRr Izlffdf Ij 1fg k9\$} IzlfS xgkb5 .

tflnd lnPsf jf Izlffz:f q k9\$fx; n] dfq clwofkg cgdltkq -nf0; l; _ lng ; Sg] / of] cgdltkq gxg]h] k9fpg gkfp] sfgbl Jofj:yfn] Ij 1fg Ij ifosf] k7gk'f7g g/fd/L kēfj t agšf]5 . sbğ] Ij Bfnof0{Ij 1fg k9fpg] IzlfS rflxPsf] 5 / To; sf nflu cf0R; ; l jf alP; ; l u/\$f] JolQm pkoQm xg; S5 eg] klg cgdltkq 5ğ eg]

p; n] k9fpg kfp5ğ, t/ To] b/aGbldf pRr Izlffdf Ij 1fg gk9\$]f cgdltkqwf/L JolQm] k9f0/x\$] xG5 . o:tf] ; d:of w7} Ij Bfnof; df 5 . Izlffz:qdf Ij 1fg Ijifo k9ğ] clt Gog hgziQm] Ij 1fg Izlffsf] clxn\$] cfj Zostf k'f ug{ ; Sbğ .

IzlfS n] d'a\ / c|sf] Ijifo ; Gbedf 5fk'g; f/ Ps hgf IzlfSn] jifēl/df k9fpg] lbg &(! jf *) lbg dfq}xG5 . olt lbgdf Psfx]f] e6dfp5f klg sf]f{ k'f xG5 . o; } klg \$)-\$% ldgšf] lkl/o8df Ij 1fg k9fpg ; Dej 5ğ, kōfūfDs lqmfSnf t 6r9fs} s'f eof]. Ps hgf IzlfSn] cf}tdf lbgš] ^ lkl/o8 k9fpgk5{ . h'df b0{lkl/o8 lnh/ kfp]g]IzlfSn]s; /l kōfūfDs k/lif0sf] tof/L ug{Eofp5 <o; ĩ} clwsfz Ij Bfnon]kōfūfDs slffs lgldt lkl/o8 g}56dfp5ğg\ . ; Ijwf; DkGg sxl :shafx\$ () kl'tzt :shdf Ij 1fg kōfūzfnf 5ğ . Ij Bfnosf]cf'g; fl / ; /sf/L cgbfag6 kf7nf0{ rflxg] hlt ; fdul vl/b ug{ klg sl7g 5 . To; ĩ} xfdlsxf Ij 1fg klg /67 kf; ug Ijifo agšf] 5 .

; fdbflos Ij Bfnodf Pp6} slffdf %) e6f a9l Ij Bfyl{/flvG5 . olt w7} Ij Bfyl'lr j} flgs l; 4fGt / sf/Ofx; ; DaGwl ; fdul kbžg u/L k|6dfpg sl7g xG5 . /; fogzf:qsf sltko kōfūx; w7}dflg; df% ug{xflgsf/s klg xG5 . efl:sz:f q h:tf]o; sf] kōfū h:tf] s}sf]df ug{ ; lS5ğ . cGt/lqmfDs 9En] Izlf0f ug{kG] / Ij Bfyl\$]b} Ij lw ckgfpgkg]ePsn] slffdf w7} Ij Bfyl{ xBf JofVofgsf] Ij sNk xG5 . t/ o; af6 Ij 1fgsf] 1fg k|f/Of xg ; Sbğ .

Ij 1fg k9ğ cjwf/Off a'g ; Sg]lbdfu / a9l d'xgt cfj Zos k5{ . ; fg} slffblv PIR5s Ij ifosf] ; kdf /flvg]ePsn] Ij sl; t /fi6x; df Ij 1fgsf] dxGj / :yfg a]n} 5 . pRr dfj blv xfdlsxf klg Ij 1fgsf] k9f0 a]n} 5 t/, dfwoflds :t/; Dd c; Ijifo; /x kf7dqnd lb0Psf] 5 . clxn] 56df0Psf] kf7def/ % n] sf]f]f] k9f0 ; lS5ğ / ; fwf/Of Ij ifosf] ; kdf lnP/ Ij 1fgsf] pGlt xg ; Sbğ . Ij 1fgklf lh1f; f, nufj / nufglj gf bž Ij sf; c; Dej 5 .

-clwsf/L Ij /f6 ; f0G; Sof0k; sf hlj zf:qsf pkk]wofks xg\

cjwf/Off Igdff / lj Igdff

kf=8f=lj Bfgfy sf/fnf



.IglldfÚs; /L eof}

.lj IglldfÚs; /L xg}

lj Iglldf al4n] xfdlnf0{ ./fdl lzlfsl agfp5 . kj [Qjfb lzlfsl . xfdl Iglldf al4n] xfdlnf0{ . xfdl lzlfsl dfq} agfof]. o:tf] l:yitdf xfdl cfmhf0{ cfmhf0{ lj Iglldf ug{ ; Stgf} / < c; s; } al4sf s7ktnl afgk5{ / < ; flg] ls <

p7fgl ; Gbe{

; dfhzi:ql e65g\ 3/n] Igdff ufof] :shn] kblgdff .
; dnf] s l; 4f6tsf/ e65g\ ToxFp; n] csf] /fl
yklbof] z]lfs ah]f agg] /fl . cfmhf0{ 7hf] 7f6g]
/fl . dflyNnf] slfss] eP/ 7hf] . c^u]hl hfg] 7hf] .
lzlfss] glhs eP/ 7hf] . w} c] NofP/ 7hf] . s6f
eP/ 7hf] . cyjf afxb eP/ 7hf] . o:tf cglu6tl ..7hfx; l
ag] . agfOP . csf] / ; f; g; x; l klg TolQs} ag] . tNnf]
slfss] ; f; g; x; . c^u]hl ghfg] ; f; g; x; . sd c]
Nofpg] ; f; g; x; . lzlfss] gftf gnflg] ; f; g; x; . s6l
; f; g; x; . c]k]E ; f; g; x; . afxb0t/ ; f; g; x; . cyjf
d] e]ff0t/sf ; f; g; x; . o; /L 3/n] Pp6f JolSt agfof] .
:shn] csf] . ToxFd Iglldf -s6:6&6B_ ePF. ToxFd
kblgdff -/s6:6&6B_ ePF. hfg] l8a] olt g} xg\
pgsf] lzlf olt g} xf] . t/ HofS; 8l/8fn] csf] al4
lbP- lj Igdff -l8s6:6& g_ sf] . ; f^a bzf6df j x:klt
lr6tg ld; fPsf] . Pp6f Igdff df csf] Igdff vfh]sf] .
k/:k/ le6g al4af6 t] fl al4 vfh]sf] . Psn al4df
axhal4 vfh]sf] .

Iglldf / lj Iglldf :jU

clxn] Ddsf] al4n] lzlfslf0{ 7hf] :jU (big ego) lbof] .
d] h6b5' e6g] :j . d] 7hf] . d] lg0ff6s . d] h] u/F
7ls u/F. d] ; ^s-; E7g 7ls . d] cfa4 /fhgllts
bn 7ls e6g] :jU . o:tf :jU; sf sf/of lzlfsl;
s7f] eofF. s] of] :jdf xfdl kZg p7fpg ; S5f < h: t}
c; n] dnf0{ s] e65g\ t < s] d k/} lkl/o8 gk9fpg]
sfdrf] xF< s] d] gk9fpg lj Bfyl]sf] ; do aaf]
ul/g / < s] d sfdrf] / ; do aaf]sn] s; }f]

clwsf/sf] kZg ug{ ; S5' / < kZg p7fP eg] d bflnf
e0gF/ < d]f ; Gtltnf0{ c; s; } Toxl Jojxf/ u/df
d]f] s] p0/ xfhf < ol / o:tf kZgx; n] xfdl sfdrf]
al4x; el]s65g\ . gofAl4x; knfp6g\ . 88hf] k15sf]
3fFh:tf] u/L . ToxF xfdl] sfdrf] / gdsx/fd :jU
lj Iglldf x65 .

7hf] sf] < kmnl ls cgf] < 76l ls hf] < hf] ls
xNnBf] < gf/f ls uf] < uf] ls xnl < o:tf kZgx; af6
..7hf] sf] e6g] :jU el]s65 . kmnl geP cgf] s] ug] <
cgf] geP 76ln] s] ug] < 76l geP hf] n] s] ug] < o:tf
..s] ug] x; n] xfdl] 7hf] :jU lnf0{ ; f; g; agf0lb65 . lj Bfyl]
geP d lj sfd] / x\$' e6g] al4 . cleef] s geP d sfd
gnflg] / x\$' e6g] r]gf hfuf] u/f0lb65 . cyff\ pglx; l
lj gf d ; f; g; / x\$' e6g] r] vN5 . ..du lj gf pglx; nf0{
klg ck7]f] / x\$' e6g] xf] knfp6 . o:tf lr6tg; af6
xfd] :jU lsf] cfsf/ 365 . c6t/ :jU; a95g\ . ToxF
xfd] lj Iglldf x65fF.

.cfh kfgl kfof] 5sl lbPF. cfh lzlfsl hh'; lyof]
5sl lbPF. l xfdln] o:tf cglu6tl lg0f6x; ufofF. t/

; sf/flds kf6f] xf] axefiil, axlnlk lj1
agfhf . gsf/flds kf6f] xf] eflifs cfsfz
; fBl/g]. rfidn^a / jf6tjf /f06f]
cfsfzh:tf]. km/flsg rfx] g]fnl aflg].
vldrg rfx] rfidn^a of af6tjf aflg].

cfldfj nfg

nldof zdf{



ca rflx ffdL g}

lgxl / g' / fdfj xG5



jf: b]

; Gbex; ePsf n] wlt eg] d/ . o; lj ifodf c; /fdl n] y cfpnfg\Vs eg] klv; . F. cf'g} lj Bfnosf ; fylx; nfo{ 3R3RofPF 8] rnfpg ; lsgF. clg %08} Ps jifk15 cfh lj 1fg / uloft k9fP/ a]v] e0; s\$] glk lnP/ eP klg cf'g} uGyg n]vg a; \$] 5'.

dh] tl; sf] bzsd f bzd f Voflt sdfPsf :shx; df k9] cj; / kPsf] xF. tl lj Bfnosf kc / lzlf sx; d]f cfbz{ xgkGYof]. lj Bfylhf0{ ; a\$] cufl8 uf]g ; Sg] 6]6nufot ; a} k/lifdf e' Ss} k]h ug{ ; Sg] k9f0df t]h d} xFe]] lj Bfylhf0{ slffdf} ; fylef0s} cufl8 0Hht lng ; Sg] lzlf sx; lj Bfnodf, ; d]hdf ; j; ; Ddf]gt xg] kl/kf6l lyof]. d klg lzlf s a] ePFefbf .lj Bfyl{ h xft ldnfpg] df:6/rflxFga] 'lg 0 eg] cf'g} ; /n] lbgePsf] clt{ x] ls cfbz x] c% ; l0% x\$] 5'.

t]ndlj gf klg lzlf s xg kf0GYof] e0of]. h] b]vof] h]fgof] Tox ul/of]. slff zft agfpg] g]p] afnafnfsf] plrt lh1f; fnf0{ .rk nfu] eg] slt lslrof] ldlrof] x]hf . To; sf] sg} clen] 5g . bz cg; f/sf] e]f egh; tf] cgzf; gsf] g]ddf lj Bfylhf0{ lg? ; flxt klg ul/of] zf/l/s b08 klg lb0of]. l/ ; xfdlnf0{ p7\of] b08 lj Bfylhf] k]p].

cixn] lj rf/ ubf{ c]k]h] lbPsf b08 klg ; a}. hfoh] lyP e] ; lSbgF. kln; n] ; 8sdf nf7lr]h{ u/] h:t} t x] lg, cfj zdf cfP/ ul/Psf] sfd . b08sf] dfqf, ; j; k ; a} c]k]h] lgwf{Of u/] ad]hd cyf{\dg nfuGh]h

lz | lfs sf] klxnf] c] -df3 @)^\$ df s]f/ zdf] . ; /, d s; /L ; D%Ftkf0{ nfo{ eg] lzlf s ; dbfonf0{ ; f]v\$] a]hdf c]k]h] f0{ cf'g} lj Bfylhf ; f]v\$] h:tf] n]lof]. dx]b] n]dfsf] .udf]p] u? x; l b]x]ofP/ k9F. ps; d's; ePF. s] ug{ < b0{ c] kl5 .d cgfbz{ lzlf s eg] vu]b] ; a] n]h]n] n]vgeof]. /fd] lyof] t/ k]z 5f]B; s\$] lzlf sn] n]v\$] cln k/f]g

c]k]h] lbPsf b08 ; a}. hfoh] lyP e] ; lSbgF. kln; n] ; 8sdf nf7lr]h{ u/] h:t} t x] lg, cfj zdf cfP/ ul/Psf] sfd . b08sf] dfqf, ; j; k ; a} c]k]h] lgwf{Of u/] ad]hd cyf{\dg nfuGh]h xGYof]. k]h gu/] klg xg] ; k]h eP x]hf .

x6Yof]. kmh gu/] klg xg; kmh eP xfhf . 5qfx; , ul/a tyf lk5l8Psf ; dbfoaf6 cfPsf afnaflnsfn] Wofg, dfof / ; Af0f klg kfPgg\xfhfg\ . ; fgf slffsf lj Bfyl{xllkP xfhf . lg; fkm kfPgg\xfhfg\ . ; fgf :j /sf] ; gjf0{ ePg xfhf . k9g sdhf{x;n] kll; fxgsf] ; f6f] b?T; fxg Joxf] xfhf . c6o lqsf /fdl kltefx; lsfal sl/f] dfq gxgfn] kmq}gkf0{d%P xfhf . xfd}sf/0fn] aflg}kl7f] laSbf gafflg}slgsf klg v] uof] xfhf, kSs}. sg}lx; falstfa 5g . t/ ol ; a}ePs} s/f xg\ ; flfl xls{ s}f 5g\ .

To; ahfsf] s/} a]n} lyof] . x} ; / lj Bfno sDkfp68df cf0kUbf lj Bfyl}f ; fgfltgf jfb]jfb cfknf ldnY] 8/n] . l5d}l :shdf, upf} kUbf klg kmf}g] ; / cfP eg} s}fs}lx; efufefu x6y] o; df klg v; l g}df]gof] xfhf . lj Bfyl} b0}xt hf} ; -; Ddfg u/}f] gd:t] hf} / nlf} Ps xftn] kmf}of] sltko t jf:tf klg ul/Pg xfhf . k}zdf l5/}f] bz jifk15 ude/ eP/ lgisif} lgsfnf n}f}k} t e0of] xfhf, t/ 7ls ul/Pg . n}f}k} ePsf] klg /fdl] lzlfs eP/ e6bf r6bf p7fP/ rnfpgk}k;tlj t :shdf lj 1fg uloft; lxt tlg-rf/ ljifo k9fpg ; Sg}e0sg klg ; :t] lzlfs / :yfglo ofj eP/ xf] ls h:tf] nlf5 .

s/} %* ; fn lxp}sf] xf] . b0{ hgf lj b}zl :j o;} sx; ; E kfg] bz ah] lj Bfnosf] 9f}f]g/ kUbf laxfgl slff ; l5P/ 3/ lxB}f !!-!@ df k9g} alxgl; nfh df6b}lgxl/P . lj b}zl dlxfn; n] pglx; nfo{ .gd:t] eg] . gd:t] kmf}of] pglx; klg aflxl/P . Pp6l :j o;} sn] dnf0{ ; flwg\ ; / U tkf0}f0{ lj Bfyl} lsg gd:t] gu/}f < d} ; xh} pQ/ lbPF.nfhn] xfhf, 8/n] xfhf U t]sfn] csf] k}z ; flwfn] . tkf0} lsg gu/}f] lg, tkf0}f0{ klg 8/ nlf5 < nfh nlf5 U pglx; sf] o; k}zgsf] pQ/ dnf0{ w} ; do; Dd cfPg, d} lsg lj Bfyl}f0{gd:t] ul/gf < w} ; ah} dnf0{g}gd:t] ugk} < d} z? ubf{s} x65 < xfdl lzlfsn] gl; sfP loglx; nfo{ gd:t] ug{s; n] l; sfpnf, lsg l; sfpnf <

xfdl tflnd c%} klg km/s blvg] u/l k}fj}sf/l xg ; s}f 5g}g\ . xfdl klzlfsx; k}fg} kf/fsf 5g\ . lj Zj lj Bfnosf lzlfs-lzlfof sfo}mx; klg blvof] Joxf]of] . a}dvsf e/ , xfdl h:t} xg\ . c;nfo{ clt{ lbg]dfq xg\ . a}c; km/g cfj Zos 7f65g\ cfkm}fx} . dvn]l; sfp}g\ t/ cfkm}k}P/ km/g kl/t ug; ; Sbg}g\ .

Pp6f ; fyln] lj b}z ed0faf6 kmf} lvr} NofPsf] lel8of}f blvof] sg} :shsf] k} 9f}zdf a; } lj Bfyl}f0{ clejfbgsf ; fy :j fut ubf{ /x}5g\ . Grf] la; Grf] / cWof/f] dv nufpgsf sf/Of ; flbf /x}5g\ . ltdl] aafsf] :j f:Yo c; laluf] ls < lxhf] lbPsf] u}xsf0{ w} } eof] ls < h:tf s/f ubf{ /x}5g\ . Tox lj Bfnodf slff lzlfsn] .d] cf0 sd 0g, :68}6\ eg} 9f}zdf ple} . Ps}5g\ x} Dof8dl eg} ; xh} lj Bfyl} lzlfsnfo{ 9f}zdf pEofpg ; Sbf /x}5g\ . cl3Nnf] lkl/o8sf] slffsfo{ s}l afl} ePsn] clkm df lj Bfyl} lzlfs; E, k:tsfnodf Toxlf]

; fgf slffsf lj Bfyl{xllkP xfhf . lg; fkm kfPgg\xfhfg\ . ; fgf :j /sf] ; gjf0{ ePg xfhf . k9g sdhf{x;n] kll; fxgsf] ; f6f] b?T; fxg Joxf] xfhf . c6o lqsf /fdl kltefx; lsfal sl/f] dfq gxgfn] kmq}gkf0{d%P xfhf .

:6fkm E cgdlt dfu} dfq lelqPsf] b}y} 5Ss k/F . s}l j if{ klxn] cf}g} lj Bfnosf] j flif}f] ; j dgfp} d k} ePsf] dGrdf a; }f] lyPF . w}h; f] k} :sf/ /fdl k9g} elgPsf ; lldt lj Bfyl{x;n] kfPk15 c; lj Bfyl{x;n] cWof/f] dv nufP . tl xfdl lx; fadf .k9g hf} / gnufpg} lyp . dGrdf a; }f Ps hgf kfxgfn] ; fl} lsg cWof/f] dv nufPsf xfhfg} eg} . k} :sf/ gkP/ xfhf d}f] ; xh hjfkm lyof] . lsg glbPsf] t ltx; nfo{ k} :sf/ < c;n] t b}f}ofP/ kfPsf klg 5g\ U km/ ; fl} . s}f lbg] tl nDk} ; nfo{ vllg}6bf s}ldf hf} / 5g} d plDsg vfh} . lbg; \g t vhd} lbg; \ s}l gnfu] ltn] h}f lhT5g\ Tox u/P/ lbg; U a9f] df65}f] clt{ cgf}f] nlf}f] .

sfo}nd ; l5Pk15 w} } lj rf/ u/ F xfdln] clt pQdsf] laNnf nuf0lbPsfx; / v} uPsf] 7fg}f; alr}sf] c}t/ . ; km ePsf elgPsf; dWof}f w} } uR5}g; f/ afacdf ; fylef0, upf}zx/ / b}z} 5f8} x/Psf 5g\ . lghl ; fdlhs, /fli6} hjgdf vf; } s}l ofubf} u/}f 5g}g\ . b}znfo{ ufnl u/} cf}gf] bfoTj k}f u/ F e7f65g\ . a? km ePsf elgPsf; dWof] sltn] bW- ; v Joxf} cdfafa; upfB/ / b}znfo{ ; s}f] dfof u/}f 5g\ dfof kfPsf klg 5g\ . ; fdbflos jgsf] df0g} as eP klg n}f}f 5g\ . kfxgfsf] s/f] plrt nlf}f] .

x}5 lj Bfyl} :shdf d}f] klg pkl:ylt 5 / d dxl}k}f}df]g; g} xFlg elg7f] gkP lsg slffsf] fdf sflrP/ a:g] ; w}Fckdfg ; x} . lj rf/ u/ F Gog, cf0g:6g, /f}N8f] l/eN8f] dfq} x}f}g dxl}df uf6w klg t xfdl h:t} lzlfsn] agfPsf y8{ 18lehgf}nf lyP / lg U x}lg ldn5 / ca, lsfal k9g g; s}f e/df < s}l lj Bfyl}f] lsfal k9f0 sdhf} xg}sf sf/Ofk5f18 p; sf] dfq b}f] 5 < To; df xfdl lzlfs, c6o kf}x; sf] Jojxf/ ; f} ; f}wgsf] cefj / c; kl/ j} / kl/ :yltsf] b}f] 5g < ckdflgt xgkg} / b}f] Joxf}k}g] afnaflnsfn] dfq} lsg <

kl}ofks lj Bfgfy sf/}fnfn] ; g}pgePsf] Pp6f syf xfdl lzlfsx; s} syf h:tf] nlf5 . of] ; #/sf] xftnt; E c; Gt16 sg} b}zsf Ps hgf lj }fgh] ; #/ abNg egl \$) jif}f] pd} ; Dd bW u/}5g\ . s}l gnfu}k15 b}z dfq eP klg abNgk}of] egl c; bz jif{ Dd nfu}5g\ . Tof] klg c; lhnf] ePk15 kl/ jf/ dfq eP klg abNgk}of] egl nlf}f ^) sf] pd} ; Dd ku}5g\ . Tof] klg kf/



jf;bj

labf

sxl ug{cj ; /

klg tthf /x\$]f cgeIt xG5 A ; flxTodf snd
 rnfpg]clwsf/L lxp]labfsf]df\$df uhn ;^abx
 PISnPsf] ; f%o k\$fg ug] tof/ldf 5g\.

lxdfn, kxf8, t/f0{ ; a]t/ s7df^aluf] lr; f] a9b} ubf{
 dlgrf; sf] labf klg z? ePsf] 5 . bz]t]xf/ h:tf
 rf8kj \$f labfn0{5f8g]xf]eg]lxp] / av]u/L jifdf
 b0k6s lzlf0f ; yfx; nfd] ; do -\$% lbg_ sf nflu
 agb xG5g\ . t/f0{e]df c; f/ ; fpgdf v]lkftl nufpg]
 r6f/f] / cTolws udl\$ sf/0f k9g] k9fpg] jftfj /0f
 pkoQm gxg] ePsf] jiffdfdf %08} Ps dlxf lzlf0f
 ; yf agb xG5g\ . To] ; dodf kxf8 / lxdfnl lf]df
 eg] a9ldf b0k]tf dfq labf lb0G5 .

d]w k' b]v d]w df3sf]dlgrf; sf]hf8f]df]ddf
 eg] sf7df8]ufot kxf8 lf]sf z]lfs ; yfx; %08}
 Ps dlxf agb xG5g\ . lxp]sf]hf8f] t/f0\$ l]Bfnodf
 5f] ; do lxdfnl e]df r]lxFs]a tlg dlxf g]labf
 lb0G5 . o; afx\$]sf]nfd]labf xf]k/Llf ; s] gofS]lf
 z? xgcl3 lb0g] egf{ labf . ; /sf/L lgod cg' f/
 jifel/df sDtdf @) lbg :sh vNgkg]eP klg agb,
 x8fn / l]leGg sf/0fx;n} ubf{w]h; f] l]Bfno Tolt
 lbg vNb]g\.

- \$@ jif]v lzlf0f k]zdf /x\$]f zf/bf pRr dfj,
 k]k]sf v]l/fh zdf{o; k]l]nsf]lxp]labfsf] ; do
 v]lkftldf nufp]5g\ . pgl x/\$ k6s l]Bfno
 agb x]sf] ; do v]lkftl tyf 3/sf] sfd /
 c]k]nt; f]sf] e]3f6df latfp5g\.
- ;kt/l]sf]hgk]ft dl]jsf lzifs ; Togf/foof r]v/L
 labfsf] ; do l; /x]sf] ; dfb Pkn]dsf nflu
 r]g]d]hsf sfo]ml lgdf]df nufp5g\ . g]k]n]sf
 lzifs r]v/L eG5g, xp]labf; f]Pkn]dsf]sdfdf
 Jo:t xG5' A
- Onfdsf] blf{ pd]l]jsf g]k]n] lzifs uE]k]fb
 clwsf/L labfsf] ; do ; flx]o c]lbogdf nufp5g\ .
 l]b]z]l ; flx]osf]c]lbogdf ; d] ?lr /v]g]clwsf/L
 eG5g\ ; flx]o c]lbogn]s]l]fdf k9fpg] l]ifo] :t'

labf ; bkofu ugI sxl tl/sf

lj Bfyl6f0{gofF:jfb lbg]u/l tof/l ugI/ kgtfhuul xg]/fdI]cj;/ x] nfdI]labfsf]; do . of]; donf0{ lzlfsc;n]o;/l klg kofu ug}; S5gM

sxl gofFkof; u/f] cf^gf] jI/kl/sf] 3]f a9fcf]. lzlf0f kzf e6bf aflx/sf] blgofFDd cfknhf0{ k^ofcf]/ OR5f nfu\$]f] sf]d u/f]. of] s/fn] tkf0f{cfkn}5Ss kgxg5 Isgeg] cfufdl lbgdf k9fpg ol s/fn] tkf0f0{ 7hf]; xofu ug5g\ . gofFOR5fn] tkf0f0{ gofFtl/sf; lxt gofF lj Bfylsf alrdf nhg klg ; S5 .

cf^gf nflu sxl u/f] cfknhf0{ cf/fd xg] ; lhnf] agfpg] sf]d u/f]. To; sf nflu gbl lsgf/f, jg- auFf jf cfknhf0{ dg kg] 7fpdf 3Dg hfg ; ls65 . clg cf^gf] Vofn u/f]. cf^gf] lbdfu, dg, z/l/sf] Vofn u/f]hg hljgsf] cfG6b lngsf nflu dxlj kof{ 5g\ . log] s/fn] tkf0f0{ kgtfhuul u/fpg / %g\; lfd agfpgsf nflu ; xofu ug5g\ .



kl5Nnf] jifsf] cgejnfo{ :d/of u/f] kl5Nnf] jifsf s/fnf0{ Psk6s ; D%gf] \ / kQf nufpgf] \ ls tkf0f] ; fd' s] s] rghl cfPsf lyP / s:tf] ; kmntf xfl; n ug6Psf] lyof]. ha tkf0f] ol b0{ s/fnf0{ ; flgsf nflu sxl ; do vlr6xg5 ; kmntsf s/fdf Wofg s]lbt ugxf] \ . cf^gf s] sdhf]l lyP e6g] tk66bf klg tkf0f] s] /fdI] sf]d u/\$]f] lyPFe6g] s/faf6 hljgdf ; kmn xgsf nflu w}] s/f l; Sg ; ls65 .

cf^gf] kzf]sf] af/df hfu?s xcf] dfrf/ / c6o kl:tsf k9] lzlf lfd] s] e0/x\$]f] 5, To; sf] af/df hfgsf/l lngxf] \ . 066/g6sf] dflwodaf6 lzlf / lzlf0f kzf]df ; #f/e/ e0/x\$]f] tfhf / lj:t] hfgsf/l lngxf] \ . cfh ag\$]f ljle6g vnsf sfg6 eflnsf] slffsf] jftfj/of km] 7hf] dflwod agg klg ; S5g\ . To; h] gltlgod af/] klg rf; f] lbgxf] \ . olb lj Bfylsf nflu sxl ug{pI; s / h%? xgk65 eg] To; sf nflu cfknhf0{ tof/ kfgxf] \ .

CBfj lws xcf] cfknh] k9fpg] lj ifosf] af/df tkf0f] w]66bf w}] 1fg xfl; n u/\$]f] xgk5{ . To; h] cfknh] k9fpg] lj ifodf xfn; fn\$]f

lgsflnPsf k\$]zgx; vfl]gxf] \ / ; s] Dd a9l k9xgf] \ . o; af6 gofFkf7sf nflu yf] ePklg v/fs ldNg5 . ; fy] o; n] tkf0f0{ cf^gf] lj ifodf cBfj lws / :t/flgt ug{d2t u5{ .

c% /fdI] ug{ sxl kf7 5fgf] tlgblv kfF j6f kf7x;sf] 5gf6 u/f] hg kf7nf0{ c% /fdI] ugk5{ / ug{ ; ls65 e6g] tkf0f0{ nfu\$]f] 5 . To] lj ifonf0{ c% ulx/P/ xgkg] xg klg ; S5, cyjf To; nf0{ kgnv]g ugkg] klg xg ; S5 . ol kf7sf] kf7ofhgf agfpg To; nf0{ km/ Ps k6s ; flg / n]vgsf nflu Psxktf h:tf] ; do nufcf].

s lff-lqmfsnfknf0{ kg/fj n\$g u/f] I9nf] sf]d ugI cf^gf] afgl ; wf/ ugI af/] tkf0f] s] ; f]f] 5 < kl5Nnf] k6s ugkg] sf]ds] tof/l s]

xf] < To; sf] tlnsf x]f]. clg gofFslf]df ugkg] lqmfsnfknf0{ klg c]n\$g u/f] st} lrgdf kljtg t ugkg] 5g jf ; do x]km] ugkg] t 5gg\ < Psk6s Vofn u/f].

cfknf0{ k]/t u/f] aRrf; E sxl ; do latfcf]. -aRrf cf^g] ePklg x65, cyjf c;s] ePklg km's kb6 aRrf; E sf] a; f0f] tkf0f0{ kgtfhuul u/fp5 . tkf0f] g; f]f] sf] aRrf; E l; Sg kfgx65 . rlr{ lzlfssf] af/df cyjf clek]/t ugI g]fx;sf] af/df sxl k9f]. pI; fx lbg] vnsf sxl lsfax; k9f]/ EofP; Dd lknld klg x]f]. 708f lbdfun] Psk6s ; f]f] tkf0f] lsg of] kzf]df cfj 4 e0/xg6Psf] 5 <

; fylx; E eflhg u/f] lng66bf lbg' lgs] /fdI] xf]. lzlf0fsf sfox;df lzlf]sn] of] hfg' cfj Zos 5 ls pglx; slt cfb/oflo JolQm xg\ . tkf0f0{ kfl; fxg lbg] lzlfssf] af/df ; f]f]. clg pglx; nf0{ of] yxf xg lbgxf] \ ls pglx; ltdf] clg lj Bfylsf] nflu slt dxlj kof{ JolQm xg\ .

d]h; f s]h, lzlf]s oP; P ; f]M www.about.com



lzlf0f ; ydf lb0g] nfd labf lzlfsc;sf nflu
 clwoog ug] ysf0 dfg] gof7fpF30g hfg] gofslfssf]
 tof/L ug] /fd] cj; / xf]. ; wFslfssf]f, k/Liff, skl
 hf / csf]slfssf] tof/Ldf ; do vlrqkg]lzlfsc;sf
 nflu nfd] labfsf] ; do cf'g}sfdsf] dNof^asg ug] /
 cfd; Gtl6 lng] cj; / klg xf]. nfd] ; do; Dd Pp6]
 sf ul/xbf l; hgf xg]Ps?ktf x6fpg klg o:tf] labf
 ; xofyl ePsf] lzlfsc;sf] cgej 5 .

t/ clwsfz lzlfsc; labfsf] ; dodf cfknhf0{
 cBj lws ug] km[s]bt ePsf] kf0b5 . labf z? xgf; fy
 w}] lzlfsc; cftl/Qm cfbfgl xg] sfddf ; nlg ePsf]
 kf065 . ufldof lfgsf clwsfz lzlfsc; v]lktltsf]
 sfddf / zx/L lfgsf Jofk/ Joj; fo jf c6o ; 3; yf]sf]
 sfddf Jo:t ePsf el665g\ . slxn] lj Bfno labf xfhf
 / c6o sfddf a9l ; do lbg ; ls65 eg] kv] a:g]
 lzlfsc; klg w}] 5g\ . sf] t lj Bfnodf uon eP/
 c; sfddf Jo:t e0/x\$] klg kf065 . c6o sfddf
 nfu] lzlfsc; n] ; dosf] b?kofu ul/x\$] atfp5g\
 sf7df8fyt kbdf]o pRr dflj sf kwfglbfks /d}zk] fb
 uf}d . pgl e65g\ a}zlfsc; n] : shaf6 ar\$] ; do
 gofFgofFcg; Gwfg / clwoogdf nufpgk5} .

lj sl; t b}zsf lzlfsc; lj Bfyldf s; / l ; hgf]ds
 z]hsf] ljsf; ug{ ; lPnf eg] clwoog / lrctgdf
 nflu/xg] ePsn] cf'gf] kl/jf/nf0{ Wofg lbg kf0/x\$
 x65g\ . To; h] labfsf] ; do pglx; cf'gf] kl/jf/; E
 latfpg rfx65g\ . t/ gk]ndf xg] nfd] labfsf] ; bkofu
 xg g; s\$] lzlfj b}sf/eQm dfydf atfp5g\ . e65g\
 a}zlfsc; n] labfsf] ; do klg c6o sfddf nufpg] ePsn]
 o; sf] /fd] pkofu e0/x\$] 5g} .

labfsf] ; do e0f0df vlrqf w}] s/f hfg a'g
 ; lsg] atfp5g\ lzlfj b'dfydf . kxf8sf lzlfsc; t/f0{
 %} Toxf8f lj Bfnosf] cj nfg ug] t/f0\$ lzlfsc;
 lxdfnl, kxf8l lfgdf pSn] 30g] xf] eg] w}] s/f l; Sg
 ; lsg] pgsf] ; %j 5 . lzlfsc; nf0{ lbgxFrs, 8:6/
 af\$] slfdd hfg] / k9fp/ knsg] afgl kl/; s\$] x65 .
 t/ cfkn] ul/x\$] sfdn] cfkn] 0{sl0sf] ; Gtl6 lb0/x\$]
 5, clg cfkn] u/\$] sfdnf0{ c; n] s; /L xly/x\$] 5g\
 eg] dNof] g ug] /fd] cj; /sf] ; kdf klg lj bnf0{
 lng ; ls65 . ; fy} kf7of] hgf agfpg] lzlf0f ubf{ cfkn]
 eflu/x\$] ; d:ofsf af/df c; lzlfsc; ; E 5nkn u/L
 ; d:ofsf] ; d'wfg lgsfng] cgej cfbfgkbf] ug] h:tf
 cf'gf] k}z; E ; DalGwt w}] sfddf klg ; do vlrq
 ; ls65 .

lzlf /d}zk] fb uf}dnf0{ clxn\$ lzlfsc; n]
 lzlf0fnf0{ Pp6f lgoldt klqmf]sf] ; kdf dfg ln0/x\$]
 atfp5g\ h; sf nflu yk clwoog / cg; Gwfgsf] cfj Zostf
 g} kb} . To; h] labdf cf'gf] lj ifosf lsfax; k9gdf
 vlrq ; dosf] ; bkofu xg] atfp5] pgl e65g\ a}zlf
 Pp6f gbl xf] h; df x/\$ lfof k/fgf] kfgl au] ; kn
 kfgl cf0/x\$] x65 . Psr] b clwoog u/R15 kfof] e67fg]
 lzlfsc; kfy/Lsf kfgl h:tf x65g\ hxfF; kn kfglsf]
 cfzf ug{ ; ls65} .

lzlf JolQmsf] hljg lgdfdf ; dhhsf] cfbz{ lgdfdf
 / /fi6sf] eflu lgdfdf] cfwf/ ; tde xf]. lj Bfnosf]
 ldof] lzlfsc; g} xg\ . lzlfsc; n] afnafnsfnf0{ lbg] lzlfssf]
 cfwf/df b}zsf] eljio uff; 65 . t; y{ lzlfsc; n] af] s /
 dfgl; s ; kdf k}z fut ; lksf] clej] 4 ug{ cf'gf] ; do
 vlrqdf ; g]f] eljiosf] ls/0f cfh} blyg ; ls65 .

Izlf snf0{3/kfos

s ; nf0{hfe,

s ; nf0{xflg <

;/sf/n]ljBfno Izlfsx;sf]lgldt 3/kfos lgoIQmsf] glt cjdag u/]klg z]lfs pknlAwsf b[6n]3/kfossf] nfe-xflg af/]clxn]Dd j:tlgi7 ljZn]Of / n]vthv]f ePsf]kf05g .

u' Ndlsf] v8usf0 uflj ; sf uflj Gbk} fb 9sfm cf7 jif0]v l; GwkfNrf\$sf ; fdbilos lj Bfnodf k9f0/x\$ f 5g\ . klxn] ^ jif{ pgn] hnkfb]l pdflj df lj 1fg k9fP . b0{ jif0]3 :yfol ePk15 pgl l; GwkfNrf\$;l; l4 sdnfb]l dflj df kcf] ; kdf sfo{t 5g\ . 9sfm bz\$]l !% lbg] labdf PSnl cdf e0g uNdlsf] ufpFms(5g\ . cl3kl5 nfd] labf xbf zx/-ahf/sf ckn]tsxfFk05g\ . pgsf] af0l ; do :shsf] cf; kf; d} laT5 .

pgl kcf /x\$]l; l4 sdnfb]l dflj sf !% IzlfsdWb] !@ hgf :yfglo 5g\ . 9sfnafx\$ uloft Izlfs ljg] g]fn / c^u]hsf cfd]sdf/ >]7 aflx/af6 uPsf Izlfs xg\ . pQm :shdf k9fpg] :yfglo Izlfsn] la/fdl labf !% lbg / ek/L labf ^ lbgafx\$ k]sl labf ; d] lng] u/\$]kf065 . c^u]hl, uloft, lj 1fgh:tf ; ik]ftM sl7g t/ dx]k0f{ dflgg] lj ifosf u/-yfg] Izlfsx; slxn\$fxlFcf^gf] ek/L / la/fdl labf klg pkof] g]xg] u/\$] atfp5g\ .

:yfglo Izlfsn] cg\$ axfgdf slfdf afwf k9fpg] u/\$] cf/fk / ugf; f] htftt ; Gg] ul/65 . t/ , /fhglts ; Af0f cflb sf/0fn]

ubf{ To:tf Izlfsnf0{ lhizsfm] ; d] sf/afxl ug{ck7df/f] dfg] u/\$] ugf; f] sltko kcf; sf] 5 . 3/kfos Izlfsdf ; -; fgf lj Bfylf0{ .k9-k9 gfgll eg] 3/l/ nllg] qnd a9l ePsfh] dflj df ebf kllj sf 5fq5qf]sf] k9f0df 3f6f kl\$] cgej Izlff clwsf/lx;sf] 5 . xktfdf b0{ jf tlg lbg dfq lj Bfnodf cfp] u/\$] sf/Of :yfglo Izlfs xdgf/fof >]7nf0{ kcf 9sfnn] lhizcnf0{ kqrf/ u/] l; GwkfNrf\$; e]jl kllj :ofpndf ; ?jf u/fP . t/ , :ofpndf klg dlxgdf Ps-b0{ lbg :sh kl] >]7n] dlxgfel/s} xflh/ ug] u/\$] ugf; f] :yfglo cleefj s / c6o Izlfsx;sf] 5 . >]7n]:ofpndf cf^gf] lghl :sh vfh\$ sf/Of pgl ; /sf/l



tt:ax2ll afa/fd ljZj sdf{



:shdf lgoldt xg g;s\$] cf/fk upfñ;çn] nuPsf 5g\ .:yfglo lzlf; Euf]tlft]cgej]sf sf/of kç 9sfn ckm'3/kfos lzlf; xg grfxg] atfp5g\ . pgl eç5g\ æhNnf; Dd t 7ls}xf] çf'g}ufpE] :shdf t d slxNo}klg hfçgFAÆ :yfgloeçbf afx/af6 uPsf 9sfnf0{; dbfon] kçsf ;kdf kTofpgsf k5f18 lj Bfnosf]pçgltdf pgn]kçofPsf]ofçubfg afx\$ ç; sf/of b]vçg . ufljçbsf çg; f/ ; dbfodf x:tfçt/of e0; s\$] l; l4 sdnfb]l dfljn]o; jif{lgoldt / k's u/L P; Pn; ldf ztkltzt lj Bfyl{çpQlof{u/fPsf] 5 eg]5fg5fqfn]lj 1fgdf &), ç^u]hdf ^% / uloftdf *) kltzt; Dd çl xfl; n u/\$f 5g\ . 3/kfos lzlf; :shdf l9nf]çpg]çlg rfbf]

hfg] ; wçl/ 3/fo;l ; fdlhs, wldç tyf /fhgllts sddf ; lqno xg]kj]Q a9çfñh]:shsf] k7gkf7gdf k]olf Jojwfg kçf ePsf]9sfnf] syg 5 . t/ ; a}:yfglo lzlf; p:t}xç5g\ eçg]çfzo rfxFpgsf]lyPg . pgl çf'g]:shsf :yfglo lzlf;sdWo] kls/ /fodf%, %ns ehñ, ;ltf/fd l3ld/]çflbnf0{çkjfb 7fç5g\ . pglxç afx/sf lzlf; hlt g} bQlrQ eP/ z]lfs lqmf;snfkdf ; ælg xg] u/\$f 5g\ . 9sfnf zAbdf æ3/kfosdWo]ç;nf0{hlt eP klg labf k]bç, t/ xfdlh:t}pxfç;çsf]klg labf ; lsbç A pgn] l; çwkmrçs} afxçlçf6lsl slj tf çfrfo{ç ljjfx u/\$f 5g\ . l; l4uofç kllj afxçlçf6lsl kç slj tf 5f/f; lxt afxçlçf6ldf

çf'g] ufpç:tleçbf çf9f uP/ k9f0/xçf lzlf;çM /fçxçsf ; flçetfn bf; , dxçQ/Lsf çlgn % / bfrçfçsf z l / l; w-wldl -afofçf6 brofç .

zf/bfsf]; a 3if{

e | Onk/sf]dWok/ l7dlsL zf/bfb]l >ij /; jfsf] nx/kf]fl:yt lzjfnO lgdflij sl lzlfS xg\ . ToxfPgn] wj} si6 %h] cdf, kTgl / lzlfssf] eldsf lgjfx ub] cfPsl 5g\ . @)\$^ ; fndf b0{ 5f7l / Ps 5f7fsl cdf- pgsL lbl t]f] ; GtfG hGdfpg] qmddf d[O] /Of ug{ klug\ . kTglSf] lgwgk15 glns07 pdfij /; jfdf lzlfS /x\$F pgsf legfh' ; /f]hsdf/ >ij cfm ljw/ dfq ePgg\ pgsf ; fgf nfnafnf 6k/f; d] eP . zf/bfsf afacfdn] lbbsf 5f7f5f7l svdf ydfP/ legfh' ; E ljj fx ul/lbP . To; nuQ}zf/bf lbbsf 5f7f5f7l Rofk] dWok/af6 /; jf klug\ .

/; jf klug\ hUO}zf/bfn] lzjfnO lgdflij nx/kf]fdf cWofkgsf] sfd cf/De ul/g\ . pgsf]8]faf6 :sh %68} cfwf 306fsf] b/l df lyof] . af6\$F] hEndf af6/n] b0{ k6s pgsf] %fhf klg vf] . lbbsf 5f7f5f7l lhDdf lnPk15 pgdf ; GtfGsf] /x/ lyPg . To; h] pgl kl/jf/ lgoFhg ug{Psk6s /; jfaf6 k]ltux ykfyln cf0g\ . t/; c:ktfn] Pp6f ; GtfG ghGdfPsf dlxnfsf] kl/jf/ lgoFhg ug{glDNg]atfof]eg] ; GtfG hGdfpg klt / kl/jf/sf] bafa t lyof]g} . cGttM pgn]Pp6f 5f7f hGdf0g\ .

lbl / cf^gf 5f7f5f7l]alr pgn] slxNo] ljeH ul/gg\ . lbbsf 5f7f5f7l]n]P; Pn; L pQLOf{gu?Gh]h; Dd



pgnf0{cf^g}cdf eG]7fg] . P; Pn; L ; s] pRrlzlf xfl; n ug{/fhwgl cfpG]ahfdf dfq zf/bfn] ; ahf0{ oyfy{ hfgsf/L lb0g\ . t/ pgsf] dfof / of]ubfgn] ubf{ lbbsf 5f7f5f7l]n] pgnf0{ clxn] klg cdf g} 7fg\$F 5g\ . rf/}hgf 5f7f5f7l P; Pn; L kyd >Qlfd pQLOf{u/7 sf7df8f]f pRrlzlf xfl; n ul//x\$F 5g\ . upFafx/sf]lzlfS eP/ klg klj/jf/s / :shsf]pGgltdf pgsf] of]ubfg sd 5g . pgs}; lqotdf hfkfG ; /sf/sf]c]fy6 cgbfgdf ljBfnosf]ejg lgdf] ePsf] 5 .

@)\$ (; fndf lhNf lzlf sfof]on] zf/bfn0{/; jfd]a5nfb]l klj df ; ?jf u\$of] . To; ahf pgn] c; fW0} si6 %gkYof] . a5nfb]l klj klg pgsf] 8]faf6 b0{ 306f psfnf] lx8gkYof] . lhZsfnf0{k6sk6s cg/fw u/k15 rf/ dlxgk15 zf/bfsf] k/fG} :shdf ; ?jf eof] . (k' ; @)^% df sf7df8f]yt zlfG lgs-h dfj df lzlfS klTlgw; E s/fsfgl ubf{zf/bfsf]cf]faf6 k6sk6s cf' %/\$f]lyof] . o; k6s pgl tlnDsf] l; nl; nfdf sf7df8f]cfPsl ly0g\ . zf/bf

el65g\ adh] hGdyn]faf6 6f9f uP/ lzlfS, cdf clg kTglSf] eldsf PsK6s k/f ug{ kb{ lgs} bMw %g' kYof] . klt, 5f7f5f7l, lj Bfyl{ clg :yfglo cleefj snf0{ ; Gtl6 /fvG' sDtl rgf]k0f{x}0g . t/ daf6 ; a} ; Gtl6 ePsf] b]bf vzl nfu\$F] 5 / bMw lal; Psl 5' A

al:5g\eg] uf]jG b rf]f/fdf . klt-kTgl Pp6} lhNnfdf lzlfS eP klg e\$3f6 eg] labfsf] ; dodf dfq xg] u5{ . :yfglo eGb afx/sf lzlfSnf0{ cleefj s / 5f95f9fn] dg k/fpg] clg cf^gf 5f7f5f7l]k]ltsf af/df klg afx/sf lzlfS; E hfgsf/L lng]u/\$f]cgej kC 9sfnn] ; Efn\$F 5g\ .

!) jifC13 ; kt/laf6 /fd\$Fksf]zf/bf dfij uHdf lzlfS ag] uPsf ZofdgGbg ; fx pQm :shsf rf/ hgf u/-yfg] lzlfSdW0} k5g\ . ; fx c^u]h k9fp5g\ . :shg]hs} 8]f lnP/ kTgl, 5f7f / 5f7l; lxt a; \$F ZofdgGbg]dx]b] axdvl Sofdk; w/fgd cW0og u/\$f]h] g]kfnl efiif /fd} E cEof; ug{ kP . km's eUr]h, e]felf clg /xg; xgdf x\$F ZofdgGbg]dw]zL

lzlfS eP klg /fd\$Fkdf efiif / hftlo ; d:of eg] %g' k/\$f] 5g . x/\$ jif{d^k / / av] labfdf u/L b0{k6s dwz %g] ; fxsf]/fd\$Fkdf :shsf] sfd afx\$ rf/ dlxg 6d; gdf laT5 eg]af6L ; do :jNfbog / 5f7f5f7l]n]0{k9fpgd . t/; pgsf]:shsf 3/kfos lzlfSx; :sh ; lsg] laIQs} s]f tyf kzkfng, lj jfx, dnfdl, >f4, rf8kj {dGfpg]h:tf 3/fo; l tyf ; fd]lhs sfddf nU5g\ . sitko :yfglo lzlfSn]/fhg]lts bnsf] lhDd]f/l af\$F 5g\ .

;xfos kC ; fx lzlfS cf^gf] k]zfk]t lgi7fjfg / hfus ePdf 3/kfos jf ckfosn] sg]km's gkfg]7f65g\ . pgsf]syg 5, azlzfn] k]zfut wd{ lgjfx u/df 7fp] km's kfb] . t/ afx/sf lzlfS :shsf]lj sf; sf nflu hlt



lj ho:df/s
pdfj,
l8Nnlahf/sf
lzlf s %Ds
rnfuf0F.

hltk/knl[sf] syf

sf7df8f[sf] hltk/knl- (l:yt kVj lqf/foof pdfij ufj9Efsf @! dWb] !) hgf :yfglo lzlf sn] afx/af6 cPsf lzlfssf ofubfgnf0{ cf%hdf kf/3f 5g\ . kç /fdz/of l3ld/3f] cuj f0df pgl; lxtsf :yfglo lzlfssf dxt / hf[n] :shsf]k7gkf7gdf kl5Nnf] ; dodf Jofks ; wf/ cPsf] lzlf dw' cofh atp5g\ . :yfglo eP klg pgl jifdf slxNo} klg (lbgecbf a9l labf ga; 3f] atp5g\ . :yfgloe6bf afx/sf lzlf sn] a9l labf lng] u/3f] cofh[sf] cgej 5 . l; /xsf lzlf a?of b] bzaf upkl5 57 ; s] dfq :sh kns6] u56\ .)% ! b]v)%* ; Dd %) kltztsf] xf/fx/ldf P; Pn; l kl/Offd klt u/3f] kVj lqf/foof pdfij n] To; of (% kltzt; Dd glthf xfl; n u/3f] 5 . kVj lqf/foof pdfij sf lzlfssf nflu laxfg rfbf] :sh cP ahsl rfbf] hfg] clg l9nf] cP l9n} hfg] lgod nfu" ul/Psf] 5 .

sfe3f] 5qafh- ! sf buhfn >]7sf] 3/ pgn]k9fpg] s[0f pdfij af6 !)) ld6/sf] b/ldf 5 .)% ; fnb]v pQm :shdf lzlf /x3f >]7 / kç uofzaxfb/ >]7sf] clwsfz ; do :shs} sfdaf laT5 . buhfn 3/kfos lzlf sdf :shsf] dfof a9l xg] ePsfh] l tgn] afx/sfsf] e6bf /fd] ug] wf/Off /V5g\ .)# @ ; fndf klj dfq /x3f] :shnf0{ dfj agfpg buhfn; lxt ^ hgf :yfglo lzlf sn] ^ dlxgf ljgf kfl/>lds lzlf of u/3f] lyP eg] afx/sf lzlfssf nflu tnasf] Joj:yf ul/Psf] lyof] . >]7 e65g\ aafx/sf lzlf hflu/sf nflu cPsf x65g\

t/ :yfglo lzlf sdf ufPsf] :shsf] dfof x65 A t/ , s[0f pdfij sf ; a} :yfglo lzlf sn] buhfn / kç n] h; /L :shnf0{ ; do lbPsf] kf05g\ . lqdfj lzlf s[0f / ; Tofn ufPsf k/f]xt klg ePsfh] ohdfgsf] sfd kb{ :sh} 5f8] hfgk5{ eg] :shaf6 glhs} 3/ ePsf csf{ lzlf /fw]ofd >]7 w]h; f] ; do :sh} cfp5g\ / cP klg yf] ; do dfq a:5g\ . of] pdfij df ! ^ dWb] !) hgf :yfglo lzlf 5g\ .

sf7df8f[sf] l8Nnlahf/l:yt lj ho :df/s pdfij sf lzlf %Ds rnfuf0{ klg ; fj klgs :shsf]k7gkf7gdf ; wf/ ug: yfglo e6bf afx/sf lzlf /Vgkg] wf/Off /V5g\ . pgsf] ts{ 5, a; /sf/L :shdf 3/kfos e6bf afx/sf lzlf z]lfs lqmf snk / :shsf] k]ltsf nflu ; lqno ePsf] b]v65, s]l 3/kfosn] lzlf of sf0f0{ bf] l] kfyldstfdf ; d] /Vg] u/3f] 5g\ . A

lzlf ljefusf cg; Gwfg tyf z]lfs ; Rgf Joj:yfkg zfvfsf clwsf z / axfb/ yk f / lzlf lsfavfgsf pklg z s 8Da/Wj h ykfn] cfknk; sf lgldt 3/kfos lzlfssf] cf88sf] kfhg gePsfh] o:tf] cf88f g/flvPsf] atP . lzlf d6qno; 6 klg 3/kfos lzlfssf] /li6@ tYof] 5g\ . t/ , lzlf sf] clbogdf k/3f /fd3fk ; fhvDa; l; Gwknrf3, sf7df8f/ sfe3f ; d] * j6f dfj tyf pdfij sf !! * lzlf dWb] ^% hgf lzlf :yfglo /x3f] kf0of] eg] % # hgf afx/sf . ; /sf/n] klg ; fj klgs :shsf lzlf snf0{ 3/kfos lgolQm lbg] gllt lnPsf sf/of 3/kfos lzlfssf] afxNo qndzll a9g] qndaf b]v65 .

ljslk lzlf cfjf; uX

c2sf] 3/df a:g' kb{ 3/ afx/af6 cPsf lzlf sn] cg3 vnsf dfq; s tgfa %llgk] x65 . To; h] w] u} - /yfg] lzlf sx; cfjf; uXsf] Joj:yf ugkg] wf/Off /V5g\ . xfn lfgdl6b/ gdf dfj , l; Gwknrf3sf lzlf clgnsdf/ % sfnb] l dfj sbdaf; df lzlf 5f cfjf; uXdf a:g] u/3f] lyP . lzlf cfjf; sf] Joj:yfn] afx/sf lzlf snf0{ 7hf] /fxt k4ofpg] pgsf] cgej 5 . clxn] a; 3f] 3/df kfgl-aQl w] rnfPsf] jf ; fylef0 e63f6 ug{ cPsf] axfgdf 3dfp/f] kf/fn] 3/jfnfaf6 dfq; s tgfa %llg' k/3f] clgnn] lzlf kltlglnf0{ ; gpP . l; Gwknrf3sf] l; l4 sdnb] l dfjn] 3/ ckfos lzlfssf nflu . lzlf cfjf; uX lgdf00 ug] tof/L u/3f] 5 .

-of] l/kf0f pllnvt ljle6 llnsf lzlf sx; ; 6' k; sf] klxn] ; ftf sfe3f] wlnv h / sf7df8f s/ fsgl ul/Psf] x] . k]zlf0fsf] qndaf lzlf sx; tl :yfgdf Pslqt lyP .

3/kfos g}pQd ljsNk

dx>d zdf{ dxflgbz s lzlf ljeFu

3/kfos lzlfssf af/df ;/sf/sf] glt-b[6sf0f s] xf] <

lzlfnsf0{ ;s}Dd 3/kfos ldnfpg] ;/sf/sf] glt xf]. lzlfns lqolQmsf] klqmf0d] lzlfnsf0{ 3/kfos kfgk5{ . ;s}Dd z?d}ufpFj :yfglo JolQmf0{ lqolQm ugk5{ . ljutdf :yfglo txd kof{t of]o JolQmsf] cejdf 6f9f-6f9faf6 lzlfns NofpgkYof] t/ lzlfnsf] ;^Vof a9\$ sf/Of ca Toj] ;d:of 5g .
lzlfssf] 3/kfos z]lfs-pknlAwsf b[6n] rlfXsitsf] nfesf/L ;flat ePsf] 5 <



ls/Of k08]

:yfglo jf aflx/sf lzlfssf]sf/Ofn]dfq z]lfs pknlAw lgwif{Of xg]xf0g . lzlfOf / z]lfs lqmfnsfkklit lzlfns sd7, Odfigb/ clg hfEl/nf] 5 eg] hg; S; lj Bfnon] klg :jtm z]lfs pknlAw xfi;n ug{ ;S5 . t/ klg 3/kfos lzlfns z]lfs pknlAwsf b[6n] slt nfesf/L ePsf] 5 eGg] af/df ax't\cg; Gwfg eg] ul/Psf] 5g . To; h]o; sf]dfkg ug{sl7g 5 . tyflk st}st}3/kfos lzlfns]sfd gu/\$f, 3/fo;L sfddf nllg]u/\$f]ugf; f] ;lgPsf] 5 . t/ sxl 7fpEl 3/kfos lzlfns]/fd]u/\$f pbfX/Of klg 5g\ . 3/kfos lzlfnsdf tTk/tf ePdf ufp / ;dfh; E ldn] p; n]w]/fd]ug{ ;Sg] ;Defjg 5 . ol ;a}S/f lzlfns :joef e/ k5g\ . 3/kfos lzlfns] 3/sf] sfd u/] lj Bfnosf] sfdnf0{ c%hdf kfg] sfd sbflk ugk5g . hgsb}lzlfssf] cfw/et wd{/ st]o lzlfOf xf].

/yfg] lzlfnsx;n] 3/fo;L sfdnf0{ kfyldstf lbPsf] ugf; f] tkf0f] klg ;GgPsf] /x\$. k]oM ufpB/df :yfglo lzlfnsx;n] lzlfOf k}zfnf0{ bf] f] kfyldstfdf /fVg] u/\$f] s/f xfdl htftt} ;G5f} . o; nfo{ ;wfg] tkf0f}sf] sb} ;f]f0 5g <

lzlfns]lj Bfnodf sfd u/]jf gu/\$f]cgludg ug] / lzlfssf]sfo{Dkfbg dNof]g ug]kl/kf6l 5 . Toxl qmddf /fd]ug] / g/fd]ug]lzlfns 5l\$G5g\ . sfo{Dkfbg dNof]gsf] dNofdaf6 k}zfut wd{ Odfigb/lk] \$ k/f ug]lzlfns k/:s] / k]l; flxt ePsf 5g\ . 7lg] clg cl]5l ugk5g ; jtm lg?I; flxt / cfnflrt xG5g\ . /fd] lzlfnsx; cleefjs / 5fq5fqsf]gh/df klg /fd]xG5g\ . o; y{lzlfxs;sf]cgludg :yfglo:t/af6 ug]kl/kf6lnf0{ ;lqno tNofpg' a9l kmbfol xG5 .

To;f] eP ;/sf/; E sfd 7lg] :yfglo lzlfnsf0{ sf/afxl ug]e/kbf] ;eGg jf ljsNk 5g <

d l; 4fGttM 3/kfossf]klfdf 5' . ;a}lzlfns ;se/ :yfglo xgk5{ t/ ltgsf] Joj:yfkg klg :yfglo:t/af6} ul/gk5{ . af/f lhNnfsf] lzlfnsf0{ xDnfd / xDnfsf] lzlfnsf0{ %fkl k%ofpgx5g . lzlfns ;]f cfof]usf] k/liffaf6 5fgPsf lzlfnsf0{klg lhNnfd} lqolQm ug]glt 5 . :sh / lj Bfno Joj:yfkg ;ldtn]klg :yfglo JolQmf0{ g} kfyldstf lbg] ePsf]h] 3/kfossf] ljsNk 5g . ;fdfGotof of]o lzlfns ufpaf6 ;se/ 6f9f hfg rfx5g . cf'gf] ufpElf gkPdf dfq 6f9f hfg] xf].

t/f0af6 lxdfndf uP/ lzlfns ag\$]f JolQm Ps k6s 3/ knsE nfd] ;do laT5, p; nfo{ lj bfn] k]bg . o; af6 lj Bfnosf]k7gkf7gdf uDel/ lft k]5 . To; sf/Of :shsf] ;wf/sf nflu 3/kfos lzlfns g}pQd ljsNk xf].

aflx/sf cyf\ 3/ckfos lzlfns] cfnk;sf lglDt .lzlfns cfj; u]l sf]Joj:yf eP /fxt k]g]atfPsf 5g\ . ;/sf/n]To; tkn s]l ;f]f] 5 <

aflx/sf lzlfssf lglDt lzlfns cfj; u]sf]Joj:yf pQd cjw/Off xf]. t/ o; nfo{ ;/sf/n] sfof]og ug{ ;Sg]cj:yf 5g . 3/ckfos dlxfn lzlfnsf0{cfj; sf nflu ;/sf/n]c]ly\$;xlnotsf]Joj:yf u/\$f]5 . aflx/sf lzlfssf nflu lj Bfno / :yfglo txaf6 5qaf;df a:g] Joj:yf ;d] sltko :yfgdf ul/Psf]5 . To; h] aflx/sf lzlfssf nflu :yfglo:t/af6 g}cfj; sf] plrt Joj:yf ul/g' cfjZos 5 .

tkf0f]ljrf/df ;/sf/L :shsf]:t/ vl:sgdf /yfg] lzlfns / aflx/sf lzlfnsd]w]sf]a9l lhDd]f/ 5g\ <

;/sf/L :shsf]:t/ v:s\$]xf]0g, ck]ffsf ;wf/ gePsf]dfq xf]. P;Pn;lsf]glthf klg /fli6@ dfkb08sf] xf/fx/ld}5 . xfd]ck]ff cg;f/ ;/sf/L :shd k7gkf7g gXgdf lzlfnsdf tTk/tfsf]sldsf clt/Qm cleefjssf] ;lqmtf, 5fq5fqsf] pT;stf, lj Bfnosf] e]ts tyf z]lfs jftfj/Of cflb lzlfOf lqmfnsfk; E ;DalGwt klfsf]eldsn] klg of] dldndf cy{/fV5 . lzlfssf] sf/Ofn]dfq o:t] ePsf] lgrf\$;xl xf]0g . lzlfnsdf pT;fx / hfEl, cleefjsdf ;r]tf clg 5fq5fqdf l;Sg] pT;stf / lj Bfnodf kOf{z]lfs jftfj/Of ePdf ;/sf/L :shsf] k7gkf7g t]sfn] ;wf/ xg;S5 . c% dxTj kOf{ s/f s]xf]eg]lzlfnsx; lj Bfyl{/ cleefj sklt hjfkn]xl ag\$]v08df lj Bfnodf kl/jtG z? xG5 .

cfj/0f :ynut

k0f{ a:g], l; Gwhldf



ti:a/x; k0f{ a:g]

cltl/QmJoJ ; fo

l;Gwhlsf sl/a !()) lzlfsvWb]cfwfeGf a9L 3/ jf ;b/dsfd glhssf :shdf k9fp5g\ t/ lzlfs ;3; :yfsf kltlgwX;sf]cgejdf o;sf]kl/0ffd pI;fxhgs 5g .

l;Gwhlsf]sdnfd0(gu/kfnsf-\$ l; nfd]yt sdnf hgHoflt dlijsf lzlfs jf; b] bxfn ^ k' sf] dWofg df8lahf/sf] cf'g] k; ndf sk8f aPb] lyP . To; cl3 pgsf] :shsf ; xsdl; n] pgl tflndsf nflu labdf /x\$] hfgsf/L lbPsf lyP . sgkf-\$, dw6f/sf bxfn a9]fsf nflu clgjfo{ dflgPsf] tflnd lng a; r9] x/\$ laxfg ^#) ah] ledfg kU5g\ . !!#) df kntPk15 cf'gf] k; ndf Jofkf/ u5g\ . tflnd ; lSpk15 df3blv pgsf] k/fg] ?l6g bxfll/g] 5, laxfg (#) ah] :sh hfg] \$#) df kntsg] / af5L ; do Jofkf/df nufpg] . klj sf gkfnl ljifosf lzlfs bxfn e65g\ . @) #) ; fnbllv k9fp5]cfPsf] 5; To]tnan]s]l yu\$] 5g, yk cfo; f]sf nflu sfd ug] kg] a]llotf 5 A

; b/dsfd df8lahf/af6 !# sfij kj' df kg] 88e-Hofa ufp5f w] kxf8L ; b/dsfd}uf@tl gdfp pRr dlijsf n]yf lzlfs xg\ . t/, pgl x/\$ laxfg cf'g] :shsf] . kn; 6udf klg k9fp5g\ . bluq ufpF5f8] ; b/dsfd a:bf 5f]f5f]L af]8e :shdf k9fpg, ;DkIQ ykg / cf'gf] of]ltof a9fpg ; lhnf] ePsf] pgsf] cgej 5 . bxfn / kxf8Lsf] h:t} ; ljwf / cltl/Qm cfDbfglsf nflu 3/ jf ; b/dsfd kfos ; ?jf xg vllg] lzlfsv;sf] rfk 7hf] 5 l; Gwhldf . lhnf lzlf sfofhosf cg; f/ b/abbl / /xft sf]f; lxt sl/a !()) lzlfsvWb]

cfwfeGf a9L 3/kfos cyff\yfglo 5gV c; lzlfsv; klg 3/kfos ; ?jfsf nflu kfom ; b/dsfd wf0/x\$ x65g\ . o; jif{ ; ?jf ul/Psf !@& hgfDw0] () kltzt hlt 3/kfosdf k/\$] atfp5g\ gkfn lzlfs olgog l; Gwhlsf ; lrj uf\$0f{ ykf . cf'g] ufp5f] :shdf ;]f ug] 0R5f /fv] jf /fd] lzlfs ePsf] ufp5; n] g]dfu u/] 3/kfos ; ?jf xg] lzlfsv; klg 5g\ . P; Pn; l kf; u/] klug] / ljifo ldNg' gkg] ePsf] klj txd f 3/kfos a9L 5g\ .

w] } lzlfs
3/kfos rfx65g\
t/ 3/kfos
a:g' /fd] xf]
eG] kdfloft
ug] ; lSpG .

zflnu]d kf]h
clWbf lzlfs olgog,
l; Gwhl



.3/ ; fgkbfU

v|lkftl, Jofkf/, 7\$skf h:tf Joj; fo rnfP/ cltl/Qm
c|Dbfgl ug{; lsg|ePsf|3/kfos ; ?jf v|fgk; sf] rfk
a9\$] lzlf clwsf/lx;sf] cgej 5 . 3/kfos xbf
kl/jf/; U}a:g kf0g|ePsf|lg|Zr6t eP/ k9fpg ; lsg5
e6g|lzlf; klg kz:t e|65g\ 3/kfos gxbf lzlf|nf0{
cf'gf| k|j/f/sf|lr6tf xg| / To; af6 k7gkf7gdf c; /
kg| cgej ; gfpf] rf/ j6f :sh rxf|; s\$] bxfn
e65g\ a3/kfos gxbf htf c|k| uof|Tot} 3/ -kl/jf/_
; fg{ kVof| clxn| w|} ; lhnf| ePsf| 5 A

lzlf; ; 3; E7gsf k|t|glwx; ls /sf/n|3/kfossf|
Joj:yf ugk|ls t bu6df a:g|lzlf;nf0{yk ; ljwf
lbgk|7f65g\ . lzlf|nf0{ /fh\$] 7fpf] h|lu/sf| Joj:yf
ugk| / ktl-k|gl 5g\eg| Pp6} :shdf ldn0lbgk|
atfpf]g|k|n /li6e lzlf; ; E7g l; Gwhlsf clwf tyf
hghfu/0f pRr dflj x; f{lsf
k|v|fg|l|oks shd|of c|rf0{ e65g\
a; /sf/n|clt bu6 l|df klg /fd|
lzlf; hfg v|fg|j|ftj /of agf0lP
3/kfos v|fg| rfk ; jtm 365 A

t/ 3/kfos xbf lzlf; 3/sf|
sfdaf6 yfs| :sh k|g| ePsf|n|
lj Bfyl|ly To; sf] c; / kg|u/\$f|
tyf ufpf] Pp6} JolQm| w|} sfd
ubf{ cj; / gkfp|; n| a|f /Vg|
; d:of b|v|Psf|cgej ; gfp5g\lzlf
olgog l; Gwhlsf clwf tyf hghfu|
pRr dflj ledfgsf k6 z|fnu|d
kf| . pgl e65g\ a|w|} lzlf
3/kfos rfx65g\t/ 3/kfos a:g'
/fd|] xf| e6g| k|f|oft ug{ rfx|f
; lPsf| 5g A

lzlf sf0f|osf Ps clws|sf
cg; f/ 3/kfos ; ?jfsf| nflu
; b/dsfd w|pg| lzlf; sg| lbg
66b|g\l; Gwhldf . pglx; ; ?jf
ldnfp|gsf nflu ; ae6bf klxf
lzlf|ssf ; 3; yf tyf bnsf|
sf0f|odf kl5g\ / Toxf|6 k|n| u/fP/ dfq lzlf
sf0f|o cfp5g\ . lzlf sf0f|osf clws| uf\$0f{sf|s|f|
; e|hs|j|df tlg j6f lzlf; ; 3; E7gsf k|t|glwx;
/fv| sf0f|n agf0Psf|n|o; k6s /fh|llts x:t|f|sf|
; fdgf ug{; xh ePsf|atfpf]csf{Ps clws| e65g\
a; k|n| ; ae6bf /fd|] U ; d%bf/L u/ 3/kfos ; ?jfsf|
; xdt eof| A

; b/dsfdcf cf|/f|

3/kfos; U; ?jf eP/ ; b/dsfd cfp| rfxg|lzlf;sf|
rfk w|gg; Sg' 5 l; Gwhldf . To; /l ; b/dsfd cfp|
v|fg| lzlf; clwsfz bn jf lzlf; ; 3; yf|f
cfj 4 xg| ePsf|n| lzlf sf0f|on| klg ; d|j o ug{

; ls/x\$] b|v|fg . h; n| ubf{ ; b/dsfdsf :shdf
lzlf; kh -tf|sPsf|b|a6le6bf a9L_df /xg|cj:yf
5 eg| bu6sf sltko :shx;df lzlf|ssf| cefj 5 .
; b/dsfdsf|9^u|f; l:yt sdnf pdflj sf lj 1fg lzlf
; ?jf eP/ sf7df8f|uPkl5 To| :yfgdf gof|s\$|f6
; fd|hs ljifosf / %f|f|f| /ftd6faf6 lj 1fgsf
lzlf|nf0{Nof0of| h; n| ubf{ Ps hfg lzlf khdf
a:gk|cj:yf l; hgf eof| .

%) hfg lj Bfyl|nf0{ b0{ hfg lzlf xgk| ; /sf/l
kljwfg lj k/lt &@ hfg lj Bfyl| ePsf| ; b/dsfdsf|
afnd|b/ kljdf ^ hfg lzlf 5g\ . t/ &%) hfg
lj Bfyl|ePsf|hvg|sf|z|/Zj/ pdflj cfj Zostfcg; f/
lzlf gePsf|n| lghl ; f|af6 dl:snn| rln/x\$] 5 .
lzlf;sf| ; b/dsfd k|n|ufp|f :shx; vfnl xg| Sg|
vt/f b|v|fg| x; f|lsf k6 c|rf0{ e65g\ a|lzlf;
; b/dsfd tf6b| h|f| hfg lzlf
ePsf|cdf|] ufpf] Pp6f :sh 1/Q|
ePkl5 ; b/dsfdaf6 Ps hfg lzlf
k7P/ lj Bfyl|]h|f Ing' k/\$] 36gf
c6o :shdf g|f|f|of| \A

lzlf sf0f|osf cg; f/ xfn
l; Gwhl ; b/dsfdcf klj sf &@
lgdflj sf Ps / dflj sf tlg u/l &^
hfg lzlf khdf 5g\ . /fh|llts
bnx; U|sf| kxFnf0{ k|f| u/ 7| tl
lzlf; bu6sf :shdf hfg d|b|g\
ptf lzlf sf0f|on| lzlf /fxt
cgbfg sf6faf6 bu6sf :shdf
lzlf; k7fpg| u/\$] 5, hf|
thgf|ds ; kdf cblf dfg65g\
clvn g|k|n lzlf; ; E7g l; Gwhlsf
; lrjfn; b:o tyf 8Be-Hof^l:yt
s6-h|klj sf k6 xl/axfb/ b|sf6f
e65g\ a|fxt sf6faf6 cfp|] lzlf
k|f| :yfglo x65g\ Ps hfg lgoQm
ePsf| 7fpf] tlg hfg; Ddn| h|lu/
v|65g\A



**a; b/dsfdsf :shx;
/fh|llts bnsf etl\$|b|
h:tf ePsf 5g\ ; ?jf
eP/ ; b/dsfd cfp|w|b|
((kl|zt bnsf| 0R5f /
z|Qmsf| cfwf/df cfp5g\A**

k6= buf|fh b|sf6f

sn| jf .kn; 60df k9fP/
Jofkf/ jf 7\$skf u/ cltl/Qm c|Dbfgl ug{; lsg|
5f|f5f|nf0{af|8e :shdf k9fpg / ; 3; E7gdf nfu|
cf'gf| g|t|j lj sf; ug{ kf0g| ePsf|n| ; ?jfsf nflu
/fh|llts kxF ePsf; n| ; b/dsfd tfSg|u/\$f 5g\
l; Gwhlsf dflj / pdflj sf sl/a *) kl|zt lzlf; ;
; b/dsfd cfp| rfx|klg tld|b|n / lzlf; ; 3; yf|f
alnof|kxF ePsf; n|dfq|cj; / kfp|]u/\$]atfpf]g\
z|/Zj/ pdflj hvgsf k6 buf|fh b|sf6f . o; /l
c|Psf|d|w|sl/a ^) hfg lzlf; ; b/dsfdcf|x\$]f|
atfpf] k6 b|sf6f e65g\ a; b/dsfdsf :shx;
/fh|llts bnsf etl\$|b| h:tf ePsf 5g\ ; ?jf eP/
; b/dsfd cfp|w|b| ((kl|zt bnsf| 0R5f / z|Qmsf|
cfwf/df cfp5g\A

cfj/0f :ynut

wā I; Dv8f, ađldf

.3/ xf0g lj Bfno kfos 7fGg; á

Izlfs 3/kfossf xg\of aflx/af6 cfPsf xg\tof]7hf]s/f xf0g . pglx; dđđtl, nugzln / blf 5g\eg] hxfēf ePklg u0f:t/lo k7gkf7g ug{ ;S5g\.

h | Éaxfb/ Is;fg Doflubl, dbl ufpFlj sf; l:yt >l al4 lj sf; lg0g dfWolds lj Bfnosf kłwfgłWofks xg\ . ;f;l lhNnfsf] b/eEf uflj ; sf :yfol afl; Gbf Is;fgnf0{ 3/af6 lj Bfno klg * 306f nfu5 . pgnf0{ lbgxFlx8} lj Bfno wfGg ; Dej 5đ . To; ħ] lj ut bz jifk]v pgl lj Bfno glhs} /xšf] uflj ; ejgdf 8f InP/ a:b} cfPsf 5g\ . lhNnflg} klg 8f InP/ k9fpg' kbff] cK7f] atp6} pgl eG5g\ ænuf wg; vfgf ksfpGsf ; fy} ; a} 3/- w0bf cfk] ug{5{.Æ pgl dlxgf la/fP/ kl/jf/hgl; t e3f6 ug{ 3/ kU5g\ . 3/kfos ; ?jf ldnfpg w} k0f; u/klg ; kmn gePsf] ugf; f] pgl u5g\ . ; ?jfsf] sfd lgs} %6%6nf] 5 . Isgeg] ; ?jf dfu ug{ Izlfs :j0æ} cfk]nf0{ ldnG} sf0f vfln ePsf] lj Bfno kQf nufP/ p; sf] ; xdl t ; dđ lngkg] xG5 . Isgeg] 5f8đ / hfg rfxšf] b] ħt/ sf lj Bfnosf] ; xdl t aš/ ; ?jf ug{ gldNg] lgoddf pNny 5 .
ptf, lrtjg /Tgg/, 6f0sf :yfol afl; Gbf jf; b] cfrfo{ @ jifk]v Doflubs} buđ uhf{ ufpFyt hgsNof0f lgdf] df k9fp6} cfPsf 5g\ . pgl :yfol ePsf] klg !* jif{ e0; Sof]. tklg 3/kfosdf ; ?jf ldnfpg ; sšf 5đg\ . 3/kl/jf/sf] x]lj rf/ ug{ gkP klg lj Bflynf0{ k9f0df ; Gt16 kfg{ ; sšf0f pgl vZl 5g\ . pgl eG5g\ æ3/kfos



xēf laxfg-aħšf 3/sf] sfdff Jo:t xf0Gyof]. otf To] ; dodf cfkm' a:g] 3/ / j/k/sf sšfs0nf0{ k9fp6' . lj Bfno ; do afxš klg k7gkf7gd} laT5 .Æ cfrfošf] eflf0; Ē ; xdt l5g\ ; b/dsfdl:yt ađl k;ttlj t df] sl kłwfgłWofks tlyšdf/l >ĭ . 3/kfossf] ljifo dfgj dl:tis; Ē ; DalGwt ePsf] pgsf] a%0 5 . lj Bfno ; dodf .d Izlfs xēf eGg] ; f] k9fpgkg] pgsf] cfux 5 . :yfglo Izlfsn] rfal; } 306f 3/sf] sfdff .6đ; gl lnēf k7gkf7gd] xlg klg] u/šf] cgej ; ħfp6} pgl



3/kfosdf a:g' egšf] 3/sf nfluēbf lj Bfnodf a9L lbnr:kl lbgf] lglDt x]. o:tf] cj:yfdf Izlfsnf0{ 8f cflbsf] %6%6 gxg] xēf %g\ /fd] Ē k9fpg ; S5g\ .Æ

kfrfo{hÉaxfb/ ujħf



titax/lls/008

b]l:yfgsf kwfgllwoks 8Da/axfb/ 3tl{ du/sf
cg;f/ 3/kfos xff km0bf / j]km0bf bj } 5 .
3/kfos xff 3/ / ;dfhk|tsf] bxf7f] lhDd]f/l
lgjfx ug{ ;xh xg'sf ;fy}ljBfnodf klg lgoldt
xg ;lsG5 . t/ h]s}ePklg 3/kl/jf/ ;fydf
ePkI5 yk cllwog ug{eg} %%%l6nf] xg} 3tl{
du/sf] cgej 5 . cyzf:qsf lzlfS 3tl{eG5g\
æ3/blv 6f9fsf] ljBfno ePsf] eP a9L ;do cllwog
ug{/ of]otf c%} a9fpg ;lsGvof] h:tf] nll5 .Æ
clxn\$]f Gog ;]f-;ljwdf ckfosdf /xgkbf{
lzlfSnf0{ w}] dsf{k/\$]f atfpg} xð dflj , tfsd,
Doflblsf lzlfS lu/L 5Gtofn 3/sf] sfdnf0{ yftl
/fv] ;dosf] Joj:yfkg ug{ ;s} 3/kfos ldnfP/
a:g' /fd]f] xg] atfP5g\ . 3/kfossf lzlfSnf0{ pgsf]
;%j 5 , æ3/sf] sfddf Jo:t xgeof] eg] tkfOF
ylst aGxG5 / /fd/L k9fpg ;SgxGg . To; }
To;f] sbilk gug{\ . 3/kfos xff0g, ljBfnosf]
kfosdf 5' eGg] ;f] sfd ug{\Æ Doflblsf]
;b/dsfid aqll:yt Go" j]6 kJf0G6 pRr dflwldssf
klrf0{ 8LpN= /fhj zlsf] ljrf/df rlfxFzlzfSn]
lzlf0f kzfnf0{Jofj ;flos ;kdf ;f] eg]
3/kfossf xffpny\jf gxfpny\vf; } km's kbq .
klrf0{ 8LhNnf lzlf clwsf/L nvg yfkf klg
; xdt blvG5g\ . pgl eG5g\ æzlfS 3/kfossf
ePklg afx/sf ePklg Odfgbf/, nugzln / d]q]tl
eP eg] sg} km's kbq .Æ

elG5g\ æd7f] ljBfnodf :yfgloeGbf afx/af6
cfPsf lzlfSx; a9L ;do v6gxG5 .Æ
:yfglo lzlfSx; k7gk7gdf eGbf klg
cf'g}sfddf a9L Jo:t xg] / slff vfln
xg] ;d:ofaf6 cfkm' lbSs ePsf] klg
tly\$df/lsf] syg 5 .

dfcf] fbl ;z:q æGäsf a]hf eg]
lzlfSx; ufpB/s} xffpny\jf afx/sf
; a]hf0{ lgs} ;d:of lyof] . .nqll sf ;kdf
dfcf] fblnf0{ rGbf a%fpg' t 5B} lyof]
To; afx\$ ljBfyl{ lxt pglx;n} dfcf] fblsf
; z:q ultljwdf ;xflutf hgfpqkg]
afllotf klg lyof] . 3/kfos eP klg o:t}
df/ v]k\$]f Ps lzlfssf] kl8f klg sd xffoljbf/s
5q . @)! c;f/df Ps dlxgf;Dd dfcf] fblsf]
ckx/0fdf k/\$]f ls;fgl pRr dfljsf klrf0{
hEaxfb/ uj hf ufpB} ljBfnodf k9fp5g\
3/kfos ldn\$]f] 87f lnP/ a:gkg] %%% gePsf]
/ ufp]h] klg ef0, 5f]fs}Jojxf/ ugff]
ljBfnonf0{ k/f ;do lbg ; lhnf] k/\$]f pgl
atfP5g\ . 3/kfos ldnfpg' eg\$]f 3/sf] sfd ug{
ge0{ljBfnodf a9L lbnr:kl lbgf] lglDt xf] eGb}
klrf0{uj hfn] eg] æo:tf] cj:yfdf lzlfSn] %g\
/fd]f] 8L k9fpg ;S5g\Æ pgsf] 3/ / ljBfno bj}
Doflbl lhnfnsf] ald uflj ;df k5q\ . eld dflj

**lzlfSn] lzlf0f
kzfnf0{Jofj ;flos
;kdf ;f] eg]
3/kfossf xffpny\
jf gxfpny\vf; }
km's kbq .**



**klrf0{ 8LpN=
/fhj zl**

Doflblsf klljblv dflj ;Ddsf @#^ ljBfnodw0]
kllj :t/sf w}] lzlfSx; :yfglo 5g\eg] dflj sf]
l:ylt leG 5 . kxf8sf ufpB/df lj1fg, ul0ft /
c^a]hl k9fpg] lzlfssf] cefj n] ubf{ afx/af6 lzlfS
Nofpgkg] afllotf /x\$]f 5 . To;f] t s]l lzlfS
allhNnf eQf / blq eQfsf] nflu klg 3/kfossf]
Toit jf:tf ubqg\ . /fhon] klg lghfdtl sdf/l; /x
;]f-;ljwf lbP/ lzlfSnf0{ 6f9f6f9f k7fpg ;ls/x\$]f]
cj:yf 5q . lhnf lzlf clwsf/L nvg yfksf
cg;f/ Doflbd clwsfz lzlfssf] 3/kfos ldn\$]f]
5 . yfkf eG5g\ æo; n] k7gk7gdf sg} km's
kf/\$]f 5q .Æ

3/kfosM dWbdfu{g}plrt

.lz | fnsnf0{3/kfosl Pp6f cToGt Jofj xfl/s
 cjwf/Off h:tf] nflu5 . t/ Jofks cydf
 of]Pp6f JolStd f ; ldt /x6g . lzlfnsnf0{3/kfoslsf
 nfe-xfg, klqmf-kefj tyf lzlf0f-l; sf0 pknAw; E
 hf8] xg] x] eg] o; nf0{udel/ ; flGts ljifo gdfgl
 ; v} 5g . lzlf lbg] / lzlf lng] klqmfdf lzlf /
 lj Bfyl{dfq}; fdh x65g\ . t/ zlf]s jftfj/Of lgoldt
 ug] ; xh l; sf0 l; hgf ug] cj ; /x; kbfg tyf uxof
 ug] u/fpg] klqmfdf lzlf-
 lj Bfylsf cnfj cleefj s ; dfh
 / /Ho klg ; lDlnt x65g\ .
 ol ; a}; /f3f/jfnfx;sf] ; Gtint
 kxnaf6 dfq zlf]s pknAw xfl; n ug]
 ; ls65 . t/ klg ; To s]x]eg]lzlf0f-l; sf0 klqmf]s]
 kdV ; xeful kfq lzlf xfl / p; sf] 3/kfos] kefj
 zlf]s pknAwdf cjZo k5{.

xfd] zlf]s p]kfbgs] b/ ; dfq
 5g . uldlOf Onfsdf nfd] ; dob]v
 dwz] ; dbfosf lzlf sx;sf] afxNo 5 .
 lj ifout ; kdf klg sxl To:tf ; d:ofx;
 5g\ . h:tf] dWo tyf ; b/kIzrdsf
 clwsfz :shx;df clxn] klg lj 1fg
 lzlf t/f0]f; l g} 5g\ . of] cj:yfdf
 .lzlfnsnf0{3/kfosl sf]gf/df Psrffl
 ; ahf0{ ; f6km] u}of]eg] s}f} Bfnodf
 lj ifout lzlf e]lg] 5gg\ / s}f} Bfnodf
 Pp6}lj ifosf w}] lzlf ylk] 5g\ .
 kxfl :shx;df lj 1fg lzlfssf]
 v8] g]kg] . To; sf]gsf/fids kefj zlf]s pknAwdf
 kg{ hf65 .

3/kfos lzlf sx;n] lj Bfnoklt Tolt rf; f] g]bg]
 3/sf]sfd u/] :sh hf] ; dbfo; E ; fdf]hs ; DaGwsf]
 gddf lj Bfnodf xflh/ gxb] :yfglo cleefj s tyf
 Joj:yfkg ; ldltnf0{gftfuff] / euf]hs ; DaGwsf sf/Of
 c6] ug] h:tf k] Qx; w}] dfqdf b]v65g\ . ; fdf]hs
 ; DaGw / Jofj xfl/s d]ldnfx;n] :yfglo lzlf slfd
 sd pkl:yt xg] s/fdf klg ; Totf gePsf] x]g .
 pbfx/Ofsf nflu of] k^Nsf/n] kf]yds lzlf xfl; n
 u/3f] :shdf tl] hgf :yfglo lzlf lyP . ufpdf d]to'
 ePdf tl] hgf dnfdl hf]y] . To] lbg lj Bfno agb
 xGyof] .

JolStut tyf kfl/jfl/s ; kdf lzlfnsnf0{..3/kfosl
 lgZro g} ; sf/f]ds xg; S5 . ltn] lzlf0f; E cf^gf]
 v]lkftl, Jofk/, Joj ; fo / kl/jf/sf] x]rfx ug] ; do
 kfp5g\ . t/ lj Bfnoklt pgsf]eldsf plt; f/f] kefj sf/l
 xg ; S5 . s; }s; } 3/kfos lzlf sx;df %g\ a9l

pQ/bf]o]j jxg ug] dg]efjgf x65 eg] ts{unf6\ .
 t/ Toxf]g/ lzlf lj Bfnoklt b]x]f]f] eldsf lgefpg
 a]Wo x65g\ . 3/kfos lzlf lzlf tyf cleefj ssf]
 b]x]f]f] eldsdf x65g\ . zlf]s pknAw] b]l6sf]n]
 Pp6f lzlf]sn] . lzlf]s dfq eP/ hlt zlf]s of]ubfg
 lbg; S5 Tolt g}of]ubfg ; eQmjf ax-eldsf lg]fx u/]
 lbg ; Sb} . lj Bfno Joj:yfkg ; ldt tyf cleefj sx;n]
 klg :yfglo lzlfnsnf0{s8f lgbz}g ; :ki6s/Of jf bafa
 lbg ; Sb}g\ . lj Bfyl{x;df afx/l lzlfnsnf0{ u? dfq]
 hlt 1fg xfl; n ug] dg]f] flgs ; lqmf x65, Tolt
 :yfglo lzlfsklt x6g . To; sf]sf/Of x] :yfglo lzlf
 tl lj Bfyl{x;sf afaf, sfsf, bf0, ddf, sfs, eph"
 xg; S5g\ / p]gx; u? nflu} nflu}g\ .

lzlfnsnf0{3/kfos ubf{thgf]ds ; kdf zlf]s pknAw
 Gog x65 . t/ Pp6f lzlfnsnf0{hlj ge/ cf^gf]ufpB/sf]
 cgx/ b]v]fpgx6g efg] klg d]f] egf0
 x]g .

thgf]ds ; kdf sd-a]l zlf]s
 pknAw xfl; n eP tfklg lg/k]f
 ..3/kfosl jf ..3/afx/l bj}lj rf/ 7ls
 x]g]g\ . bj}lj rf/nf0{x]dln] ; fk]ftdf
 x]g]g]x65 . To; f]ubf{zlf]s pknAw]nf0{
 Wofgdf /fv] Pp6f o:tf]af6] ckgfpg
 ; ls65, h; n] 3/kfos jf 3/afx/ efg]
 lj rf/nf0{ k/} c6To ul/lb65 .

Pp6f :yfol lzlfssf] @]jif] hflu/
 cj]wnf0{rf/ efudf afB] x]f]f] p; sf]
 sh hflu/ cj]wsf]klxn]kf] jif{bz]sf]

sg] klg efudf p; nf0{ v6fpg ; ls65 . of] p; sf]
 lzlf hljgsf] k]l]Des / cgej xfl; n ug] v08
 x65 . latlo, % b]v !] jif]cj]w . of]p; sf]p6gtzln
 / pj] ; do x] . Toltahf p; nf0{klxn]sf] 7fpF; ud
 eP bu} / bu} eP ; lddf v6f0gk5{ . t]lo, p; sf]
 !] b]v !% jif]sf] hflu/sf] ; do . Toltahf p; sf]
 hflu/ dWo ; doaf6 cf]fnf] nflu} x65 . tyflk p; df
 lj zfn cgej xfl; n e0; s3f]x65 . o; sfndf p; nf0{
 cf^gf] lhn]leq v6f0gk5{ . Pp6f lzlfssf] hflu/sf]
 cl6td ; do -!% b]v @]jif] sf]nv08_df kfl/jfl/s
 ; d:ofx; j]4 x65g\ . pm zf/l]s ; kdf sdhf] x6]
 hf65 . hflu/sf]klg lbgu6tl z? x65 . p; df ; dfh; j]sf
 efjx; 5rlls65g\ . To; cj]wdf kfl/jfl/s ldn] /
 ; fdf]hs ; DaGwsf]a9xf v]f]f]k5{ . To; sf]af6 klg
 p; nf0{ 3/kfos kfl/gk5{ . lzlf hljgsf] pQ/f4df
 lzlfnsnf0{cf^g} 7fpdf v6f0gk5{ .

wd{fh /ldl
 8ln, sf7df8f

st{foaf} eP kU5

lzlsssf nflu 3/kfos eGfn]:yfol 3/af6 blgs ħkdf
 cfknh]k9fpg]:sh hfg cfpq ldNg]cj:yfnf0{a%p5 .
 !@ b]v !% lsd;Dd jf b0{tlg 306fsf]b/lnf0{3/kfos
 dfGg ; lS65 . lzlsssf]:yfol af; :yfg / ljBfnoalrsf]
 b/]n]ljBfyl{sf]z]lfs pkn]awdf kēj kfl//x\$}x65 .
 3/kfos lzlfs :yfglo jftfj/Of; Ē a9l kl/lrt xg]
 ePsf]n] p; n] ljBfyl{sf] ; fdlhs, cfly\$, ; f:s[ts
 cj:yfcg;f/ lzlfof ug{/ slffsf] axlj]wtfnf0{ ; xl
 Joj:yfkg ug{; S5 . ; fy}3/kfos lzlfs / ljBfyl{lr
 kfl/jfl/s / ; fdbfos ; Da6w xg] ePsf]n] ljBfyl{ĸ;n]
 lzlfs; Ē vh] cf^gf ; d:ofx; /vG ; S5g\ . ljBfyl{ĸ]
 c6o ; dodf xg] ; fdlhs, ; f:s[ts ultljwx;nf0{z]lfs
 p2]o; Ē hf8g ; S5g\ . o:tf ultljwaf6 l; sf0 hljĸt
 x65 .

t/ shb]tfsf] khf, 5f]fsf] aġa6w, ljjfx, dnfdl
 h:tf ; fdlhs ; f:s[ts ultljwdf ; n]lg xgkg]sf/Ofn]
 3/kfos lzlfsn]:shdf kof]t ; do lbg g; s\$} pbfX/Of
 kĸ:t 5g\ . :sh cfp] g]dnf]/ xF; of lnP/ cfpq]tyf
 vfnl ; dodf 3fF sf6] 3/ kns] lnP/ hfg] dfq
 xflg, l6kngsf]; dodf e]l r/fpg hfg]k]Q klg 3/kfos
 lzlfsx;df blvg] u/\$}f] 5 . tlg bzs k9f0; s\$} /
 %) jif{pd] gf3\$} 3/kfos lzlfsx; c%} hflu/df
 3fl60/x\$}f] 5g\ . clwsfz 3/kfos lzlfsx;n]lzlfofafx\$
 ; dfgĸt/ Joj; fo rnf0/x\$}f] 5g\ . lzlfof kĸfaf6 dfq
 hlj]sf]kthg ug{dl:sn kg]cj:yfdf of] ; fdf6o h:tf]
 nfu] klg j\$]nks Joj; fosf] :jfb kfo; s\$} lzlfsx;n]
 lzlfofeĸbf Tox] sfdnf0{a9l dxĸj lbg] u/\$}f] 5g\ .

3/kfos lzlfs, ; dbfosf] ; lqno ; b:o, Joj; fosf]
 dflns, kl/jf/sf]; b:o ePsf]n]:shsf]; fF]3/d]5f8g]
 jf ljBtV 6]kn]k]sf]aln af\$] :sh hfg]klg ul//x\$}f]
 5g\ . To; ĩ]3/kfos lzlfsn]:yfglo ; dbfosf]; b:osf]
 xĸ; otn]:shdf klg cf^gf] eldsf ; lglZrt u/l sfo{
 ug]ck]ff t /vG ; lS65 t/ oyfy]of o:tf]ck]ff k/f
 ePsf] 5g\ .

3/kfossf]; sf/]f]ds gs/]f]ds b]kēj ePsf]n]
 ; do jf e]l]hsf] b/]sf] cfwf/df eGbf klg .dfgl; s
 b/]w sf]cfwf/df o; nf0{JofVof ul/gkb\$. 3/kfos /
 ckfos b]kēj]lzlfsn]:sh / cfk]alr dfgl; s b/l tof/
 ub\$g\ . ol s/fx;df cfjZos Wofg gk]bf ljBfno /
 lzlsssf] b/l sd xg ; sĸ / z]lfs pkn]aw sdhf]
 /Xof]. xfdl lzlfsdf st{foaf]w] ePg eg]x]fdln]k9fpg]
 ljBfyl{ klg To:t} x65g\ . st{foaf]w] dfq xfdlnf0{
 nugzln, l; hĸ]f]ds / cl]boogzln agfp5 cig xfdl /
 ljBfno alrsf] b/l klg 36fp5 . ; fy}ljBfyl{sf] z]lfs
 :t/ j]4df klg lgo]f]6s eldsf v]5 .

Zofdk]fb nfld5fg]
 eldf]o pdflj uf]v

.3/kfos} pQdl

d]f sĸl ; xsdl{/ cĸ ; fylx; klg cfknh]
 sfd ug]7fpF3/g]l]hs ePdf ; fdlhs, cfly\$
 Pj+z]lfs ħkdf kn]bf x65 eGg] 7f65g\ .
 labdf 3/fo; l sfd / eĸ3f6 ug{ ; lS65 eg]
 cf^gf 5f]f5f]l / kl/jf/ ; Ē; Ē}a:g ; lsg]
 ePsf]n] 3/kfosn] sĸl klg ud]fpgk]ĸ . c%
 6f9f6f9fsf lzlfs h:tf] cfp]fp ul//xg] %-%6
 xGg :yfglo lzlfsx;nf0{ .

dlxn] lzlfsx;nf0{ t %g\3/kfos hflu/
 a8f] cfjZos ePsf] kĸlt x65 . o:tf] gx]f
 >ldfgsf] ; ?j; Ē} pglx;n] lzlfof kĸf 5f\$}f
 pbfX/Of klg 5g\ . kl/Ofd:j?k afnaf]nsf;sf]
 egf{ k]lt / pglx;sf] lg/ĸt/tfd]wSsf n]lg]
 u/\$}f] tYo klg au]tl 5g\ . af]x/ uP/ cs{
 7fp]f] e]l]h, ; dfh, /lt/]jfh, lj sf; cflbsf
 af/]df k9fpgēĸbf cf^g}ufp]fp]f] af/]df k9f]f
 kēj sf/l x65 . clxn] ; ĸlotf / /f]ho
 kĸ; frgfsf d2f dvl/t x6} uPsf]n] 3/kfos
 hflu/ hfoh 5 .

**dgf]flgs ħkdf klg 3/kfos lzlfs
 a9l ; ĸt16 / kl/ksj aGg] xbf ljz]u/l
 5fqfx;dfly xg; Sg] ofĸ blo]xf/df sdl
 cfpq ; S5 .**

To; f] t csf] :yfgdf u0{ sfd ubf{ st{fo /
 pQ/b]lo]j af]w, sfo{fdt]df j]4 tyf aĸa sd
 xg] klg dflg65 . 3/kfos lzlfsn] 7U5g\
 :shnf0{ eGbf 3/nf0{ dxĸj lb} labdf a:g]
 :sh gc]P klg xflh/ ug] cfknh]0{ ck8ĸ ub]
 Jofj; flos aGgēĸbf /fhg]lt u/] b]b]flu/l u5ĸ\
 eGg] cf/f]k 5 . oBlk ol dfq ; To sbflk
 xflg .

jf:tjdf :jef]n] dflg; cf^g} 3/kl/jf/; Ē
 /dfP/ a:5 clg p; df sfd ug] hf] / a95 .
 3/kfos eP 3/ef8f, af6f]vr{ v]hf cflb
 zlif\$df sd vr{x65 eg] ljBfnodf :yfglo
 lzlfs ; dodf kl5g\ . ubl s/f t dgf]flgs
 ħkdf klg 3/kfos lzlfs a9l ; ĸt16 /
 kl/ksj aGg] xbf ljz]u/l 5fqfx;dfly xg; Sg]
 ofĸ blo]xf/df sdl cfpq ; S5 .

afnaf]nsf] l; sf0 kēj sf/l kfg{ lzlfsx;
 ; ĸt16 / ; dlkĸ ePdfq ; Dej 5 . ol
 sf/Ofx;n] ubf{ z]lfs uof:t/ j]4 ug{/ /df]
 of]o ju]nf0{ lzlfof kĸflit/ c]slifĸ ug{
 pglx;nf0{ 3/kfossf] :yfgdf k7gk]7g ug]
 cj; / lbgk5{ .

Psk]fb bjf8l
 sf7df8fFolgel; 6l xfo{sh, wlnv]h

Ij Bfyl[g} dNof^asg ug[5{

l; h[zn xg; s]3/kfos lzlfns]clwofkg ; E; E]lj Bfno / Ij Bfyl[xtsf nflu yk}sfid ug{; S5 . o:tf sfoh] lzlfssf]JolQm]j Ij sf; df dxlj kof{eldsf lgj fx ubi]x\$. lzlfns] cfkm' / cf'gf Ij Bfyl[0{ kl/j t[gsf/l agfpg h?/L 5 . o; sf nflu lzlfns klxn]dfgj tfj fbl xg h?/L 5 . dfgj tfj fbl lzlfns] dfq n[stfl[qs lzlfk4ltsf] k}jl ug{; S5 e[6g] Ij Zj kl; 4 lzlfj b\kfnf] k[0\$[egf0 cfh klg plQs}; f[ble\$ 5 lsgeg] n[stfl[qs lzlfk4ltn] o:tf lzlfnsf0{ ; d[jo / ; xsfo{ug{k]t u5{. cfkm' d[gtl / l; h[zn xg ; s[dfq lzlfns] cf'gf Ij Bfyl[0{l; h[zn a[6g k]t ug{ ; S5 .

ax'; ^aNos Ij Bfyl[0{ kf7ak't:ssf ; 4fl[ts s/f a[fn]nflg ; S5 . o:tf] ahf pglx;nf0{cltl/Qm lqmfnsfk u/fpg h?/L x[65 . cltl/Qm lqmfnsfk sf nflu Ij Bfyl[;nf0{ lzlfns] cltl/Qm ; do lbgkg] x[65 . o:tf] ; do l; h[zn / 3/kfos lzlfns] dfq lbg ; S5 . ol sdfs nflu lzlfns]zlgaf/ / ; /sf/l labfs]lbgnufot Ij Bfnon]lbg]u/\$f]udl\$[f]lj bf / bz\$[f]lj bf ; bko[uf] ug{; S5 . Ij Bfyl[?lr cg; f/sf]cltl/Qm lqmfnsfk u/fpg ; s]Ij Bfyl[; gofFsf l; Sg ; w[Fcu] / x[65g\ . clwog-cg; Gwfgn] b]vPsf] 5 Ij Bfyl[hlj gdf JolQm]j Ij sf; ug]cj ; / kfPsf ax'; ^aNos Ij Bfyl[;n] ; xh} pRr lzlf xfl; n u5[6\ .

k/lif0fsfndf Ij Bfyl{ / cleefj snf0{ lzlfssf] klg dNofsg ug] cleef/f lbgk5{. ; fgf slffdf o:tf] s/f ; Dej geP klg dflyNnf] slffsf Ij Bfyl{ / cleefj sn] o:tf] eldsf lgjfx ug{ ; S5g\ .

kf7[0qmdf dfq ; lldt e0{k/Dk/fut lzlf0f Ij lw ckgfP[cfPsf lzlfns]cfkm'nf0{; do; fk]f agfpg h?/L 5 . cf'gf]lhd]f/l eg\$[f]Ij Bfyl[0{slffsf]df ; 4fl[ts dfq x[6g Jofj xfl/s 1fg lbg] klg xfl] eg] a'g h?/L 5 . t/ ckm]f] s]l lzlfns; n] Ij Bfyl[0{lr]st; sn] la/fdlnf0{Dofb uh\$[f]cf]w v]fP; /x k9f0/x\$[f]k[0G5 . ; w[bl/ Pp[6f lzlfns]ugf; f]dfq u/] cf'gf]sdl sdhf]l 9fs5f]k ug{ Ij Bfyl[nflu dfq ge0{cf'g}nflu klg 3fts l; 4 xg; S5 . o:tf lzlfns; n] 3/kfos ; Ij wf kfPklg pglx;nf0{Tof] ; Ij wf ..sfunf0{ ah] kfSof]xif[6g Ij :dftla[6g ku\$[f] 5 . ; j]kyd lzlfns 5gr[6 klgmf kl/dfhg ug]k5{. cfh; Dd z]l]fs of]otfnf0{dfq cfwf/ dfb}cfPsf]/fhon]lzlfssf]JolQm / ; dfhkl]t s]s:tf]wf/0ff / Jofj xfl/ 5 eg] a'g ^ dlxgf; Dd k/lif0fsfn tf\$g h?/L 5 . k/lif0fsfndf Ij Bfyl{ / cleefj snf0{lzlfssf] klg dNof]g ug] cleef/f lbgk5{. ; fgf slffdf o:tf]s/f ; Dej geP klg dflyNnf] slffsf Ij Bfyl{ / cleefj sn] o:tf] eldsf lgjfx ug{ ; S5g\ . k/lif0fsfndf p[ts]6 xghf0{dfq

lzlfnsdf lgoQm ug]k5 . ef/tsf]/fh:yfg lhNnfsf ; /sf/l Ij Bfnox;df dflyNnf] slffsf Ij Bfyl[;nf0{x/\$ j if{ lzlfns; sf]dNof]g ug]lhd]f lb0G5 . Ij Bfyl[;dNof]gs} cfwf/df Ij Bfnon]pQm lzlfnsf0{x/\$ j if{k':s[ub\$. /, o:tf]k':sf/n]c[6o lzlfnsf0{klg /fdm]k9fpg k[; flxt ub\$.

dw' /fo{ df]a

Ij s[t /f\$[}

lzlfns cg5/0f]o JolQm]j xgkb\$ clgdfq}To; sf] c; / afnafnsdf ; sf/flDs / lbuf] x[65 . olb lzlfssf Jofj xfl/ q[6k0f{eP afnafnsf] slnnf] dl:tis g/fd/l k[ef]t x[65 . t; y{; j]kyd lzlfssf sfo[;hl, afgUox]f tyf ult]lwx; lgol[qt / cgzfl; t xgkb\$. ; a)afnafnsfx; cf'g]l5d[ssf xg]x[6f lzlf0f k[znf0{afnafnsfalr k[uf9 agfP/ a9l nfe lbg ; S5 .

3/kfos lzlfns] ; dfhd] kfInt Ij ; E]lt Ij?4 af]g kfl/jf/s af]lbtfsf sf/0fn] gldN[6] xg ; S5 . h; s]sk[ef] slnnf afnafnsdf g/fd/l kg]x[65 . 3/kfos lzlfssf sf/0fn]Ij Bfnosf k[;f; lgs; efl[ts, cfly\$, z]l]fs lqmfnsfkx;df afwf g}afwf t]l; Psf pbfx/0f klg k[;t}e]l[665g\ .

lzlfnsf0{; fdf[otof 3/kfos Ij Bfnodf kb:yfkg u/fpg't kb\$ t/ Ij s[t, Ij ; E]tdQm Ij Bfno agfpg a9l ; ts[fk]\$ o:tf] cjwf/0fn] k[;o kfgpkb\$. vzl/fh uf]d, hgtf gdgf pdfj, Ij/f[6u/

krf0bf a9l

Ij 1fg, c^au]hl, ul0ft, sDko[6/ h:tf Ij fofdf pRr lzlf xfl; n ug]k; u]fdl0f e]udf / c%o bu[6 :yfgdf sd xg] x[6f ; l[ud jf zx/l f[gsf JolQm] of]ubfg lbPsf] b]v[65 . b[;e/ cfj thf]t / /fhuf/ ug] ; j t[6qtfsf ; fy} ; dfgtfsf] xssf] pko[uf] ug] qmdf o;/L c[6oq uP/ lzlfns; sfo{t /x\$[f] k[0G5 .

pkn]w eP; Dd glhssf] z]l]fs hgzlQm k[uf] ug] rng ; fdf[6o g} xfl . lzlfns ; j]f cfo[un] k/lifaf/f rog u/\$f lzlfns;df klg ldn]Dd 3/kfosd]kg] u/l kb:yfkg u/\$[f] k[0G5 . t/ ; fdbflos Ij Bfnodf c:yfol lzlfns ; \$f lzlfns /vbf jf :yfglo sf]af[6 eQm]gl kfgp]u/l lzlfns egf{ubi{jf dfly elgPh:t} glhs cgkn]w ePsf]cj:yfdf c[6oqaf6 klg lzlfns Nof0g]cj:yf 5 . 3/kfos lzlfnsaf6 a]krf0bf e[6b krf0bf g}a9l b]v[65 .

6lsf 9sfm ; j]l

lzlfns 6o"lehg

d]ll6kn sn]h, l8N]nahf/, sf7df8f}

Ighfdtl; /x agfpm

kydtM lzlfnsf0{gkfn ; /sf/n]lghfdtl sdf/l jf ;f] /xsf]lgolSt ; jf, zt{/ ; ljwf kbfg ugkb5 / ; f]lcg;f/ lzlfnsf0{klg ljleG lqsf]cgej ; f6f; f6 ug] jftfj /0fsf] ; hgf ug{lgZrt ; dofj lwsf] lzlf0f cjw tf\$] ; ?jf, a9jf, e00f cflbsf] Joj:yf ug{ h?/L 5 . olb o:tf]Joj:yf ug{x]eg]lzlfns]gof0f0f kl/jzdf cknlf0{; dfof]ht ug{x]k]ePsfn]; b] ; lqno, cfdlge, :j fledgl, kzfklit a9l jknlf/ tyf pQ/bfol / ; dofgs h kl/j t0 xg]u0fx;sf]lj sf; ugkg]x05 . To; n]lzlf0f kzfnsf0{dof]0t agf05 / z]lfs u0f:t/df ; wf/ cfp5 . JolQm a9l :jfyl{/ cj; /sf] pkoft ul/x]f]g]kj]Q ePsf]k]0fl ePsfn]pm 3/kfosdf lzlf0f kzfnsf0{; xfos kzfnsf] ; kdf kof] ug{kl05 / o; sf] gsf/tds kefj ; dhfs efjl ; tltdf kg{hfg]ePsfn] ; s]Dd lzlfnsf0{3/kfos /df] x]0g .

lzlfnsf0{3/kfos lzlf0f ug]; ljwf lbgdf ; /sf/ / z]lfs lq; E ; DalGwt ; 3-; E7g b]fl b]lV05g\ . /fhon] lzlfnsf0{bf] l] bhf\$ sdf/l 7fG' / ; f]lcg;f/sf]Jojxf/ ug{clg ; 3-; E7gn]lzlfssf xslxtsf gdfdf /fhgllts cv8f agfP/ .%f]lzlfsl agfpg]k]0gn]lzlf / lzlf0f kzfnsf0{dof]0t kzfnsf ; kdf :yflkt ug{ ; lsf] 50 .

..sxl kfg sxl udfpgkb5 eg%F 3/kfos kP/ :yfglotfsf]; ljwf ln0/xsf lzlfnsf0{3/ 5f0kb{ sxl ck70f/f]dx; ; x05 g} . 3/kl/jf; E}a:g kfg]; ljwf s6f]l xg5f c0 lhDd]f/l jf kzf;af6 j1-rt xgkb{ sxl ; d:ofx; lzlfssf cufl8 cf0k5g\ . ; xfos kzfnsf ; kdf c0fl cPsf c0 kzf; s6f]l x0f / lzlf0fdf dfq e/ kb{cfly\$; kdf klg sxl ; d:ofx; ylk05g\ . 3/kfos gxf z]lfs ; :yfnufot lzlfnsf0{t]sfnsf nflu sxl cfly\$ llt xg hf05 eg] lzlf0f ; :yfdf kzfut pQ/bfol lzlfxs;sf] afxNo a90 u0{lzlf0f lqmfnsfk yk kefj sf/l xg klb5 . :yfglo lzlfssf lltkl't?k ; fdbflos ; kdf lzlfssf]z]lfs ultljw kefj sf/l xgu0{z]lfs jftfj /0fsf] ; hgf xg hf05 .

lj]Nksf abf

■ lzlfnsf0{Ighfdtl sdf/l; /x ; jf, zt{/ ; ljwf t]sf nknAw u/fpg g; sGh; Ddsf nflu lzlfnsf0{e/0f]f]0fsf nflu cfj Zos kg]G0gtd ; ljwfx; pknAw u/fP/ 3/af6 ; 8s oftoftsf] kxF kl\$ 7f0f sDtdf %% lsl d09f /Vg] h; n] labfs lbgdf 3/kl/jf; E} e03f6 ug{/ cG0 ; dodf cf'g] kzfklit klta4 /xg ; xof] kl0g] u/l pkoSt jftfj /0f lgd0f x05 .

- lzlfssf]lgolSt, ; ?jf, a9jf, k:/sf/, b08 cflbsf] Joj:yf ug{kf/bzl{/ clwsf/; DkGg cf0f] agf0{ sf0f]og ug] Joj:yf ul/gk5{.
- ; a}lzlfnsf0{z?sf]lgolStb]lv ; dfg ; jf, zt{/ ; ljwf lbg] / lzlf0f kzfnsf0{Ps cfbz{/ dof]0t kzfnsf] ; kdf :yflkt ug]klqmf]sf]yfnl ug] ; fy} o; ; E ; DalGwt ljex;sf] cGto ub\$ klit:kwf]ds kzfnsf ; kdf :yflkt ug{ ; DalGwt klfx;nf0{clwsf/; DkGg agfpgk5{.
- lzlfssf hf0h dfu, ; ljwf / kzfut ; lglZrttsf nflu lzlfns]68 olgogsf]clwsf/ kfg]Joj:yf ug] / cgj Zos /fhgllts x:t]f]k]sf]cGto ugk5{.
- lzlfdf ; /sf/sf] glt :ki6 u/l cfwlgs z]lfs of]hgf th0f / sf0f]ogsf]lhDdf ; DalGwt klfn] lng]cfj Zos lg/lf0f Pj +; k/lj]f0fnsf0{kefj sf/l agfpg]. rfs8l ugkg]af]0tfnf0{x6fP/ ; j]sf] efjgf lj sf; ul/gkb5 .
- lzlf0f kzf cknlf ultzln Pj +; b] ; lqno /xgkg] kzf ePsfn]lzlfxs;sf]clwstd ; jf cjw @)

3/kfos gxf z]lfs ; :yfnufot lzlfnsf0{t]sfnsf nflu sxl cfly\$ llt xg hf05 eg] lzlf0f ; :yfdf kzfut pQ/bfol lzlfxs;sf] afxNo a90 u0{lzlf0f lqmfnsfk yk kefj sf/l xg klb5 .

jif0bf dfly /flvg0g / @) jif{ ; jf u/\$f lzlfxs;nf0{ ; j]fg]Q e0; s]k15 lzlf0f; E ; DalGwt vf]h tyf cg; Gwgf]ds lqdf kjz ug] d\$fb lb0gkb5 .

- lzlfnsf0{ljleG cgej x; cfbgk]fg ug{; jbz tyf ljbsf] e0f ug] tyf cGt/lj Bfno cgej ; f6f; f6 ug] jftfj /0fsf] ; hgf ul/gk5{.
- lzlfnsf0{cBfj lws ug{lzlf cfj; sf ; fy}; fdlxs clwog Pj +cg; Gwgsf nflu cfwlgs k':tsfnosf] G0gtd Joj:yf ldnf0lbg] ; fy} tflnd, uf]7L / ; l]dgf/sf]Joj:yf sf0f]og, cgludg ug] lhDdf ; DalGwt klfnf0{ ; Dkg h?/L 5 .
- lj Bfnosf]z]lfs k]ltsf nflu cgludg tyf lg/lf0fsf] Joj:yf u/l p]s]6 7xl/Psf lj Bfno, k]w]g]l]w]k]s tyf lzlfssf nflu z]lfs k:/sf/sf] Joj:yf ug] tyf lg/Gt/ cgludg, ; k/lj]f0f, lg/lf0faf6 cPsf glthfx;nf0{ kf/bzl/ ; kdf /vl cBfj lws ug] sf0f]0f]lg/Gt/tf lbg]sfd ; /sf/ tyf ; dbfos klfaf6 ul//xgkb5 .

gf/fo0fk] fb ; j]l hf]k]b]l pdf]j, af; af/L-&, l; Gwkl]r\$

ljsNk 3dtl lzifs

lgiklf zkd f 3/kfos lbg' egšf] lzlfssf nflu ; aegbf 7hf] k/:sf/ xfl. 3/kfosn] lzlfsnf0{ 7hf] ptk}0ff lb65 / o; n] kēfj sf/l lzlf0df d2t k'ofp5 . t/ o; af6 lj Bfnonf0{slt km0bf x65 e6g] s'f lzlfsd} lge{ ub5 . 3/kfos xbf cf'gf] st{0 la; [lzifs ; ljwferūl klg xg; S5 t/ cWofkgnf0{ ; /n; ; xh / kēfj sf/l agfpg of] cfjZos 5 .

3/kfossf rbf]l klg w} } 5g\ . 3/kfos ePk15 lzlfxx; cIt Joj xfl/s xg] gdfdf :shnf0{ ; do sd lbg] ub5g\ . .cfh uf7kbf lyof] jf .5f]lnf0{ af]Bē k'ofp/ cfpbf l9nf]eom] h:tf Joj xfl/s ; d:of lzlfxx;n] byfpg] u/šf 5g\ . To:t} :yfglo ; 3; :ydf cfj4 xg] jf cfk}f] ; :yf ; -rfng u/ Jo:t xg] lzlfxx; klg 5g\ . lzlfaf6 cfpg] .e]fh kmfng] ; :yfsf] uf]l 5l . .cf0taf/ a7s 5l h:tf s'/fx; n] k7gkf7g kēfj t xg] u/šf] 5 . lzlfxx; sZn /fhgllt1 ePsf pbfx/0fx; ljZjel/ g} kf065 . t/ k7gkf7g g} 5f8] /fhglltdf ; nlg xg] 3/kfos lzlfxx; xfdlsxfw} } 5g\ .

3/kfos xbf :yfglo zkd f lvrftfgl klg xg] u/šf] 5 . Joj :yfk; ; ldtdf cf'gf dfg; lgoQm ug{x}fBafhl rNg] / :yfglotfsf] gdfdf cof]o lzifs kē a6g] ; Defjgf klg /x65 . o; af6 l; h6f xg] tgj n]

k7gkf7gdf c; / k'ofp5 . ; a} lzlfsnf0{ 3/ kfos u/fpg ; Dej gePsf] kxF xg} ; n] dfq o; af6 km0bf p7fp5g\ . lzlf clwsf/L /fhgllts g]f tyf lzifs ; 3; E7gdf /fd] kxF ePsf; n] dfq of] cj; / kfp5g\ . o; /L kxFsf] cfwf/df 3/kfos ; ?jf xbf bu0sf :shx; vfnl xg] / ; b/dsfdsf :shx; df b/a6bl e6bf a9l lzlfxx; ylk} cj:yf cfpg] u/šf] 5 . To:t} 3/kfossf] gdfdf lzlfxx; ljifo gland] klg k9f0/xšf x65g\ . lj 1fg lzlfxx; k]om zx/df s]b} xg] ePsf] ufd]of lq}sf :shx; df c6o ljifosf lzlfxx;n] g} sfd rnfpgk} af]lotf 5 .

3dtl lzlfssf] cjwf/0ff Pp6f pkoQm ljsNk xg; S5 . Ps7fpbf b0{ jif{ sfd u/k15 csf] lq}df hfgk} rng :j:Yo lq}df 5 . lzlfssf] xsdf klg of] pko]ul xg; S5 . o; n] lzlfsnf0{ ; a} lq} tyf eūf]sf] 1fg x65 eg] ; ljwf / c; ljwf klg ; a}nf0{ a/fa/ kg] ePsf] Gofok0f{ klg xg; S5 . rf/-kF jif{ aflx/ sfd ul; sšf] lzlfsnf0{ 3/kfosdf Nofpg] glt csf] ljsNk xg; S5 o; af6 kxF ePsf] dfq km0bf p7fpg] clxnšf] k/Dk/fsf] 7fpbf ; a} a/fa/l cj; / kfp] gofYyngl x65 . To:t} bu0 lq}df sfd ug] lzlfsnf0{ lghfdtl sd{f/L; /x ; ljwf lbg] xfl eg] klg 3/kfossf] ; d:of / rfk sd ug; ; ls65 .

/flxt bjf8l
vjfkmšl:yt hns6of dlj, wgs6f

nfe} nfe

lzlfsnf0{ 3/kfos lgtf6t cfjZos 5 . ; jf/L ; fwgsf ; ljwf ePsf 7fpk; df hlt ; d:of 5g\ . To:f6bf w} ; d:of ; jf/L ; fwgsf] ; ljwf gePsf 7fpk; df 5g\ . To; h] x/š lzifs hg; 5} lq}df 3/kfos xg' plrt nflu5 . lzifs cf'gf] 3/ 5f8] bu0 7fpbf sfo{t 5 eg] p; nf0{ g t sd{f/Lsf] h:tf] bu0 e0fsf] Joj :yf x65 , g sg} sfoqnd , ; ef / uf] l; x; df kfp] cft] hft] vršf] Joj :yf . lzlf0f kēdf ; nlg ; dk0f{ lzlfsnf0{ 3/kfos lj Bfno , SofDk ; Dej 5g , lsggeg] sg} lj Bfno jf SofDk ; sf glhsdf w} } lzlfxx; x65g\ eg] sgdf yf} . km: j; k glhsf lzifs 3/kfos xg] eP eg] 6f9fsf] lzlfsn] 8]f u/ a: gkg] af]lotf 5 . sltko lzlfsnf0{ g 3/af6 wfp] g 8]f u/ a: g] ck7df/f klg 5g\ . o:tf lzlfxx; sf] lzlf0f sfo{f vlrqk}šf] ; do / 3/af6 lj Bfno hbf-cfpbf] ; do a/fa/ g] jf sxl a9l x65 h; n] ubf{ lzifs 3/af6 lj Bfno klbf; Ddsf] ; dodf zfl/s ysf0sf] dx; ; ug{ kl5 . o:tf] lzifs slfsf] fdf k]z ubf{ ysf0sf sf/Of 8š; df jf s' lq} a; [lzlf0f sfo{ ug] / slfsf] fleq sd} dfq 3dlkm/ ug] u5{ . 3/kfossf lzifs o:tf] ysf0sf dSt xg] xbf slfsf] fdf rf/lt/ 3dlkm/ u/ lzlf0f ug] tyf ; /n; ; xh / /df0nf] jftj/Of tof/ u/L

cWofkg ug{ ; lfd x65g\ . 6f9fsf lzifs 8]fdf a; [lzlf0f sfo{ u5g\ / /fd] cWofkg u5g\ . of] g} Pp6f c; n lzlfssf] b]loTj xfl/ z]lfs pkn]awsf] b]6n] /fd] xfl To; h] 3/kfos lzlfssf] sf/Of s; h]f0{ xflg xg] t s'} ePg a? lj Bfyl{ cleefj s, lj Bfnonf0{ nfe g} x65 . / l; E] ; dfhnf0{ g} nfe x65 e6g] dnf0{ nflu5 .

z}fē >]l
lbStj ahf/-@ v}f^a

cflyš afēmsf] kf6f]

lzlfxx; ; fdf6o 3/kl/jf/sf x65g\ . olb 3/ ckfossf] glt lzlfsnf0{ nfu" ug] xfl eg] /flon] 7hf] cflyš ef/ Jox}k5{ . h:tf] ckfosnf0{ ; /sf/n] 3/ef8f, offtoft, kl/jf/ eOf, afnafnssf] k9f0 eOf cflbsf] Joj :yf ug}k5{ ta dfq lzifs ckfosdf hfg tof/ x65g\ .

lzlfssf JolStut / kfl/jfl/s ; fy; /fli6o ; d:ofs cfwf/df lj Zn]f0f ubf{ lglZrt zt{/ cwlqdf /xl sfd ug{ lzlfsnf0{ plrt z]lfs jftj/Of lb0gkb5 . ; /sf/n] hgk} a6gsf nflu . cf'gf] ufpFckm} fagcf} . xfd] ufp /fd] agcf} h:tf /fli6o gf/fx; n] klg lzlfsnf0{ 3/kfos u/fpg kōf; u/šf] blv65 . :yfglo jf; ln] g} cf'gf] 7fpbf] lj sf; sf nflu cflyš ; fdlhs, kēf; lgs ; f: s]ts

lqdf k]olf ; xofu k]ofpg ; Sg] / To; af6 ; dhfn] klg clwstd nfe lng ; Sg] ePsn] klg lzlfnsf0{ 3/kfos g} plrt blv65 .

xl/eSt ; j]l
lqdn pdflj, bdfhl, txf

3/ ckfos lzlfsc;sf] Pp6} sdhf]l egf] nfd] labdf 3/ uPsf] ahf yk Ps-8y xktf a9l 3/lt/}x/fpg' xf] jf l] Bfnodf cgkl: ylt xg' xf].

lbg} xfg

u]ldof lqdf s]l j if6tf P; Pn; l glthf ; a]vofds ; kdf /fd] blvP tfklg uoffds ; kdf /fd] 5g . k/Llffdf Jofks clgoldttf xg] / lzlfsc; g} r]f]pg] jftf/Of ldnfpg vlk; blv65g\ . lzlfsc;n] ; j]dvl eP/ k9Psf] e/df clxn] P; Pn; lsf] glthf cPsf] xf]g .

t; y{ d]f] l] rf/df lzlfnsf0{ 3/kfos z]fs pkn]awsf blv6n]g/fd]xf]. hlt jif{hlt kl]zt lzlfnsf0{ 3/kfosd} Joj: yf x65 Tolt g} jif{ Tolt} kl]ztdf z]fs xl; cyf\ /sf/n] lzlfdf u/}f] nufgl afn]df kfgl xfn] /x x65 . 3/kfos lzlfsc;nf0{h; n]h]eg] klg axk]zfdvl e6g} kb5 . lzlfsc; 3/kfosleq klg b0{y/lsf 5g\ . zx/ahf/sf lzlfsc; lzlfdf k]zsf cn]jf Jofkf/; Joj; fo; /fhglt, pBf]w6bf, sf]r^a slff, kn]g\, h]uf bnfnufotsf lqdf ; n]lg blv65g\eg] u]ldof lqdf sfo{x 3/kfos lzlfsc; v]lkftl, 3/- 3/fo; l Joj xf/, kzkg, l] sf; lqdf, ; fdlhs sfo{ /fhglt nufotsf x/lqdf ; n]lg /x}f] k065 . 3/kfos lzlfns] ul]tl ubf{ /fd]l gk9f]f, l] Bfylvf0{ Wofg glb]f cleefj sn] lsg l] /w gu/}f] xfhfg\ < 3/kfosnf0{ c6oq ; fg{ k]of] e6g} cfj fh p7Psf] vf] <

3/ ckfos lzlfsc;sf] Pp6} sdhf]l egf] nfd] labdf 3/ uPsf] ahf yk Ps-8y xktf a9l 3/lt/} x/fpg' xf] jf l] Bfnodf cgkl: ylt xg' xf]. 3/kfos lzlfsc; / ckfos lzlfsc;sf] ; f]r, l] rf/ / Joj xf/df cfsfz-hldgsf] km/s 5 tfklg ; /sf/sf] xg] blv6sf] eg] Pp6} /x}f] 5 .

s]l bu6 eQf lbg]fx} 3/kfos / 3/ ckfos lzlfnsf0{lbg]; l] wdf s]l klg km/s 5g . c% 3/kfos lzlfsc; g} k6 a6g] k/:s] xg] a9]f xg] u/}f] k065 . z]fs uof: t/ a9fpg] xf] eg] 3/kfos lbg]x . 3/kfos / ckfos lzlfnsf0{ /sf/n] lghfdtl sd{f/ln] kfg]; l] wf / yk sf]fef8fsf]; l] wf l] Bfnof0{clgj fo{ ug] 5{. 3/ ckfos lzlfnsf0{ k]of} kfF= k]F jif6f hg l] Bfnodf b/a6l l/St 5, To; l] Bfnodf ; ?]f ug] Joj: yf xgk5{.

lzlfsc;nf0{ bu6 lqdf e6f klg Pp6f l] Bfnodf k]F jif{ jf cf'gf] z]fs of]otf6bf dlysf] slffdf clwofkg ug{ gkfg] tyf 3/af6 sd]tdf rf/ 306sf] b]ldf v6fpg' jf (l]ld 6f9f v6fpg ; Sgkb5 .

/fdl; +13l; ^a
afn]f dflj, afn]fk6l, sfe]

; w]f/sf rf/ pkfo

3/kfosaf6 lzlfsc; / ; dbfonf0{ kn]0bf / a]kn]0bf bj } 5g\ . kfl/jfl/s ; fd]kottf, ; fdlhs-; f:slts ; Da6w tyf clyf / /fhglt snufot w]f} sf/0fx;n] ubf{ clwsfz lzlfsc; 3/kfos rfx65g\ . 3/kfosnf0{ l] Bfnof] :t/ dfly p7fpg] cj; /df ?k]t/Of ug{ lqdg rf/ klfd Wofg lbg cfj Zos 5 .

■ :yf]lo: t/df lzlfsc;sf] lqolQm ug] Joj: yf P]d] ul/gk5{ . l] Bfnof] ; ~rfng :yf]lo lgsfoaf6 ul/gk5{ / lzlfssf] cfj Zostf; Da6wl l] 1fkg klg :yf]lo: t/df g} u/l lqolQm / ; ?]f klg :yf]lo ; kdf kfos kg] u/l ug] 5{ . l] 1fkg ubf{ lzlfsc; cfj Zos ePsf] l] Bfnof] gfd g} tf} kfos kg]nf0{ k]yldstf lbgkb5 .

■ :yf]lo l] Bfnoaf6 kyd / l]tlo >]ldf p]s]6 c] ; lxt P; Pn; l pQlOf{ u/}f] ul/a tyf h]l]bf/ l] Bfylvf0{ l] Bfno / :yf]lo lgsfosf] clyf ; xof]udf kdf0fkq, :gfts tyf :gftsQ/; Dd clwog u/Pk]5 ; Dal6wt l] Bfnodf lzlfssf] ; kdf lqolQm ug{ ; lsg5 . o; /l p]tkfg ul/Psf lzlfsc;

uof:t/lo xg; S5g\eg] l] Bfno, :yf]lo lgsfo / ; ^a ; :yfx;nf0{ klg o; df nufgl ug{ p] ; flxt u/fp5 .

■ :yf]lo lq]af6 pRr d]wolds tyf l] Zj l] Bfnodf clwog ug] l] Bfylvf0{ p]s]6nf0{ l] Bfnof] cfj Zostfcg; f/ lgoSt ug] k]j wfg lzlf lqodfj nldf /fv]gkb5 .

■ lzlfsc; cfj Zostf; Da6wl l] 1fkg ubf{ / 5g] ubf{ :yf]lo p]d]j/nf0{ k]yldstf lbg] .

3/ kfose6f ckfosn]l; sf0 lqmfnsfknf0{ xflg k]ofPsf] 5 . clwstd kn]0bf / Gog llt xg]l: ylt g} pQd l] snk xf]. lzlfnsf0{ aflx/ /fv] uof:t/lo lzlfssf] snkgf ug{ ; lsg . lzlfssf] uof:t/e6f dfly lzlfssf] uof:t/ xg ; Sbg . lzlfssf] JolStut hljgnf0{ a]f: tf u/} k]fj sf/l lzlf0sf] cfz ug{ ; lsg . :yf]lo efiif, /l]tl/jfh, kl/jz / ; :sl a%} 3/ kfos lzlfns] nf]t6g / ; dfj z]s/Ofdf klg of]wbf k]ofpg ; S5g\.

vu/fh a/fn
; of]hs, z]fs t]lnd s]b] sf:sl

cfj/0f dt-cledt

b?kofu eof]

Izlf0f kzfno{dfiuvfg]ef8f]7fgl 3/fo;l sfd ; sxl5 kh ksf] ; do ; bkofu ug[30ft kl/kf6ln]zlf]s uof:t/ cf]fnf] nfu\$] 5 .

3/kfosn] JolQmut :jfyh] ul] ; t e0{ ljBfno / ljBfylk]t e6bf 3/kl/jf/k]t a9L Wofg cfsif0f ePsf]h] o; sf] k]olf df/ afnafnsdf kg{ uPsf] 5 .

Izlf]snf0{ 3/kfos xbf hlt nfe x65, unt ljrf/n]Tof6bf a9L gf\$; fgl x65 .

ha ljBfno 3/glhs x65 Tolt ahf Izlfs, ljBfyl{/ ; dbfonf0{sxl kn0bf t kSs}x65 . ; fy}3/kfosnf0{pkofu u/L Izlfsn]ljBfno / ljBfyl6f0{; do lbg ; S5 . 3/kfosn]lk5l8Psf]/ bu0 :yfgdf cf^gf] lfdtf k6z0 u/L clziff x6fpg]ub5 . 3/kfosnf0{b?kofu u/L cf^gf] :jfy6f0{ klxnf] klyldstf lbg] ub5 .

cf^gf]kl/jf/ ; dftt xg]ePsf]n] ; ljwf x]L ljBfno / ljBfylk]t cf^gf]bfloj k/f ug]k]t 36gfsf] ; hgf xg kU5 . sg}kl/>d / nufgljgf g} ; /sf/l tna lng]kj]Qsf] k]olf c; / zlf]s pkn]Awdf kg{ h65 .

piff g]kn
jg; fB' pdflj, l; Gwkv]r-f\$

3/kfos} xgk5{

3/kfos Izlfs thgf]ds ; kdf ; dfh; 6 a9L 3hldn xg]ePsf]h]r6fjl rxnknbn]v lnP/ c6o s/f]sf]k]f/df cuf]8 b]v65 . o; /l /fhgltdf ; d] 3/kfosn] 6]f k7ofPsf] b]v65 .

Izlf]s ; r] / lzllft JolSt ePsf]h]cf^gf]h6d:yfgk]t p; df dfof x65 . To; sf/0f cf^gf] 7fp6f] lj sf; ug{ ; d] 3/kfos Izlfs sl6a4 x65 . uf06} Izlfs c; e6bf ljBfnok]t a9L hjfkn]xl xg] ePsf]h] ljBfno kzf; gnf0{ ; d] nfe b]v65 .

3/ ckfos Izlfsx;sf] Pp6} sdhf]l eg\$] nfd] lab]df 3/ uPsf] ahf yk Ps-89 xktf a9L 3/lt/) x/fpg' x] jf ljBfnodf cgkl:ylt xg' x] .

kl/jfl/s %d]hdf kg] ePsf]n] ljBfnodf cgkl:yt e0{ Izlf0f klqmf k6f]t x65 . %u8f, n]b]b] , l; dfgf lj]fb h:tf ; fdlhs s/f ldnfpg k7gkf7g g}5f\$] hfkgk]ePsf]n]Izlf0f klqmf k6f]t x65 . uf06f dbf\$]dnfdl,

la/fdl af\$g]v lhp6f]s]h6tl klg 3/kfos Izlfs g} ag\$] 5g\ . 3/kfosaf6 x6fP/ zlf]s pkn]Aw a9fpg g; lsg]b]vPsf]5 . a? ; /sf/l tj/af6}3/kfos Izlfsn] !) b]v \$ ah\$fx\$ zlf]s; Da6w] sfd ug]kg]lgod nfu" ug{ ; l65 .

/fdr6] s8h
l; l4 dflj, cfo66hof^a, kflnk

sd7nf0{ 3/kfos, 7unf0{ bu0

sd7 / Odqgf/ Izlfs ; fylx;nf0{5f8} sxl 3/kfos Izlfsx; cf^gf] :yfglo zfg, /fhglts z]St / c6o yk]fn]z]Stsf c8df ljBfnodf dgk/Lt6q dRrfpg] ljBfnodf sd pkl:yt xg] pkl:yt eP klg k/f ; do ljBfnodf ga:g] kzf; gnf0{g6}h:tf lqmf]snfk ug] u/\$]kfo65 . o:tf lqmf]snfk]ljBfnosf]jftfj/0f g} vNaln65 . 3/kfos kcx; cfkn]f0{.fhfl g}7f6gx65 . To:tf k6n]ljBfnodf ; w}pkl:yt xg' klg kb0, vfln

Odqgf/ / sd7 Izlfs tyf kcx;nf0{ k/:sf/sf]JoJ:yf ug]5{. ljle6g axgf / z]Stsf e/df ljBfnosf]jftfj/0f vNanfpg] kj]Q ePsf]x;nf0{ bl08t ug]5{.

lhNnf Izlff sf0f]o, Izlff ljefu / kf6l{ sf0f]nodf pkl:yt eP kU5 . o:tf]cj:yf]df zlf]s pkn]Aw z6o x65 . To; h]sxl 7fpF/ kl/:yltdf Izlfsx;nf0{3/kfos ; fl6ts ; kn] 7ls / Jofjxfl/s ; kn] a7]s ; flat ePsf] b]v65 .

3/kfos Izlfs / k6 Odqgf/ tyf kzf]k]t akn]bf/

ePdf :jo+Izlf]s, k6, ljBfylk; ; dfh / /fi6mf0{g} nfe x65 . Izlfs / k6 Odqgf/ / kzf]k]t akn]bf/ gePdf ljBfyl{ju]nf0{ cTo6t}xflg kU5 . o:tf]kj]Q j]4 ePdf ljBfno sxl jif]l5 a6b xg]cj:yf]df kU5 / l; 6f] /fi6mf0{7hf] xflg kU5 .

Odqgf/ / sd7 Izlfs tyf kcx;nf0{ k/:sf/sf] JoJ:yf ug]5{. ljle6g axgf / z]Stsf e/df ljBfnosf] jftfj/0f vNanfpg]kj]Q ePsf]x;nf0{bl08t ug]5{. lsgel]o:tf kj]Qsf Izlfs / k6sf] ; ^vof sd 5g . To; h]sd7 / Odqgf/ Izlfs ; fylx;nf0{ ; s]Dd 3/kfos / bfbflu/L kj]Qsf Izlfsnf0{ckfos ljBfnodf kb:yfkg ug]plrt x65 .

lbgfy b6fn
k-rs6of dflj, sf7df8f

hj]f8] pkflw

sltko 3/kfos Izlfsn]/fd]of]v]bfg k7of0/x\$] 5g\ . sltko Izlfs ckfosdf uP/ Pp6f c; n gd]fsf] ; kdf ; Ddf]gt ePsf 5g\ . sltkon] /fhglts sf0f]tf\$] h:tf]cfr/0f k]tt u/\$]b]vPsf]5 . sltko k7gkf7gsf] cj]wdf klg hj]f8\$]pkflw kPsf 5g\ .

lgh6stf/ >7
; :jtl dflj, kflnk

ultzln xg ; ?jf

sg} klg lzlfnsn] cllwofkg ug[lj Bfyls[JolStut, kfl/jfl/s tyf ; fdbflos kl[eldx; a%\$f] xgkb5 . p; n] lj Bfno ePsf] ; dbfos] cfly\$, ; f:s[ts, /fhglts cflb cj:yfaf/] klg /fd/l a%\$f] xgkb5 . clg dfq p; n] cllwofkg ug[kg] lj Bfyls[af/] s] ug[eg] ofhg f j:tut ; kd} agfpg ; S5 . ; fdfhs ; Argfs] 1fgn] lzlfnsn0{ cf'gf kfOfnx; cull8 a9fpg d2t ub5 .

lzlfnsn] s:t] cllwofkg ug[eg] s/f p; s] of]otf, lfdtf / bltfebf klg p; s] lgotdf e/ k5{. kzkf[tsf] ; dk[fn] lzlfns ePsf] xf] eg] p; n] lj ifoj :tdf /fd] bvn /V5, lj Bfyls[eljioaf/] /fd/l ; fR5, dgflj 1fg ulxl/P/ a'5 / szn pTk]sssf] eldsf lgjfk ub[cllwofkg ub5 . pm .nvg ykfsf] h6tl dfq uPsf] xf] eg] p; s] b[6 kwfnsn] xg kfp5 . pm : j3flft ; kdf s/f/df /x65 . cgsh bfp cyf[/fd] hflu/sf] cj ; /, cfDbfglsf] /fd] Joj :yf jf lj b; hfg] d[5f k[kt ePk15 pm k;faf6 aflxl/g ; S5 .

To; h] 5gfb ug[lgsfon] sg} klg JolSt lzlf0f k;fdf lsg cfpq nfu\$] xf] eg] yxf kfpqk5{. pm sg} vf; cjlw; Dd jf csf[/fd] lj sNk gkP; Dd dfq lzlfns xg vfh\$] xf] eg] p; nf0{ 5gfb]sf] kfyldstfdf kfl/gk6g . p; df ; j]fej 5, lzlfns xg] dg klg 5 / ug{ nfu\$] sfdklt ; dk[:ki6 ; kdf blV65 eg] dfq 5gfb]sf] kfyldstfdf /Vgk5{.

lzlfns xf] \jf c6o sg} k;fsf] d[65] bxlh:tf] hd] a:bf jf ultzln /x6f r]gdf kw's k5{. Ps} 7fp[lf lzlf0f u/l hljg latfpg] lzlfnsn] ; fgl] 5[af] cafxd ln[gn] %; cfknh] b;]sf] llfthnf0{ g} axdf08 7flg/x\$] x65 . p; n] cfknh0{ ; j1 7f6g] ; Defjgf a9l /x65 . b0{f/ 7fp[lf lzlf0f cg[a6h\$]f] lzlfnsn] eg] sf]hDa; n] 8Nb} h[bf cd]/sf e\$P %;gofFs/f yxf kfpq ; S5, 8flagn] %; 1fgsf] w/ftnnf0{ k[of]us ; kd} kwfnsn] kfg{ ; S5 .

lzlfssf] hflu/ 3/kfos xg' / g'xg' 7hf] s/f] xf0g . 3/kfos xg]h] kl'ti7f a9fpg cf'gf] lh6bul g} ; dk[u/\$f pbfx/Ofx; kof[tf kf065g\eg] :yfglotfsf] cxdh] c6] u/l lj Bfyls[;sf] eljio; E v]haf8 ug[lzlfns; klg sdtl 5g\ . clg 3/ ckfos lzlfns; cf'gf 3/, kl/jf/ tyf ; dbfoaf6 cnu /xgk/\$] kl8f ; x] klg k;f tyf bfoTjkl't dl/d] nfu\$] klg kf065g\.

/d;df]g clwsf/l, ;f]JolSt, lhlzsf dsjfgk'

nugzlnf / hfu/ rlfk65

3/kfos lzlfnsn] jl/kl/sf] kfs[ts jftfj/Of, euf]h, wd{:s[tf, rfnrng, /l'tl:ylt cflb ; a}s/f a1% s\$]f] x65 / lj Bfylh] klg lzlfnsn0{ glhsaf6 lrlg; s\$]f] x65g\ . To; n] ubf{l; Sg / l; sfpg sxl ; lhnf] cjZo x65 t/ dh s/f] 3/kfos xf0g . dh s/f] lzlfssf] hf6/ / nugzlnf xf] eg] lj Bfyls[;sf] 0R5f / tTk/tf csf[dx]k[k[lf xf] . olb lj Bfyls[;df 0R5f / tTk/tf 5 t/ lzlfns hf6l/nf] 5g\ eg] ToxfFk[;sf/l lzlf0f x65 . To; u/l lj Bfyls[;df 0R5f / tTk/tf 5g\ lzlfnsrflx hf6l/nf] 5 eg] klg k[;sf/l lzlf0f xg; Sbg . pkoSt jftfj/Of agfpg] dVo bfoTj rlfkFzlfs} x65 .

3/kfos x6f lzlfns, lj Bfyls[/ cleefjnsn0{ sxl kn0bf x65, ; fy;fy]glhssf] lzlfns eg] lj Bfylh] lzlfnsn0{ dx]k[glbg]xg; S5 . :t/lo lzlf0fsf] dh bfoTj lzlfss} xf] . lzlfnsn0{ /fhon] klg lj z]f hgzlQm 3f]f]off u/l lzlf lf]df bQlrQ e0{ nllg pTk]t ugkb5 . lzlfns 5gfb ubf{bnlo cfwf/df ge0{ pkoQm lj lwsf] cfwf/df 5gfb u/l sfo[;df v6fpgkb5 . gftf]b, s[kj baf6 cnu /xl /fd] lzlfns 5gfb ugk5{ . xdf] lzlfns eg] efjgaf6 5gfb ePsf] lzlfns] st.okingf gu/l rfs8l, rfn'; ltk[nllg ; S5 .

/fd;6/ b]bhf uEfb]l dflj, cfl, sfe]

pknAwsf bli6n] g/fd]

3/kfos lzlfnsn] k]o\$ lbg laxfg-ahsl v]af/ldf xnf] sf]hfnf] ug[kg] x65 . To; n] ubf{Ps t pm ; dodf :sh klg ; ls/x\$] x65 eg] csf[;z/l/s ysf0n] lj Bfyls[;nf0{ l; h6f]ds s/f l; sfpg ; ls/x\$] x65 . 3/ ckfos lzlfnsn] cf'gf] ; Dk[; do z]lfs u0f:t/df dfq lbg; Sg] ePsf]h] p; s] lzlf0f lj lw l; h6f]ds, u0f]ds / pknAwdhs xg]ub5 . To; h] 3/kfos lzlfns pknAwsf lx; fan] /fd] xf0g .

; /fhstf/ nfn s0f{ /fli6 kfylds lj Bfno, xl/k', ; kt/l

kfyldstfM plrt kif/>lds

cf'gf] kdV sfo\$] ; kdf lzlf0fnf0{ lng] :yfglo lzlfns;df Psb0{dfq 5g\eg] clwsfz lzlfns; kdV sfo\$] ; kdf 3/sf u0f]v] sv'/f-rNfnf0{ lng]ub5g\ . lzlfssf] u0f:t/lotf tyf lj Bfyls[;eljio lzlfssf 3/fo; l sfdn] cf]hdf kfg] u/\$] kf065 . /fhodf z]lfs u0f:t/lotf j[4 ug{ ; Dk[lzlfns;nf0{ 3/ ckfos v6fpg] plrt kif/>lds lbg] Joj :yf t]sf n ldnfpg' k5{. ta dfq lzlfdf gjk]z / :t/lotf ; Dej 5 .

ljknj zdf{ cf]yn9Ef xfnM lqj, slt[;'



sd/L ufpEf tL :j lOfd lbg Ū

kf | 6g ; eSt Sofdk; df @)\$) ; fndf cf0R; ; lsf |
 lj Bfyl{xff g}d k9f0 wfg hflu/sf] vfhldf
 nfuF. eg; gsf nflu cfkth] lrgfhg\$sf sfxl lyPgg\.
 Psflt/ k9f0n] ult lng ; ls/x\$fi] lyPg, csfkt/ s; /l
 hflu/ vfg] eGg] lrgttf lyof]. ; ofun] g] fsf\$sf Ps
 hgf lj Bfyl{ ; fyla6 pgsf] lhNnfsf] sd/L uflj ; l:yt
 jL/Qb| dflj sf nflu dflwolds txdf uloft / lj 1fg
 k9fpg] lzlfssf] vff] ePsf] yxf kfPF. hlj gdf klxnf]
 k6s nlnk/sf] xl/l; l4:yt 3/ 5f8] lzlfssf] hflu/
 vfg !% df3 @)\$! df g] fsf\$ft/ nfuF.

b0{tlg 306sf] a; ofqf u/ sl/a tlg 306f
 k0n lx8k15 jL/Qb| dflj sf] kl^uofdf kluf. ha dh]
 kwfgllwoks ; dlf cfkth cfpgsf] sf/of atPF pgn]
 v; l eP/ dnf0{h?Ss prfn]. To; k15 dnf0{slff (
 df nu] gofFlzlfssf] ; kdf lj Bfyl{lr kl/ro u/fP .
 o; /l pRr txsf] lzlf / tflnd gln0sg} d7f] 3/
 ckfos lzlfssf] hflu/ z? eof]. ToxfDh] k9fpg]
 sltko lj Bfyl{d7} pd7sf lyP . sxl dlxgdf] dh] Tof]
 ufpF/ 7fpFcf] gf] agPF. lj Bfyl{/ cleefj sx; d7f]
 kl/jf/ h:tf eP . xl/l; l4sf] cgk9 ls; fg cfdafasf]
 5f7f] sd/L ufpEf .dxhg ; /lsf] ; kdf lrgg yfllof].

p/f7 kxf8sf] gfsdf cj:l:yt Tof] le/fnf] kvvdf
 lzlf, lj Bfyl{ cleefj s ; a} ldn] vhdhfg agfpg]
 dfq xfg slxn] sf7df8f] xQl; f/af6 t slxn] j/l/kl/sf
 hEnaf6 la?jf NofP/ lj Bfno lfgdf j[f/fkOf uVofF.
 lj Bfyl{x; E d lj Bfno j/l/kl/sf uf7x; df klg a:yF.
 xfdl ; E] ksfpVofF vfgVofF/ efBf df VofF. cfkth klg
 clwog uyF/ pglx; n0{klg kl/t uyF. vhsb sfoqnd
 jf P; Pn; l k/lifdf ; fdh] u/fpg lj Bfyl{x; n0{lnP/
 ; b/dsf d klyF. lj Bfyl{x; E] P]t xfl; s :yn, kxf8sf
 6fs/f, wld\$ dhf-kj { lax} j tdfg cflbdf ; fdh] xGyF.

lj Bfyl{f0{laxfg-ahsf cltl/St k9fPafkt zNs lng]
 rngsf] d lj /fl lyPF. lzlf ;]fs} ; kdf /xgk5{/
 lzlf ; dhfsf] pbx/0fio JolQm agk5{ eGg] dfgotf
 af\$3f] lyPF. zfob dkltsf] ; Ddfgn] xfhf, lj Bfyl{x;
 3/af6 rfdn, l3p, t/sf/l, kmkth lnP/ cfpF]. ToxfF
 a; Gh] dh] slxNo} bfn, t/sf/l, rfdn lsgk/g . tl
 d7f] hljgs} ; jOfd lbg lyP . ; a} lzlf sx; Pslv
 !) slff; Ddsf hg; S} ljifo k9fpg cl3 ; VofF/ sg}
 slff vfnl xg lbPgfF. o; /l g] fsf\$sf] sd/L ufpEf6
 dh] ; lfd lzlfssf] tflnd kkt u/F.

P; Pn; l kf; u/ 3/blv 6f9sf] hflu/ vfb] dh]
 alP÷alP8 dfq} xfg PdP ; d7 u/F. @)\$* ; fndf
 klyds lzlf sdf :yfol, @)! ; fndf lgdflj lzlf sdf

:yfol, @)%@ ; fndf dflj uloft lzlf sdf nlnk/ lhNnfd
 kyd :yfg; lxt c:yfol tyf @)^) ; fndf dflj uloft
 lzlfssf] ; kdf nlnk/ lhNnfd} kyd :yfg xfi; n ug]
 d7f] lfdt/ / cfw/ Toxl .3/ ckfos lzlfslsf] hflu/
 g] lyof]. Tof] cj ; / / d7gtn] g} dnf0{clxn] uloft
 lj ifosf] ; JolStsf] ; kdf pleg ; Sg] agfof].

@)! ; fndf dnf0{g] fsf\$S} uf] of! :yt z^vfb] l
 lgdflj df lgDgdflwolds txdf :yfol lgolSt lbOPk15
 dh] sd/L uflj ; 5f8gkg] eof]. cfkth] !@ a; Gt
 latfPsf] / sdh] cf] gf] agfPsf] sd/L ufpF5f8] cGt
 hfgkbf{dgdf ulx/f] rfb kVof]. nfv sflzz ubf{klg
 ToxfFa: g gkfp] ePk15 dh] nlnk/ g} kms] lgwf]
 u/F. (c; f/ @)%@ df lgDgdflwolds txsf] :yfol
 uloft lzlfssf] ; kdf ufbdrf] :yt lj z^vfb/foof dflj df
 lhNnfd/ ; ?] jf eP/ cfPk15 d 3/kfos lzlf agF.

nlnk/df cfPk15 zxl/of ; fylef0sf] xfokm0 dfq}
 xfg, .k} fn] lzlf lsgg] dfg; stf ePsf lj Bfyl{x; n]
 dnf0{ 3g} {gvfh\$sf xfgg\ . t/ ; fdbflos lj Bfnod]
 cf] gf 5f7f5f7l egf{u/\$f] jf:tlj stf a%} clxn] klg
 d ; fdbflos lj Bfnod} k9fp5' . d slt tna kfp]
 eGf klg lj Bfyl{x; :t/ s; /l p7fpg] eGg] s'fdf wofg
 lbgk5{ eGg] 7f65' / a9leGf a9l lj Bfyl{f0{ cf] gf]
 cgej af8g] kof; u5{. To; h] d w7} k} sf nflu yf7}
 lj Bfyl{f0{ sf7] 6a; g k9fpg rfxGg . c; n lzlf
 hg; S} jftj / ofdf klg c; n g} / x65 / ; dhdf pbx/0fio
 ag ; S5 eGg] dnf0{ nlu5 .

zx/sf lj Bfyl{x; yf7} d7gtn] w7} kfp] cfzf /V5g\
 klj lwsf] kof] cfj Zostfcg; f/ eGf klg lj nfi; tfsf
 nflu kof] ug] k] Qsf] lj sf; n] o:tf] ePsf] xg; S5 .
 Sofg] Bog lgj Q lzlf l dq s\$hl lap8h] lzlf of k7df
 ; w/sf] ; Gbedf nly\$fi] l r7lsf] Pp6f jfSo .ltdln] ; g\$
 ; DkOf{ cfwlg cflj isf/x; n] klg Pp6f /fd] lzlf snf0{
 kl: yfkg ug{ ; Sbg] eGg] d kfoM ; D%65; lsgg] d
 cfzj fbl lzlf xF.

Pp6f c; n snfsf/sf] xftdf kVof] eg] lau\$fi] ahfn]
 klg ; dw/ wG lbg; S5 elg65 . d7f] @\$ jif\$fi] cgej n]
 eG5, Pp6f /fd] lzlfssf nflu 3/kfos jf ckfosn]
 vf; } km/s kfbg . of] JolStut ; f7f0sf] s/f dfq} xf].
 cfkth E ePsf] ; gsf] pko] ug{ ; Sg] t/ c; sf] lkQnsf]
 nfe ug] k] Q g5f8] dd ; sf/fds ; f7sf] lj sf; xg
 ; Sbg . ; sf/fds ; f7sf ; fy ul/g] ; sf/fds lzlf ofn]
 dfq ; dhdf ; sf/fds kl/j tG NofP5 / ; ah] cfzf
 u/\$f] ; Gb/ gkfn ag5 .

-dxhg nlnk/sf cujf ; f7JolSt xg\.

s [ɪfkʷfg ; dfhsf] pkh



3 | /kfos hflu/df lzlfnsn]b0vfn]>d ug{kfp5g\ lzlfns xbf ; [f] >dl / 3/ɰ' sfdshdf xbf .gnf] >dl . xdf] ; dfhdf ; [f] >d -dfgl; s / aŋ4s sfd_ nfo{ ; Ddfg / gnf] >d -zf/l/s >d_ nfo{ xɰf ul/G5 . t/ bj}>dnf0{eP ljzɰu/l ufdlof eʒdf uhasf] 7fngG5 . ; [f] >dnf0{al4sf] sfdeGbf klg ; vsf] >dsf] ʒkdf lnG5 . csf] ufdlof eʒdf lzlfns al4hljl / /fHo ; eGgsf] cEsf] ʒkdf klg sxlnG5g\ . Psflt/ ; [f] >dsf] hflu/ / klɰi7f csf] / gnf] >dsf] clɰl/Qm cflyʒ nfe clg ; dfhsf] cuŋl al4hljl sxlng kfgp] ePsn] xdf] h:tf] sɰfkʷfg ; dfhdf lzlfns ʒ 3/kfos hflu/df cfsif ʒ ePsf blvG5g\ . ljsf; f]dv bʒel/sf lzlfns] cfnh0{ ; / l jleGg eldsdf 5/k:6 kfg] sf/Of bl/nf] ljBno Joj:yfkg / kolɰt tna tyf ; ljwfs] cej g] x]. o:tf] :yɰt ef/t nufotsf t] f] ljzɰ sf sɰfkʷfg ; dfhdf lj Bdfg 5g\ .

blifof Pl; ofsf] ; Gbeŋf, lzlfssf] 3/kfos hflu/nf0{/fhgllts .s/l/o/l; ʒ klg hf] x] ; lsg5 . aɰfotl / /sf/sf] cGt/f] ljsf; ljefu -8lPknf08l n] ; g\)& df kʒflzt u/ʒ] Ps clwoog klɰt] gcg; f/, blifof Pl; ofsf ufdlof lzlfns clkn]sf lzlfssf thgdf /fhgllts/Ofsf sf/Of sd pQ/bfol 5g\ . To:t} .Unf] knf6l{/ ; r{uɰk]sf cg; f/, lzlfns ʒ /fhgllt / ; fE7lgs ultljwdf nfuʒn] ef/tdf z]lfs uOf:t/ v:sʒ] 5 . t/ 8lPknf08l] klɰt] b]sf] lqisif 5, ; a; x/f/ clkn] / blifof Pl; ofsf ufdlof lzlfns ʒ 3/kfos hflu/af6 ; Gtl6 5g\ . blifof Pl; of dfq x] lzlfssf tna-; ljwf tyf ; fdlhs ; Ddfg sd ePsf bʒx;df pglx; 3/kfos hflu/ g] rfxG5g\ . o; sf] dx] kOf{sf/Of cflyʒ klf g] x]. kn]G; ɰl lzlf] b'ah]sf] a%0df ; f:s]ts kfl cyj f ; fl]ts kflsf] ʒkdf /xʒf cf'g] ; f:s]ts ultljw, rf8j f8, effhet], lqmfsd{ ; f:s]ts tyf wldʒ sfoqnd tyf dx] ; jx;df ; xeful x] kfG5 . o; n]Psflt/ ; f:s]ts kflsf] ; Afof ug{ kf0g] / csf] / ; f:s]ts eldsf] vfh]s} qmdf lg:sg] z]lQm] klg 3/kfos hflu/sf] cfsif ʒ a9Psf] blvG5 . kl/jf/, gttf; DaGw, ; fyl, ; dx, 6ɰ, l5dʒ h:tf ; 'd ; fdlhs ; yfx;sf] kɰf] n] klg 3/kfos hflu/klɰtsf] cfsif ʒ a9ʒf] blvG5 .

o:tf] >d ; DaGw xgdf csf] sf/Of Joj ; flos ; s]t / kʒfdf ljz]i6s/Ofsf] cej x]. ol s'f ahf/; ʒ ; DaGwt 5g\ . gkfn nufotsf s]l Pl; ofnl / clkn]s

bʒdf ul/Psf clwoog]sd cfbgl xg] bʒsf lzlfns ʒ ; sd :t/sf] lzlf / tln]sf sf/Of cNk Joj ; flos (semi-professional) xg] u/ʒ] cf]of0Psf] 5 .

cf]f]us ; dfhdf :yfglo lzlfnsn0{ dx] lb0G5 . lzlfns] :yfglo kl/j ʒ ; fdlhs-; f:s]ts /fhgllts kl / :yfglo eff; d] a%ʒ] xG5 . o:tf] lzlfns] ljBf]l0{ uOf:t/lo lzlf lbg ; S5 eGg] a%0 5 . cf]f]us ; dfhdf thg]ds ʒkdf lzlf0f kʒf do]t 5 . cflyʒ pkf] klg / ; ljwf klg thg]ds ʒkdf w] /df] 5 . Joj ; flos / ljz]i6s] ePsn] xdf] lzlfns] h:tf] kl/cf] h] klg sfd ug{k] cj:yf 5g\ . Toxf] lzlfns ʒ k]om Pp6] kʒfdf /xG5g\ To; ʒf

tln]g eP/ sfd u5g\ . af]l ; dodf klg ; f]l Joj ; fosf ljleGg l] / clwoog-cg; Gwfg nufotsf sddf nfu5g\ . geP cf/fd cyj dg] -hg u5g\ tl bʒx;sf] ; fdlhs ; /lf; DaGw kɰf]sf/l Joj:yfsv sf/Of pglx;n] ; jf:Yof]rf/b]v eljiosf] ; /lfa/] vf; } lrGtf ug{k] . To; sf/Of xdf] bʒ h:tf] lzlfns aGg] . nfu] gePk]5 pglx;df 3/kfos hflu/klɰt cf; lQm bl]vg] s/} ePg . a? pglx; gofFgof7fp] uP/ gofFsd ug] / gofFgej lng cu| / xg yfn] 5g\ .

ljBfnodf lzlfns lgo]Qm] Joj:yfkg; Ddsf sfd j]lgs / ; j]ls] k4ltsf cwf/df xg] u/ʒ] 5 . Toxf] k4lt ol] alnof] e0; sʒ] 5 ls To] hlj g ; s]ts] Pp6f cleG cE h:t} e0; sʒ] 5 . Toxf] lzlfns] g /fhgllt ug] ; f] /v5, g t cf'gf] kʒfut b]o]af6 ljdv eP/ k9fp5 . lzlfns bnlo /fhglltklɰt cf; lQm x]g\ . ; f:s]ts ; Gbeŋf / gttfuf]f, kl/jf/, ; fyl ; dxalr klg Joj ; flos g] aGg] ; s]t blvG5 . t/ xdf] ; Gbeŋf gttfuf]f, kl/jf/, ; fyl, ; dx h:tf ; 'd ; yfx;n] ; dfhnf0{ kɰf] t ag]Psf] blvG5 .

3/kfos jf :yfglo lzlfns l; 4f]ttM cglrt geP klg gkfn] clxn]sf] ; Gbeŋf ^ sf/Ofn] pkoQm blvG5 . klxn] Joj ; flos ; s]ts] cej . b]f] kolɰt tna tyf ; ljwfs] sdl . t]f] s]f >dsf] af]bsf/l dfu . r]f] :yfglo lzlfns / ; dbfosf ; b:ox;arsf] aGg . k]f]f] ljBfnodf bnlo /fhglltsf] ; 3g pkl:yɰt . 5ɰf] Joj ; flos aGg afw k]ofpg] ljleGg ; f:s]ts klfx; . a?, kolɰt tna-; ljwf, cfj f; , k]f] ; fxg kofshx;sf] Joj:yf ug{ ; s]3/eGbf 6f9f /vbf clxn] bl]vPsf afwfx; qmdz]M sd x]hfG5g\ z]lfs pkn]aw a9l xg] blvG5 .

lzlf0f kʒf ljz]i6s]t e0; sʒf bʒx;sf] ; fdlhs ; /lf; DaGw kɰf]sf/l Joj:yfsv sf/Of pglx;n] ; jf:Yof]rf/b]v eljiosf] ; /lfa/] vf; } lrGtf ug{k] . pglx;df 3/kfos hflu/klɰt cf; lQm bl]vg] s/} ePg .

x/đ dlxgfsf] klxnf] ; ftf

tkf0đf] glhssf] klqsf k; ndf ; dđ pknAw xG5 .

शिक्षक dfi; s cflwsfl/s ljt/sxđ

l; Gwhl

Go" k/hgf :6žg/l
l; Gwhl, @ g+ahf/ M)\$&-%@)@%
; Dks{JolQm M ; Zln b}sfđf

; nfxl

uOfž :6žg/l
nfnagbl M)\$^-%)!!#*
; Dks{JolQm M hlj gafa' sfsł{

/fjx6

køft :6žg/l
rGblgufxk/ M)%%-%\$)%)@
; Dks{JolQm M kšfz nfd

k; f{

df0:yfg abzk
jL/uGh M)%!-%@#\$\$)
; Dks{JolQm M ; /ž hfžl

dsjfgk/

; dfrf/ sđb|
:sh /fđ, xđđf M (*\$%)%)&!
; Dks{JolQm M blks >đđ

l; /xf

; ltf gfđđ Goh ; đ6/
nxfg-!,)##-%^))@&
; Dks{JolQm M ; /đbđdf/ >đđ

bfđđvf

xf/tl :6žg/l P08 ; knfo; {
eldžj/ M (&\$!)\$&!()
; Dks{JolQm M gf/fođfaxfb/ >đđ

gjn k/f; l

ldng k!ts k; n
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; Dks{JolQm M Clif 1jfnl

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e}xjf M)&!-%@!&#\$
; Dks{JolQm M lj iđf d/fl; gl

ljžfn k!ts ; bg

abjn, đkGbđl
knđđ M)&!-%\$^%%(
; Dks{JolQm M blkđb/hl=; l=

bf^a

vgn k!ts k; n
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ndxl, bf^a
knđđ M)*@-%\$))*)
; Dks{JolQm M eđđ /fjn

hgtf aš :6n

žfjxl, bf^a, knđđ M)*@-%^)^@^(
; Dks{JolQm M /fdeQm uktf

afđđ

lxdfn l8l:6k06/
gđfnuGh M)*!-%@#*\$*
; Dks{JolQm M uđžđ lđđ

albđf

hgkđ k!ts k; n
uhl/of M)*\$-\$@)@!!
; Dks{JolQm M sđđf 1jfnl

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el/ufpFalbđf
knđđ M)*\$-^(@*!, (*\$*)#%\$)#
; Dks{JolQm M ?bđ|fb cođđ

s-rgk/

dxsfnl ; dfrf/ sđb|
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gf/fođl k!ts ; bg
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?al lkđ6^a k|
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>đđ aš; P08 Goh Phđ; l
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Jffođ kšfz
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; vđ M)#-%!)&(!, (*\$*)@*)#%



xødf:6/ Ū

k\fgf\bfks / Ij Bfno

- ✦ Ij Bfno Joj:yfkg / k7gkf7g ; wfg{ Pp6f kçsf] s:tf] eldsf xg; S5 <
- ✦ S] kç ../fdff] xff :sh ../fdff] xG5 <
- ✦ Pp6f cf}t kçsf nflu ; d:of, rgff]l / kç xg] cfsifff s] xg\<
- ✦ kçxç sfklt pQ/bfol xg} cleefjs, Ij Bfyl{ :sh ; ~rfns÷Joj:yfkg ; ldt, lhlzc cyjf /fhgllts g]Tj <
- ✦ kçsf]lgoIst, clwsf/, sfof]lw, ;?jf, ; Af0f, clwsf/, ; Ijwf; DaGwl j t0fg Joj:yfdf kl/jt0 ug{ h?/l 5 ls 50 <
- ✦ Pp6f k\fgf\bfksdf xgkg]Goçtd u0f / Ij z]tf s] xg\<
dflysf kçgxçsf] ; }fkm]f0f /xl, Ij Bfno lzIffnf0{ c%o a9l pknIawdhs tNofpg k\fgf\bfkssf] eldsf s:tf] xgk5{ eGg0f/0f cf^gf] wf/0ff÷bl[i6sf0f÷cg0ej *)) zAbdf ga9f0{df3 !* ut]eq tnsf] 7\fgfdf k7fpgxf]hf .

kf]6 aS; gM !^^, kf6g9fçf, nlnkt/
krf]M)!-%%\$@%@

Od]M mail@teacher.org.np
j]M www.teacher.org.np

pTs[6 Ij rf/÷k|tfjn] ?=%,)))÷--
gub k7:sf/ kfpqç .

IrGtg

:jfdL ljj}fgGb

1fg t dflg; leq}xG5



1f | g dflg; df cGtlg}xt xG5 . sg} klg 1fg aflx/af6 cfpbg . sg} JolQm]s}l s/f hfGb5 el' dgflj 1fgsf]efiffdf p; n] s] knhf kf5 jf s] vflj5 el' xf]. dflg; n] s] l; S5 el' p; n] cf'gf] cflfdnf0{ pwl/7 s] knhf kf5{el' xf]. cflfd c; lldt 1fgsf]e08f/ xf]. G68gn]u?j fsiw]sf]l; 4ft kQf nufP el'sf] cy{ hldgsf] sg} sgdf al; /x}f] j :t' e}fPsf]eg] xflg . To] pgsf] dl:tisdf g} /x}f] lyof]. ; doqmdf To] aflx/ cfof]. ; #/df Jofkt ; a}1fgx; lbdfus} pkh xg\ . a}df08sf]c; lldt k':tsfno x/\$ JolStsf]lbdud}xG5 . To; }d eG5; dflg; df cGtlg}xt u0f / kltefnf0{ k}kn6t ug{ g} lzlf xf].

aflx/l ; #/n] t ; Nnfx dfq lbg ; S5 . To; n] tkf0f0{ cf'g} dl:tissf] clwoog ug{ nufp5 . v; }f]:ofpn]G68gnf0{ ; [} u}of]. To; kl5 pgn]cf'g} dl:tissf] clwoog u/. dl:tisdf /x}f k/fgf lj rf/sf z'vnx;nf0{ kbll; e}hg u/] / gofFs8l knhf kf/]h; nf0{ pgn]u?j fsiw]sf]l; 4ft eg]. of]s/f :ofpdf knhf k/\$f] xflg g t kV]lsf] s}bdf g} kf0Psf] xf]. of] 1fg pgs} lbdfuaf6 ; l6 eof].

To; }d ; f#l/s tyf cflwof]tds bj}1fg dflg; sf] dl:tisd} /x}f xG5g\ . xf] wj} s'/fx; k6 ; kdf knhf k/\$f xG5g\ . a? ltlgx; 5flkP/ /x}f xG5g\ . ha of]cfj/Of la:tf/}x6b}hfG5 -h; nf0{xfdl l; sf0 eG5fF 1fgsf]lj :tf/ / j [4 xG}hfG5 . hg dflg; df



afnafnnsfnf0{ lzlf lbg' eg}f] la?jf xsf}pg' h:t} xf]. la?jf cf'g} k}st} :j; kdf xG5 . afns klg cfkn}lzlf xG5 . t/ xfdl p; nf0{cl3 a9} d2t ug{ ; S5f}. pmeqsf] 1fg t cfkn}aflx/ cfpj] xf].

o:tf] cfj/Of xl6; s}f] xG5, p; nf0{ xfdl 1fgl df6b5fF. hg JolQmaf6 of] 3D6f]x6}f] xG5 p; nf0{c1fgl eG5fF. hg JolQmf of] 3D6f] k0f{ ; kdf pl7; s}f] xG5, pm ; j 1 sxnfp5 . h; /L bzg9}af / rdsd /u8bf %hf}df cfuf]; NsG5 To; }L afXo ; [}; Gsf] 3if}faf6 dl:tisdf /x}f]1fg aflx/ cfp5 . ; a}1fg / lfdt JolQmeq}cGt/lglxt xG5 . ; a}1fgsf]; f} cflfd xf]. dflg; n]cfknleq /x}f] 1fgnf0{ k}knwof u/fp5 hg p; df cgGt sfnb}v g} /x}f] xG5 .

jf:tjdf sf}l klg JolQm c;n] l; sfP/ l; Sb} . p; n]:jodV; Sgk5{. lzlfsn]; [} dfq lbG5 h; n] p; sf] sg} j :taf/ a'g] cfGtl/s rfxgfnf0{ ptk} /t jf hfuf u/f0lbG5 . xfdlleq cGt/lglxt 1fgn] pQm j :tsf af/df c; a9l :ki6 kf5} n}hfG5 h; nf0{xfdl cf'gf]cGt/dgdf dx; ; ub5fF. xhf/fF uh hldg 9fSg] j/sf] ; vsf] u0f t}f]lsf]bfgfcbf klg ; fgf]alhd f/x}f]xG5 . To:t} lj /f6 1fg klg hlj sf]leq /x}f] k}kn}nfHddf uhln6P/ /x}f] xG5 . of] s/f c; Et nllg ; S5 t/ jf:tlj stf oxl xf]. xfdl ; a}Pp6f sf}faf6 lj sf; eP/ cfp5fF / xfdldf ePsf]; a}zIQm Toxl sf}df /x}f] k}kn}nfHddf uhln6P/ /x}f] xG5 . To:tf] zIQm xfdln] vPsf]vfg}faf6 k}lftM k}kt xg]xflg . To]c; lldt zIQm/ lfdt dflg; sf] cflfdf xG5, rfx] p; nf0{ o; af/] hfgsf/l xf] \ jf gx] \ . o; sf] k}knwof dflg; sf] ; r}tfd e/ kb5 . kfollh; f] dflg; x; df of] b}l cfnf\$ wldn eP/ a; }f] xG5 . of] knfdfs]efBleq /fv}f]aQl h:t}xf]hxf}f6 k}fzsf] ls/Of aflx/ cfp5 . kljqt / lg:j fyll}gn]ubf{To]afSnf]wldn efBf]qmdzM kftln6} hfG5 / cGtodf ; l; f h:t}kf/bzl{ a} kU5 .

afnafnnsfnf0{lzlf lbg' eg}f]la?jf xsf}pg'

h:t}xf]. la?jf cf'g}kfs[ts :j;kdf xs'5 .
afns klg cfknHlzllft xG5 . t/ xfdl p; nfo{
cl3 a9g d2t ug{ ; S5fF. xfdl p; sf
cufl8sf Jojwfgx; kG5fpg ; S5fF. pnegsf]
1fg t :jfeffjs ;kd}afix/ cfpq}xf]. df6mf0{
vshf] kfl/lbpF h; n] ubf{ la?jf ; lhn}E
pdg ; sf] \. c;n] gi6 kfg{ g; sg\egl
nuf0lbpF. alp ljsl; t xgsf nflu cfjZos
kg]t{t}x; df6f] kfgl / xjff pknAw u/fpF.
tkf0sf] sfd olQd} ; lsg5 . la?jf cf'g]
kfs[ts :jefjcg; f/ cfknF x's'5 .
afnaflnsfx;sf] lzllf klg To:t} lsl; dsf]
xG5 . afns cfknF; S5 . olb lzllfs cfknH]
l; sfPsf] 7f65 eg] p; n] ; a)s'f gi6 u/3f]
7x5{. lzllfssf] sfd t afnsdf cGt/lglxt
1fgnf0{ hfuE u/fpg] Dd dfq xf].

sg}lzllf k0ffnln]afnaflnsfnf0{lzllft
agfpg] nlo /V5 eg] Tof] To:t}lj rf/ xf]
h; n]uwfnf0{wf]f/ uf0{agfpg vff]5 . To:t}
lzllf k0ffnl aGb g}ul/gk5{. cleefj sn]
cgfj Zos ;kdf afnaflnsfnf0{lgogq0f ubf{
pglx;sf] :j tGq ljsf; xg ; Sbg . x/3
JolQmf c; lldt vfnsf rfxgf xG5g\h; nfo{
k'f xg lbgk5{. kl/j tGsf nflu eg]
lx;fids pkfo ckgf0f]eg] To; n] JolStsf]
;kGt/0fnf0{c% ; !t agfp5 . sg}dflg; nfo{
l; * al lbOPg eg] pm ^ofp/f] al kU5 .

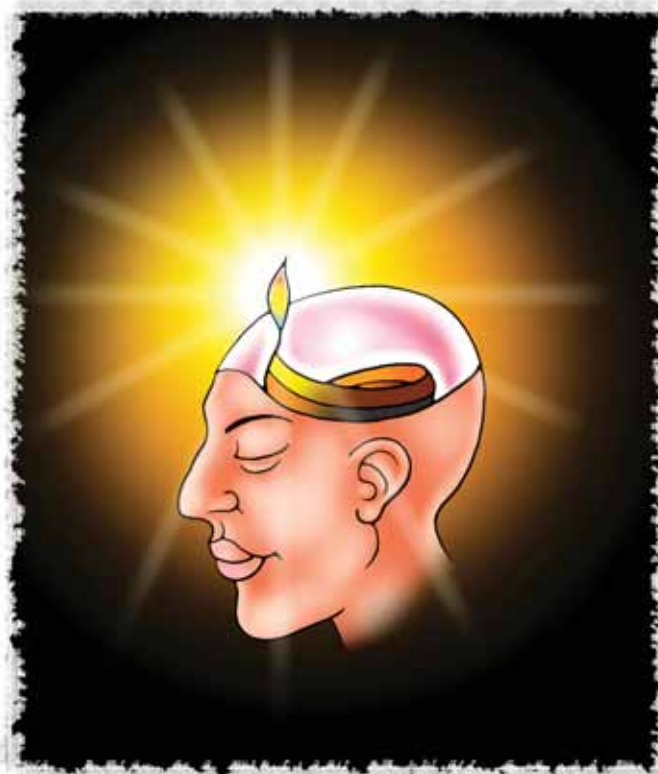
gsf/flds lj rf/n] dflg; nfo{ sdhf]
agfp5 . To; h]lzllfn] ; wf; sf/flds lj rf/
k0fg ugk5 . cleefj sn]hg afnaflnsfnf0{
k9g, n]vgsf nflu c'olws bafa lbPsf xG5g\
ltgn]sxl klg l; Sg ; Sbg\ . af/Daf/ dV{
eGb} hf]f cGt0df afnaflnsfx; ; fRr} g}
dV{ ePsf pbfx/0fx; klg kf0G5g\
afnaflnsfx;nf0{dfofn' kf/fn]Joj xf/ u'of]
/ pglx;nf0{ kff] ; flxt ul/of] eg] pglx;n]
cjZo k'ilt ug{ ; S5g\ . cfdlge{ aG5g\
dflg; sf uNtlnf0{ b'fpgsf] ; f6f] To; nfo{
s; /l c% /df]kfg{ ; lsg5 egl l; sfpgk5{.

x/3 JolQmf0{pm hxfF5 ToxlE6 cufl8
a9fpgk5{. tR5 elg ; lD%Psfx; klg
; dosf] cGt/fndf kl/jltE ePsf 5g\
JolQmsf] ljzif %sfjnf0{ gi6 gul/sg,
pglx;nf0{ kff] ; ffg lbP/ sdhf] JolQm;nf0{
klg dflly p7fpg ; lsg5 . dflg; sf]lj sf; sf
nflu :j tGqtf klxnf] s'f xf].

lzllf eg3f] lbdudf ; r'gf jf hfgsf/l
eg] sfd dfq xfoG . dl:tisdf e08f/0f
ul/Psf sf]f hfgsf/lnf0{lzllf el ldnbb .
xfdlx;n] hljg lgd0f, dfgj lgd0f, r/q
lgd0f h:tf lj rf/x;nf0{ Psh6 ugk5{.

sg}k'fFj 6f dfq}/fdl lj rf/nf0{cf'gf]hljg
/ r/qdf Psfsf/ kfg{ ; lsof] eg] k'f
k'tsfnosf ; a)l'st'f]af/df hf]l]df05G6f
a9l lzllft algG5 . lzllf ; r'gf;sf] ; a'x
dfq}x'f]xf]t k'tsfnosf ; a'G6f 7hf]lj'afg\
xb]lyof]/ 1fgsfz -0G; f0SnfklBof_ ; a'G6f
7hf] Clif .

ljbzl efiiddf n]vPsf k'tsx; k9bdf
/ ljZj lj Bfnoaf6 pRr txsf]kdf0fkq lnEdf
lzllft e08f . lzllf s}xf] <lzlffsf]p2Zo
s}xf] < ; /sf/l hflu/ <j] lsn <Gofofwz <
o; n]bz'nf0{s}kn0bf k'vofp5 <dflg; nfo{
s]kn0bf lbG5 <lzlffn]ul/a / c; xfox;sf
cfjZostf k'f ug{ s} ; xof]u u/3f] 5 <
eGg] s'f Vofn ugk5{. lzllfn] cfd
hg; dbfonf0{ lhpgsf nflu sxl ; lk jf
pkfo lbg ; s'g, r/q lgd0f0f an k'vofPg,
ljZj aGw]jsf] efjgf k'bf u/fPg / ; fx;
lbPg eg] Tof] lzllf, lzllf xfoG .



af: b]

**h; /l bz'9'af / rds /u8f %hf]f cfuf] ; Nsg5
To; h] / afXo ; [] ; Gsf] 3if0'af6 dl:tisdf /x3f] 1fg
afix/ cfp5 . ; a}fg / lfdt'f JolQmf]cGt/lglxt xG5 .**

cfđ dflg;sf nflu lzlf

cfđ ;dbfodf hlt a9l dfqdf lzlf /
 af]4tstfsf]k]f/ x65 /fi6«Toxl cgkftdf
 p]t a65 . lzlf / af]4stf yf]}}dflg; sf
 xftdf ;lldt /xšf bžx;sf]cj:yf g}; ašGb
 boglo x65 . JolQm] ljsf;sf nflu lzlf
 k]fg ug{g}tNnf]jušf hgtfsf] ;}f ug]
 Ps dfq tl/sf xf] . ;#f/df s]e0/xšf]5
 e]]s/f]sf] hfgsf/l pglx;nf0{lbj}xf eg]
 cf]gf]dlQmsf nflu pglx; :jod\nflvg5g\
 x/š JolQm / /fi6«] cf]gf] dlQmsf nflu
 cfknf]nflgk5{. pglx;nf0{rflxg]; xof] egšf]
 ljrf/ xf] . ljrf/ kfPk]5 To;n]cf]gf]kefj
 cfknf]b]v]pg yf]5 . d]f] ljrf/df ;lldt
 JolQm;sf xftdf /xšf lsfasf] 1fgnf0{
 ;j]k]yd hg;dlf Nofpgk5{.

/fi6«%f]8ldf a;šf] x65 . ul/al /
 %f]8ldf a:g]dflg;x;nf0{s]atfpgk5{eg]
 .rk nfu] a:bf s]l kf0b]g]l pglx;sf]
 cj:yfdf ;wf/ Nofpg zf:qdf ePsf
 ;Tox;nf0{g/d / nf]š]k]p tl/sfn]k]tt
 ugk5{. pglx;nf0{Jofk/; Joj;fo /
 s]l]fsf af/]f ;d] ;/n efiffdf
 atfpgk5{.

lgdVf / ul/ax;sf]lfdtf lj sf;
 ug]klxnf]sfd egšf] pklgibšf] .d

**lgdVf / ul/ax;sf]lfdtf lj sf; ug]klxnf]sfd egšf]
 pklgibšf] .d g}a]d xF dnf0{t/af/n] sf6g ;Sbğ,
 efnfn] 5ğğ ;Sbğ, dnf0{cfuf]h] hnfpğ ;Sbğ, g t
 xfjfn] ;šfpg ;S5, d ;jžlQm]fg xF d ;j]ftf xF
 e]] ;Gždfkn] pglx;df ljZj;f; k]f u/fpgk5{.**

g}a]d xF dnf0{t/af/n] sf6g ;Sbğ,
 efnfn] 5ğğ ;Sbğ, dnf0{cfuf]h] hnfpğ
 ;Sbğ, g t xfjfn] ;šfpg ;S5, d
 ;jžlQm]fg xFd ;j]ftf xF e]] ;Gždfkn]
 pglx;df ljZj;f; k]f u/fpgk5{. sğ}klg
 r]gzln eof] eg] dfq sğ}ljBfyl{c;n
 al ;S5 .

ul/al ;a ;d:ofsf]h8 xf]. t/ klg,
 olb ul/asf 5f]f5f]l lzlf lng :sh cfpğ
 ;Sbğg\eg] lzlf lbg pglx; ePs}7fpf
 hfgk5{. xfd] bždf o:tf yk}Toful tyf
 tk:jl JolQm; 5g\hf] wd{k]f/sf nflu
 ufpf]Fhf65g\ . tld]Wo] s]l JolQm;nf0{
 wdšf] ;f6]c]o ljifox; l;šfpg lzlfssf
 ;kdf tof/ ug]xf] eg] pglx; 3/3/df
 ku] lzlf; d] lbg ;S5g\ . pglx;n]Sofd/f,
 Unf] / gS;f lnP/ ufpf] u0{a]df08 /

e]f]hsf] af/]f l;šfpg ;S5g\ . ljle]
 bžx;sf af/]f hfgsf/l lbP/ ul/ax;nf0{
 ;of]k:tsx;af6 k]kt ug{g;lsj]1fg lbg
 ;ls65 . cfwgs lj1fgsf];xfotfn]pglx;sf]
 1fgnf0{c% a9l kšfzdo agfpg ;ls65 .
 af]Rgsf nflu ;ašifdf Jo:t /xgk/šfn]
 w]}}dflg;x;n] 1fg k]k]tsf nflu ;do
 kf]p]g\ . pglx; nfd];do;Dd of]Gqs c]f]/
 h:t}3f]60/xšf x65g\eg]s]l rnfv lzlf
 JolQm;n]pglx;sf]d]x]gtsf]kn]0bf p7f0/xšf
 x65g\ . t/ ;do ablnPs]5 . tNnf]ju]nf0{
 qm]ZM of] s/f yxf e0/xšf]5 / pglx;
 o:tf]z]f]ofsf lj?4 ;E]7t x65g\ . d]fyNnf]
 ju]ca pglx;nf0{bdg ug{hlt;š}k]p]g
 u/]klg ;Dej 5ğ . tNnf]jušf dflg;x;nf0{
 pglx;sf]clwsf/ k]k]tsf sfddf ;3fpg'g]
 d]fyNnf]jušf]klg lxtdf x65 . tNnf]ju]nf0{
 ;xfgelt kfof] eg] p;sf]sfdk]tsf] p] ;fx
 ;of]Fu0ff a9] hf65 .

ašf/df ;do v] kn]NgeGb ul/al
 lgj]f/0fsf nflu / Jofjxf]s ;dfwfg
 klxNofpgsf nflu ;do vlr]a] x65 .
 oltn]dfq k]bğ . of]kxf8 hlQs}7hf]
 ;d:ofnf0{k/f:t ug{To;f]ug]rfxgf rflx65 .
 ;#f/sf ;a}z]Qm cf0nfu]klg ;xl sfd
 ug{tof/ xgk5{. o; ;Da6wdf et]l/n]
 egšf 5g\;fwx;n]ufnl u;g]vjf kž#f,
 nldl cfp]g]j]f hf]p]g]d[0' ;fd]g]c]cf]f]
 jf ;of]j]f]k]5f]8 hf]cf]f]t/ ;Tosf]af6f]f]
 ;w]Fb] ;Nk lnP/ plegkb] . E o:tf]w]f]
 cfjZos 5 . ol tlg s/fx; ;fydf 5g\
 eg]c;Dej s/f klg ;Dej x65 .

...xl dfudf 8f]of]p]m p]hofnf]kn]of]p]m
 e]g]k]f]v]f u]of]eg]c]wsf/df klg kšfz
 kn]f kg] . xfdlnf0{af6f]b]v]pg xft cl3
 ;g] . ul/al, z]f]f] / lg/ašz]tsf]c]f]osf
 lg]dt nflu]f] . pglx;sf 3/3/df ku] lzlf
 k]fg u/f] .

dlxnf lzlf

ef/t]if]f k?if / dlxnfalr olw]c;dfgtf
 lsg 5 e]]s/f a'g Hofb]sl7g 5 . j]f]c]tn]
 ;a}hljx;df Pp6}cf]df /xšf]x65 egšf]
 5 . t/ dg'd]t h:tf u]y n]y] / To;nf0{
 k]ngf u/fpg]s8f lgod nfu"u/]k]5 k?ifx;n]
 dlxnfnf0{p]tk]bgsf ;fwg dfq agfP .
 kl08tx;n]c; hftsf dflg;nf0{j] k9g]sf
 nflu cof]o 3f]f]t u/]k]5 dlxnf;x;nf0{klg
 pglx;sf]clwsf/af6 j]l-rt u/] . j]šs tyf
 pklgibšfndf dğğ / ufuf{h:tf ljblfx;
 gePsf xf]g]g\ . xhf/f]j]šs lj]f]g]x;sf]

pkl:yltdf ufuk]of1jNsonf0{zf:qydf rbf]l
lbPsl ly0g\.

dlxf;nf0{ cfb/ ug; ; a} b; ; d4
ePsf 5g\ . hg b;n] dlxfnf0{ ; Ddfg ub;g
Tof] b; slxNo} klg ; d4 xg ; Sb; .
cd]/slx; dlxf;nf0{ ; Ddfg u5g\ .
pglx;nf0{/fd] Jojxf/ u5g\ . To; h] pglx;
Tolt ; d4, Tolt lzllft, Tolt :jtGq / Tolt
hf]l/nf /xg ; s;f xg\ . xfdlx; cwf]littknf
nllgsf]dVo sf/of s]x]eg]x]dln]zIQm] ; kf
dlxfnf0{cfb/-; Ddfg u/df; . dgh]s]eg;f
5gVeg]hxfDlxnf;sf]cfb/ xG5 ToxfB] tf
klg k; xG5g\ hxfDlxnf0{x]h ul/G5
ToxfB; ; DkOf{ dfg; sf ; a} sfd / kOf;
lg/y; xG5g\ . dlxf bML ePsf] b; /
kl/jf/sf] p]lt ; Dej 5g .

dlxf; cg;f]s]7g ; d:ofaf/f h]hPsf
5g\ . t/ lzllfsf d]lWodaf/f tl ; d:of xn
ug; ; lsg]x]0g . lzllfsf af/df dgh]eg;f
5g\ .5f]lnf0{ lzllf lbg 5f]f; /x dfof /
Wofg lbgk5{ . h; /L 5f]fx;n] @%
jif{Ddsf] aXdrok]5 ljjfx ugk5{To; u/L dlxf;n]
klg Tolt ahf; Dd aXdrok]f]kngf ugk5 .
pglx;nf0{cleefj]sn] lzllf lbgk5 u t/
clxn] pglx;nf0{ ; w]l/ c; xfo / cfl>t
a] l; sf0Psf]5 . km;j ; k pglx; ; fgltgf
; d:of cf0kbf{ ; d] c]f' rxfpg] ub;g\ .
dlxf;nf0{pglx;sf ; d:of cfk]F; d]wfg
ug; ; lfd agfpgk5 .

dlxf;n] ; ltsf] cfbz]f0{ cf]d; ft\
ugk5 hf]xhf/]f] if]lv ; a}k?if, dlxf /
afnaf]nsfx;sf nflu khglo a] ; s;sl 5g\ .
; ltf w; / bMvsl kl]t; k xg\ . pgl
kljqtfeGbf klg klj q l5g\ . pgn] bMw0f{
hljgnf0{ug;f; f]a]u/ g]latf0g\ . pgl klj q
dlxf xg\ . To; h] pgl ; a;f]cfbz;f ; kdf
/x;sl 5g\ . jt]dfg cj:ydf o:tf]oful

JolQm;sf] h?/t 5 h;n] hljgkO;t
aXdrok]f] kngf u/L aXdrf/L /
aXdrf]l/Of]sf] ; kdf hljg Joltt u;g\
oldWo]Ps hgf dlxf klg aXdfs]pkf; s
a] ; lsg\eg] pgsf] JolQm]n] ubf{xhf/]f
dlxf ; Tok]t hfuf?s / kl]t a]5g\h;n]
/fi6«/ ; dfhsf] enf0 ug; .

k9fpg] sfd aXdrf]l/Of]x;n] lbgk5 .
pglx;n]zx/ tyf uf]p]f z]l]fs s]b]v]hl
dlxf lzllfsf]k]f/-k]f/ ugk5 . To:tf
JolQm;af6 b;df ; f]f]cydf dlxf lzllfsf]
lj:tf/ ug; ; lsg5 . Oltxf; , k/f0f,
3/Jojxf/ / lrgsnf, lhD]f]l / r]l/q



lzllfsf af/df dgh] eg;f 5g\ .5f]lnf0{ lzllf lbg
5f]f; /x dfof / Wofg lbgk5{ . h; /L 5f]fx;n] @%
jif{Ddsf] aXdrok]5 ljjfx ugk5{To; u/L dlxf;n]
klg Tolt ahf; Dd aXdrok]f]kngf ugk5 . pglx;nf0{
cleefj]sn] lzllf lbgk5 u

lgd]f]s] l; 4f]tx; k9fpgk5 . o; sf ; fy}
l; nf0, vfgf ksfpg] afnaf]nsfx;sf]
:ofx/ ; f/ / 3/fo;L Jojxf/sf lgodx;
klg ; fd]h ul/gk5 . hk, tk / Wofg
lzllfsf]cle] cE xgk5 . o; sf clt]l/Qm
al/tf / k/fqnd h:tf lj]fox; klg l; Sgk5 .
clxn] dlxf;n] cf]d/]f; DaGwl ; lk; d;]
l; Sg h?/L 5 . lzllft / k/fqnd cdf
ePsf 3/df dfq]dxfg\ ; Gtfgn]hGd lnG5g\
dlxf]sf]:t/ plS; Pdf dfq]pglx;sf ; Gt]tn]
p]s]6 sfd u/] b;sf]gfd /Vg ; S5g\
ta dfq b;df 1fg, ; s[t, zIQm /
nugz]ntsf] pbo xg; .

6P; cljg]z] lnEdaf/f ; a]k]t; ; Dk]lbt :jfd
lj]j]fgGbsf lzllf; DaGwl e]f]0f / n]x;sf] ; f]f]f]6 .

k]t]t]M u? d]gnl

knknsf] va/

lxdfnva/

- tfhf ; d]rf/ • l/k]f; • cGt]f]f]f]
- ; d; fdlos l6k]0f]



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cf7/f0\$ƒ]pHofnf\$ƒ

b0{s/0f

xfnsf] tĭyd / tĭknĭ^adf
kgĭ cf7/f0{ lƒqsf]
;dfhnf0{lzlff /
hfu[ttkn{pGdV u/fpg]w}]
dflg; dWb]bĭlk|fb pkĭl /
dbgsdƒ/ yƒkfsf] ofĭbfg
;D%gfofĭo 5 .



&* & laufxƒGbf a9l hldg h6f0lbPsf] kf0G5 .
pkĭl wgl eP/ dfq}bfgl ePsf eg] xƒ0gg\ . ob
pgdf lzlfkĭt nufj xƒ0yof] eg] cf'gf] wg wfld\$
; yƒx;nf0{ klg lbg ;Sy]. wgeGbf klg pgsf] dg
lzlfdf sĭbĭt lyof].
lj=;+@))) ;fncl3 bĭlk|fb bfhĭĭ^adf a:y] /
ToxfGkƒnsf s6fs6lnf0{k9g ;3fp7]. pgl bfhĭĭ^asf]
lzlfssf]pHofnf]gkƒnsf ufPb/df s; /l kĭnfpG ;ls65
egl ljrf/ ubŷ]. @))& ;fnk15 pgl gkƒnsf]kxf8df
a;l lzlf / ;dfh hfu/0fsf lƒqdf sfđ ug{ ;Sg]
lgMj fŷl{lzlƒssf]vfĭhdf nfu]. of]s/f pgn]bfhĭĭ^asf
k0ƒfdl ;dfhdf /fv]. Pp6l ;xwdl{u?dfn]bfhĭĭ^asf
dbgsdƒ/ yƒkfsf]gfd l;knĭl/; ul/g\ . dbg bfhĭĭ^a
sdƒga:tdf lgs}jif{dhhb/ ;E7gdf ;lqno /x\$ƒ JolSt
lyP .
dbg yƒkfsf] ;xofĭdf bĭlk|fbn]cf7/f0\$ƒ]l; Dnĭdf
cgƒkrfĭ/s ;kdf ;-rflnt k0ƒfdl :shnf0{cfkƒrfĭ/s
?k lbP . :sh vŷlg ;sh ejg agfpg / rnfpg
;ft;fwg h6fP . of]:sh /fdĭ] 6 rNg yfnk15 To; sf]
5]df kfŷ/l xƒ0{sh vŷlg ;dfhnf0{kl/rfng u/].
@)!^ ;fndf kfŷ/l xƒ0{sh vŷl]bfsf z?sf Ps
89 jifdf cƒ06t 7hf cƒktx; cĭP . xƒ0{sh vŷlg]
s/faf6 Toxf6f sĭl 7fnx; cfqĭĭzt eP . pglx;n]
:sh ejg / 8\$; ; aĭr hnfP, Toƒ] klg b0{b0kN6 .

bĭlk|fb pkĭl -!(^(-@)\$(_

xfnsf] tĭyd / tĭknĭ^adf kgĭcf7/f0{lƒqsf];dfhnf0{
lzlf / hfu[ttkn{pGdV u/fpg]w}]dflg;sf] ofĭbfg
/x\$ƒ]5 . tldWb]cf'gf]lghl ;ftaf6 tlg-tlgj6f xƒ0{sh
:yƒkƒf u/l lgMzĭs jf Psbd sd zĭnsdf lzlf kĭbfg
ugĭ;dfh; jĭl bĭlk|fb pkĭl]sf]ofĭbfg lj zĭf pNnŷglo
5 . pkĭln] %ƒkf, 0nfd / cf7/f0\$ƒ c; yk}lzifof
; yfnf0{cfly\$ / ;fdlĭs ;xofĭ u/]. pgn] %ƒkf,
0nfd / tĭydsf @ (j6f :sh, snĭ / k'tsfnonf0{

pgn] cfknĭ] hĭuf bfg lbPsf tlg j6f
:shsf] gfdđ} .clgjfo{lgMzĭsĭ hƒ8g
nufPsf lyP . %ƒkfsf] 3ĭf8Aafsf] cfbz{
ljBfdl6b/ dflj sf] ejgdf clxn] klg .->l
cfbz{ ljBfdl6b/ -lgMzĭs xƒ0{shĭ
nĭvPsf] 5 .

7fnk;n] :sh ejg / 8\$; , aqr hnfP/
 ;vfk kf/] Toj klg b0{b0kV6 . t/ klg
 b]lk|fbn]xf/ dfgg\ . ;f/f upfKl/rfng
 u/] s\$sf 9Efsf] uf/f] nufP/ klxn\$]f]
 ebf ejo :sh ejg agfP .

Toxtfsf b]lk|fbsf] 3/df klg cfuf] nfluof] . t/ klg
 b]lk|fbn]cf^gf]cf:yf arf0/fv]/ ol b36gaf6 lzifs,
 ljBfyl{ cleefj s xtf]; fxl xg gfbg ;vdlg s6& n]
 af/\$f 5fkfdf :shnf0{lg/Gt/tf lbP . To; kl5 ;f/f
 upfKl/rfng u/] s\$sf 9Efsf] uf/f] nufP/ klxn\$]f]
 ebf ejo :sh ejg agfP . bfhlln^af6 al-P=, al-P:; l=
 k9\$ yk lzifs NofP . o; gofF:shn]cf7/f0df yk
 pI; stf hufof] ; xfgelt / cfb/ kfof] . ca :sh cknf
 rNg ; S5 eG] ePk15 pgl %kfsf] cf^gf] Joj xfl/s
 ; dbdf kms]. %kf kms] klg pgl ; aqr0{lgMzNs
 lziff lbg] sddf nflu g]/x].

cfhefn gkfnf upf %hf le/] :sh u0/fv\$
 gfglx;sf] tfl bVg' ; fdf6 s/f xfl]. t/ cl3 o:tf]
 xGgVof] . dlyNnf] htsf yf] s\$fs\$lx;n]lj/n]vflng]
 lxp] efiif kf7zfnfdf Hoib] bhé u?x;af6 >]tf,
 Hof]tflj 1fg / ;fw/Of ; :s[s] lziff lng kfp]. of]
 l:yldf ; wf/ Nofpg b]lk|fb h:tf lziffk\$lx;n]Hoib]
 7hf] tk:of u/\$f 5g\ . pglx;n] b\$wk u/l vfh\$
 :shx;sf]lj/fv ubv] sltko dflg; n- c1fgtjz jf
 wld\$; lloftjz jf 7fn' k]Qjz . .Nnf] hftú jf
 k/wd\$ s\$fs\$lx;n]f0{ls t o:tf :shx;df lziff
 lbgaf6 j1-rt ul/GVof]ls Itglx;n]f0{lziff lbg vfh\$kt
 tla]lj/fv]sf] ; fdg ugkVof]. s\$lydvo:tf s\$fs\$lx;n]f0{
 :shdf egf{ln0xfln] klg slfdf aln]7p] /flvGof].
 /fd] kl/jf/n] klg 5f]l :sh k7p] .

b]lk|fb lziff lgiklf, j] flgs; ; dli6 hljgsf] lxt
 ug] / dfgj tnf0{dly p7fpg]xgk5{eG]
 s/fdf ljZj; uy]. lziffsf]krf/ ugk5{
 eG]s/f b]lk|fbn]cf^gf] lktf /lj nfnf
 sfdaf6 l; s\$sf lyP . /lj nfn]w]jif{Dd
 xfnf txyd, tfln^a, kfFy/ / ; vj; ef
 lhNndf kg]ljleG upf lxp]df 5kfl]
 xfn] :sh rnfPsf lyP . b]lk|fb cf^gf]
 lktfsf]; xof]lsf ; kdf o:tf :shdf k9fpg]
 uy]. Toltahf b0{kltzteGbf sd dfq
 gkfnl ; flf/ lyP .

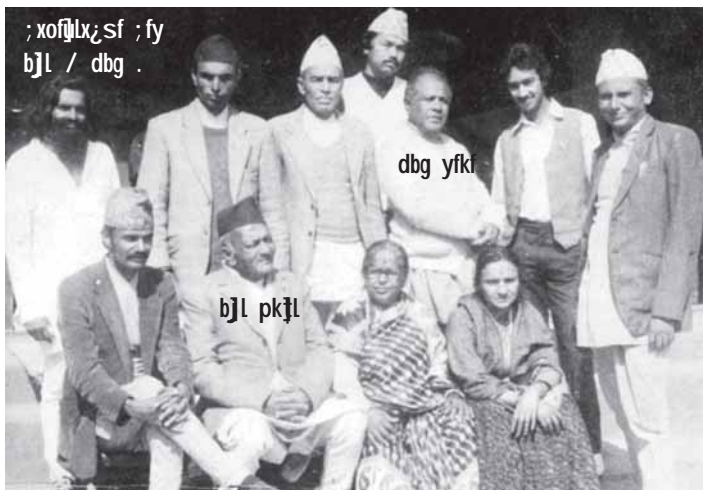
b]lk|fbsf lktf /lj nfn]3/af6 efu]
 bfhlln^a u0{lziff chg u/\$f lyP . To; f]
 ug{3/af6 cgdlt kfg]; Defj gf gePsfn]
 pgn] To; f] ug{ k/\$f] lyof]. b]lk|fbsf
 xsdf klg oxl s/f bxf]v/of]. pgn] klg
 lghfdltk\$] Toltahfsf] pRr:t/lo

clloog k/f ug{3/upf s; hf0{yxf glb0{!% lbg
 6f9fsf] sf7df8f]cf0klg' k/\$f] lyof]. cfmh] efl\$]
 oxl x/fgl]xgk5{pgn]lziffnf0{htftt}k\$fp]
 k]off kPsf]. *) jif\$] pd/df, @)\$* ; nndf pkrf/sf
 nflu sf7df8f]vofpgcl3 pgl cfmh' hGd\$]7fpFt]y]dsf]
 l; Dndf k:tsfno ejg agfP / lj 1fg Sofdk; rnfpg]
 tof/l ubv]P .

pgl lziff clgjo{/lgMzNs xgk5{eGy]. To; h]
 pgn] cfmh] hluf bfg lbPsf tlg j6f :shsf] gfd]
 .clgjo{lgMzNs h\$g nufPsf lyP . %kfsf]3hf8kfsf]
 cfbz{lj BfdlG/ dflj sf] ejgdf clxn] klg .>l cfbz{
 lj BfdlG/ -lgMzNs xf0{sh ll n]vPsf] 5 . pgl eGy]
 :sh hg 7p] ; ~rfng ePsf]5 To; 7p]hldgsf]
 kf kltzt cfbfql :shsf nflu 56dfpgk5{/ :sh
 To; af6 rnfpgk5{. o; f] ubf{h; sf] a9l hluf 5
 p; n] lziffsf nflu a9l ef/ Joxf]k]Gofok0f{Joj:yf
 sfod xG5 . :sh Joj:yfkgdf ; /sf/l x:tlk\$] pgl
 Psbd]lj/fv lyP . pgsf]lj rf/df :sh rnfpg]dfdnf
 lgtfGt ; fdbflos xfl].

b]lk|fb clt ljz\$zn / 1fgsf e\$sf lyP . pgl
 hit-hit 1fg kfp] Tolt-Tolt cf^gf] afgJoxf]f klg
 ; wfy]. dflg; nfo{eG / hfg pgl x/bd 0R5s xGy].
 pgnf0{s; h] klg eG / bMv kfVg kfp]. jf:tjdf
 s; h] vfl]b\$g\ls eg] pgsf 0lGbx; rgfvf eP/
 a; \$f xGy]. clg pgnf0{eG] hf] sf]ln] klg cfmh
 k/:s[ePsf]cgej ubv]. clt ; /n klg lyP pgl,
 ;fw/Of 3/df a:by]. ;fw/Of nuf nufP]. ljz4
 zfsxf/l vfg vGy]. c;sf s/f Wofg lbP/ cfb/; fy
 ; Gby]. slxlo; fxl]afhl ubv]. b]lk|fbn]cf^gf]ljgokg,
 ; jhgzntf, ljz\$ / rgfvk; ; wf]hufP/ /fv].

:shdf lb0g]lziff Joj xfl/s / ; dfh; jflf/ pGdv
 xgk5{eG] b]lk|fbsf] c; fllo h\$ lyof]. pgl eG]
 uy] as; /l lziff lb] ljBfyl] /fd/l a^b5, hfgb5 /
 cg0l{xG eG]t/ :shn]; flgk5{. cleefj ssf]nufgl
 / ljBfyl\$] ; doklt :sh pQ/bfol aGgk5 .





dbgsdf/ ykf -(* @) \$ * _

cf7/f0@f cfwlgs lzlfssf] kl/De @)# ; fna6 z? ePsf] xf]. @)!& ; fn; Dddf ToxfPp6f snĵ, tlg j6f xf0{shxĵ / yk} kfylds / lgdg dflwolds :sh alg; sšf lyP . ol xf0{sh / snĵ bfhllĵ^aaf6 cfPsf lzlfssxĵn] z? u/\$f lyP . @)!* ; fn; Dd klg ol :sh, snĵxĵ; bfhllĵ^aaf6 cfpq] zllfs hgZlStd}lge/ lyP . o; /l gkĵndf Ps}ešdf bfhllĵ^aaf6 cfPsf]toqf] lzllft hgZlStn]sfd u/\$f]Psdq 7fpFxfĵhf cf7/f0{ . bfhllĵ^aaf6 cf7/f0@f cfPsf lzlfssxĵ; alrsf lz/tfh lyP dbgsdf/ ykf . cf7/f0@] lzlf / hfu[tsf nflu pgn]lbPsf]ofĵbfg ; bĵ cfb/; fy ; lD%g]5 . dbgsdf/ lzlfssdf xgkq]klĵtef, /fhgllts cfĵdan / kl/kSĵtf, afĵAs szĵuĵf, jStĵsnf, ; fE7lgs lfdtf clg /l; nf] / dfgjlo dgsf cToĵt}wgl lyP . cgk9 xĵĵf al4hljL lzlfss xĵĵf lj Bfyl{; a}pgsf j l/kl/ %ld6y} pglaf6 dSv x6y} . bfhllĵ^aaf6 cf7/f0{ cfPsf lzlfssxĵ t pgnf0{ eĵkĵ5 cf^gf] bĵw g}la; ŷy} . dbgn] cf7/f0@f] l; Dnĵf kĵfdd :shsf] cfĵrfl/s :yfgbĵlv sfd yfn] To; nf0{ lgdg dflwolds tx -Toltaĵhf ldl8n :sh elgVof] ; Dd kĵofP . To; kl5 5]šf] kfy/L xf0{shsf] :yfgbĵlv ToxfĒ6 P; Pn; L k/Llf lbg]bf] fl] ; dšf lj Bfyl{lg]Snpcĵhĵ; Ddsf] zllfs, kĵf; g, hg; Dks{/ lgdĵf]sf sfdsf] gĵĵ u/} . xf0{shdf lj Bfyl{ a9fpg / ; fgy-; fgy gfglxĵnf0{ :sh hfg-cfpg ; lhnf]xf] \eĵgsf nflu pgn]xf0{sh 5p5fpg yk} kfylds :sh vllgk5{ eĵg} s{/sf] kĵf/ u/} . xĵf, ebf}ĵ} 6fBvĵ, lelqof cflb 7fpĒf kfylds :sh cfĵrfl/s ĵkn]rnfpq]ĵftfj/Of tof/ ug{; 3fP . pgsf] ; lqnoĵdf cf7/f0@f To; aĵhf .cf7/f0{lzlff ; ldtĵ gĵds ; yfsf] u7g eof]. of] ; yf ToxfĒf] zllfs ultĵlwnf0{cĵoq kĵnfpq, lzlf0f ; yfxĵnf0{; f:s[ts clg ; fdilhs rĵgfsf]cfsifĒf sĵb]agfpg / :shxĵ; alr zllfs, ; f:s[ts, ; flxĵtos, jStĵ tyf vĵhsbsf lqnofsnfkdf tfndĵ ldnfpq / dĵkl0f{klĵ:kwf{/fpg

Hofb} ; km lyof].
 dbg ykf :shnf0{lzlff afBĵ} ynf] dfq agfpg rfxBĵy]. pgn] :shnf0{; dfhdf pĵ; fx / hfĒ/ egĵ ; dfhsf] s ; sf/nf0{nnsfgĵ ; f:s[ts / dgf] ĵfĵs sĵbšf ; kdf lj sf; ug{kĵfĵ u/}. lzlf0f ; yfxĵ; df hljĵt / pĵ; fxx0f{ĵftfj/Of kf0Gyof] To; aĵhf . lzlf0f gkf0g] xĵfn] dflYnfn] >flsf lj Bfyl{ĵ; nf0{ 5p5fpgdf vllĵPsf kfylds :shxĵ; df kfn}Ē k9fpg k7f0Gyof]. ; dfhdf ePsf]cĵofo, zflĵof, s/ltkĵt ; rĵ u/fpg]/ dfg; df hfū/Of NoP/ To; klĵ cfjfh p7fpg nufpg] pgl cf7/f0@f klxnf /fhgllts lzlfss klg lyP . pgn]

bfhllĵ^aaf6 cf7/f0@f cfPsf lzlfssalrsf lz/tfh lyP dbgsdf/ ykf . cf7/f0@] lzlf / hfu[tsf nflu pgn] lbPsf] ofĵbfg ; bĵ cfb/; fy ; lD%g] 5 .

:shsf]klĵ1s jftfj/Ofdf, ; fj ĵfĵs sfddf jf .cf7/f0{ lzlf ; ldtĵ df /fhglltsf] uĵw cfpg lbPgg\ .
 dbg ykf @)! (; fnsf]-of] k^aštsf/ klg ePsf] P; Pn; L lj Bfyl{ĵ; sf] ; dXnf0{ ; ŵ6 ck u/fpĵhĵ; Dd cf7/f0{a; . Tolt aĵhf; Dddf kfy/L xf0{sh cfkĵf; -rfng xĵ} cj :ydf klĵšf] lyof].
 cf7/f0@f cf^gf] ld; g k/f ePh:tf] nfluĵkĵ5 dbg %kĵ %/ĵ} 3ĵf8Aafdf bĵlk}fbn] z? u/\$f zllfs / ; fdilhs sfddf ; xfoĵf ug{yfn]. pgnf0{;%kĵdf cln nfd] ; do; Dd sfd ug]OR5f lyof] xĵhf . ToxfPp6f ldnq; f/ x:tl ; fylxĵ klg lyP . bfhllĵ^adf cf^gf] kl/jf/ eĵĵ hfg jf pglxĵnf0{ToxfĒoĵpg klg pgnf0{ ; lđ xGyof]. t/ Toltaĵhf -@)! ; fnlt/_ gkĵndf hg:t/af6 ; lqno eP/ ; dfh; ĵfsf] sfd ug]rng klĵ/ PskN6 x/fpg yfnšf] lyof]. o; ĵlr ; /sf/n] pgnf0{ gĵkn cfP/ lsg sfd u/\$f] egl ; flĵk5 ug{yfnof]. pgl ToxfFa:bf bĵlk}fb klg %dĵhdf kg]8/ lyof]. To; ĵ] pgl bĵlk}fbl; t cĵdĵt dfu} bfhllĵ^a kĵsĒ . gĵkn a:bf dbg ykfĵn] Ps sĵ8l k}f hfūfPsf lyPgg\ . pgsf]kl/jf/nf0{pgn]cefj g}cefjdf 5fššf lyP . cfkĵtxĵ; alr ; vblw afBĵ]/ Pscsfĵf0{; xofĵ ug]bfhllĵ^a]k/Dk/in] ubf{afFšf] lyof] pgsf] kl/jf/ . bĵlk}fbnf0{of] s{/sf]/fdĵ] 1fg lyof]. dbg efj lj efĵ eP/ cf^gf] l%6ld6l ufĵĵf8fdf /v} bfhllĵ^a kĵsĒ nfluĵ bĵlk}fbn] pgnf0{; Dafĵw u/\$f] Pp6f agb vfd xftdf /flvĵb}egšf lyP- .of]dĵf kĵf6 ; /sf]kl/jf/nf0{ sf] ĵl ŵ Tof] vfd dbgn] lj tf{ ahf/5p ku} vĵh]. To; df pgsf]-dbg ykfšf] gĵddf rklĵdf/l %kĵsf]@] laufx ĵt hĵufsf] hĵufwgl kĵf0fkq / ; ydf pxf ePsf]7fpĒf cf0/xg cfuĵ ul/Psf]Pp6f kq lyof].
 -nĵsn]o; }ljĵofdf nĵšf]nfd]cfnĵsf] ; aNkt / ; Dkflbt ĵk .- ; +

; hfo xg ; S5 xj

ahfotdf lzlf0f kžf %g% \s17g xB5 . Toxf5f] lzlf0f kl/ifb\] agfPsf] kl5Nnf] lgodcg'f/ lzlfxs;n] cl3kl5 t s' }ePg, ; fktflxs labfsf] ; dodf klq ctoGt uflb tj/df dfq dfbs kbfi{ ; }g ug{ kfpj] ePsf 5g\.

anfotl:yt hg/n l6lr^a sflp6;n -hl6l;L n] xktfsf] cGtosf] labf dgfpf lzlfxs; /S;ln] dft] hgljZjf; udfpg yfnk15 pglx;nf0{To; f] gugf r'fj gl lb5}gofCcfrrf/; lxtf Nofpg nfušf]5 . hl6l;L, lzlfxs;sf] lgu/fgl /fVg] kx/lbf/ ;yf xf]. /S;lsf] ;/df afnafnsf / ;dfhsf] cl3Int/ cf'gf] kžfsf] dohf /fVg g; Sg] lzlfnsf0{ kžfaf6 avf{t ug{ ; Sg] Ddsf kljwfg /xžf] pQm cfrf/; lxtf cfufdl z/bšfnlg zlf]s ; q; f] sfofljog ug] pQm ; yfn] hgfPsf] 5 .

!& l8; la/ @)) * df ahfotl kl; 4 klqs uflh6g df kqs/ hlzsf zkn86]nyčg; f/ lzlfxs;n]/S;L vfp/ ; f] klgs rf; f] / ljZjf; lauf/df ltlgx;nf0{ hl6l;ln] lgnDag ug{ ; Sg] cfrf/; lxtfsf] d:ofdf plny 5 . hl6l;lsf sfošf/L kdv lsy af66šf cg; f/ lzlfns]; dfhd cf'gf] :yfg sxF5 eg] a'g / cg's/0flo JolQmsf žkdf cknhf0{ pEofpg ; Sgk5{.

lzlfns] lsg To; /l cfrf/; lxtf pln^aSg u/] / shtdf km,] To; sf] sg} JolQmut sf/Of 5 jf c6o jftfj/Ofn] To; df eldsf vjžf] 5 egl vflhag u/] cf/flkt lzlfns] cgžf; g l6agnsf] ; fdgf ug[kg]hl6l;ln] plny u/šf] 5 . ;dfh / afnafnsf] ; fd' cg's/0flo JolQmsf žkdf cknhf0{x/lf0f dofbt / pbfx/0flo 5lj k'tt ug[kg] lzlfns] olb To; f] ug{ ; sžg\eg] pglx;nf0{ cgžf; gsf]bfof/fleq Nof0gkga'af66h]atfP . lzlfxs;n] ljbfdf /S;L vfg kfpk5{eg} blnn kž ug{gkfpj] pgsf] lhl/ 5 . /S;L vfp/ hyefal ug] lzlfnsf0{ ;dfhn] lt:/sf/ ug[kg] klq pgn] atfP . olb sg} ljBfno jf :yfglo clwsf/ln] lzlfns] /S;lsf] ;/df unt cfr/Of u/šf]p; nf0{cfr/Of ; wfg{r'fj gl lbPsf] / To; f] ubf{ klq g; lwPsfdf avf{t ul/Psf] hfgsf/L u/fPdf hl6l;ln]To; sf]lgu/fgl ug{/ yk cg; gwfgnf0{

cufl8 a9fpg ; S5 . To:tf lzlfnsf0{k/fdz{jf nfučfjw kg:yfkgf sfbdf k7f0lbg ; Sg5 .

afnafnsf]enf0df plrt Wofg lbg eGb}rf/ jifc]3 lzlfssf]glt's bfoLj / st:0; DaGwl cfrf/; lxtf ; žfwg ul/Psf]lyof]0ENof08df . ; g@)) df * jil6f leS6fl/of Snf0Dalsf] d[0' ePk15 Toxf5f dGqln] lzlfns ; fdfhs sfoštf / afnafnsf] lfd' sfo{t c6o JolQm jf ; yfnf0{afnafnsf; f; d'w/ ; DaGw /fVg lgbžg lbPsf lyP . skfjof / nfk/afxl'sf sf/Of .xf0kfyld6fl /fjysf sf/Of Snf0Dalsf] lgwg ePsf] lyof] . afnafnsf tyf o'jfsf]enf0, lj'sf; / :t/flgltnf0{lzlfn]; b} cf'gf] kžfut wd{ 7f6gkg] s'f cfrf/; lxtf plny ul/Psf]5 . hl6l;lsf sfošf/L kdv af66h] eg] apSsf0; fF zt'Abln] lgs} cgžf; t, dofbt, Jofj ; flos tyf Jofj xfl/s lzlfssf] cfz u/šf] 5 . jf:tjdf, lzlfns egšf afnafnsf0{pnhf{el/lbg}/ ; Gb/ elj iosf] u'f]f] b'v'fpg] kykžzš xg\.

pQm cfrf/; lxtfn] ljBfnosf ; /;fdfgx; JolQmut kofjhgdf gnjfg klq lzlfxs;nf0{ ; ts{ u/Psf]5 . olb s; j} ljBfnosf ; fdg b?kofj u/df To:tf lzlfnsf0{ cgžf; gsf] sf/afxl ug{ ; lsg] d; kljwfg /flvPsf]5 . 0^aNof08df xfn; fn}o:tf]sf/afxlcf cf/flkt Ps hgf lzlfssf] s] l6agnn] xll/xžf] 5 . lalb; Gofzgn kf6l{-alPgl sf ; b:o; d; /xžf tl lzlfns cf8d jfs/n] ljBfnosf] Nofk6k b?kofj u/L To; af6 htlto / wldš efjgdf r'f klg]vfnf ; Gbžx; k]fx u/šf] cf/flcf 5fglgsf] ; fdgf ul//xžf 5g\ . ljBfno kl/ ; /df /xžf x] vof ljBfnoafx/ /xžf, lzlfns] cf'gf] 0Hht arfpg ; s]dfq of]kžfnf0{a9l hjikb]l agfpg ; ls65 . lzlfns]pbfx/0flo g]tj tyf cg's/0flo r/l/q kžzž ub]lj Bfylf% cknhf0{ cfsifšf] sfb]agb' agfpg ; Sgkb5 .

cgj fbl wš l; Dv8f



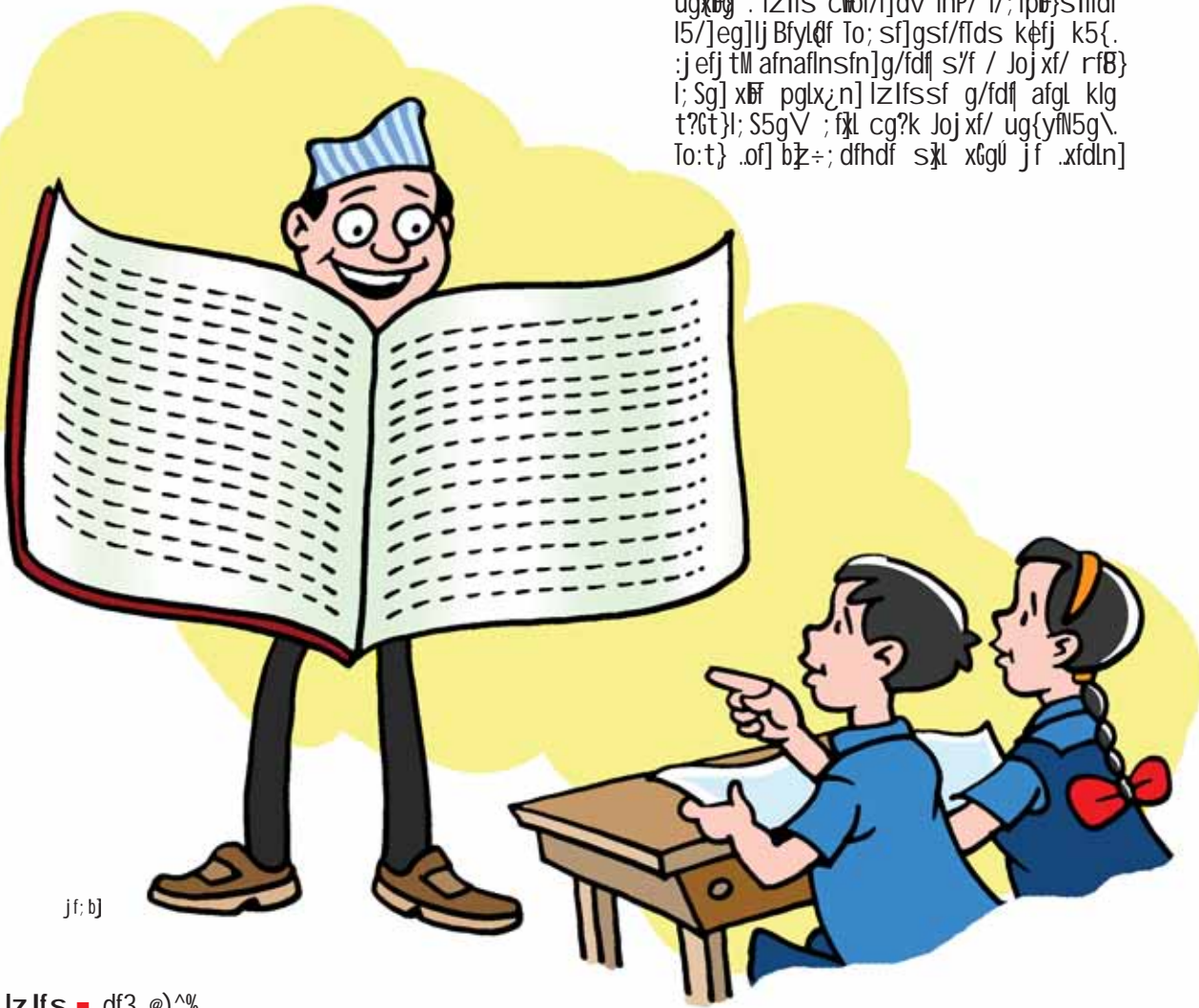
jf: b)

szn lzlf0fsf @% ; q

clejfbg ug{M laxfgln] lbpFf\$[f] ; [f] u5{
eg] %fSiffdf kj z ug{fy kofly ug]:g]knf
zAb / Jojxf/af6}tkf0\$[f]slff cj]lwsf ult]lw
kfej]t x65g\ . To; h]lzlfsn]siffdf l5gf{fy
; xl clejfbgdfkme lj Bfyl&df% cfknhf0{
cgs/0flo Jo]Qmsf ;kdf k]tt ug{eNgx6g .
To; f]ug{; lSpg eg]lj Bfyl&] x]lg] Wofg g]bg]
/ k/}slff xNnfvNnfd] laTg] vt/f /x65 .

lj Bfyl&f0{al; ; Sg lbg!M w7h; f]siffdf b0kt/
a;r, 8]s / st}st}sfk6 dfq klg la5df0Psf]
x65l hx]f]j Bfyl&]; dxut ;kdf a; j k7gkf7gsf
; a]sfd ugk5{. To; h]lj Bfyl&]cfknhf0{; lhnf]
xg]l/l al; ; s]ls ; sgg\eg] lzlfsn]Vofn
ugk5{. To; kl5, siffdf kfgf ugk5]lgodaf/
; D%fp/ dfq k9fpg z? ugk5{.

;sf/flds s'/faf6 z? ug{M lzlfs lg/fz,
kn]f]l jf l;/ fxf d8df slxNo}slffdf kj z
ugk5g . lzlfs cl]of/f]dv lnP/ l/; fp]s]siffdf
l5/]eg]lj Bfyl&f To; sf]gsf/flds kej] k5{.
; jef]tM afnaflnsf]g/fdf] s/f / Jojxf/ rf8}
l; Sg] x6f pglx;n] lzlfsf g/fdf] afgl klg
t?6t}l; S5gV ; fxl cg?k Jojxf/ ug{yfl5g\
To; t} .of] b]z÷; dfhdf sxl x6gl jf .x]fdln]



jf; bj

sxl ug{; Sbgf}h:tf 3f] gsf/ffds s/f slxlo} ug{x6g . To; sf]; \$f .xidl ; ah]kxn u/]; Is65l jf .xidl] ug{; S5f}t/ w]}ldlxg] / tof/l ug{x6g h:tf ; sf/ffds / x/bd gofFs/ffsf] vfh] ug{ptkl/t ug]s/xf; ug{x6g . .cfo6g, x6g, hf6bgf}; Sbgf}h:tf gsf/ffds s/fn] lj Bfylhf0{.P 0 of] t g; Sg] s/f /x6g} e6g] 5fk kg{ hf65 . /, z?b]v g}To; klt rfv /fVg 5f8lb65g\ . To; h]lzlfns]; b} ; sf/ffds ; f]sf ; fy slffdf k]tt xgk5{.

sxf6 k9fpg yflg' ef] gellg; Mo; n]lj Bfylhf0{ cl3Nnf] lbg]sf] k7 ; D%g / yk kZg ; fl]g ; lhnf] agfP5 . 5f6} ; do k9fpgPsf] 5 eg] klg tkf0{lj Bfyl{sf] lfdt / 1fgaf/] hfgsf/l /fVg eNgx6g . lj Bfyl{x;n} ; w}vofn ul//x6g x65g\ . To; h]tkf0{hlxn] klg . j]8 P08 :df6 eP/ k]tt xgk5{. .xidl] ; / hlxn] klg k/f tof/l u/] cfpgx65l eg] lj Bfylhf0{5fk kfg] k5{. j ife/ k9fPsf lj Bfyl{5g\eg}w]} s/f yxf xg; S5 t/ gofFs]lffdf hfg6of] eg] pQm slffsf k/fgf lzlfaf6 lj Bfyl{x;sf af/df hfgsf/l lng' /fd]x65 . t/ slxn\$fxlFj Bfylhf0{ g} ; fl] klg cl3Nnf] lbg s}s] k9f0 ePsf] lyof] eg] hf6g ; Is65 .

kf7of]hgf agfpg gellg; M nfd] / 5f6] ; do nllg]kf7sf]af/df cnu-cnu of]hgf agfpgk5{. tkf0{a}pg vfl]gePsf]s/f k9f0; Sbf lj Bfylh] ; lhnf] h] h]v]v]nsf]kf7of]hgf xgk5{. ; Dal6wt kf7sf]p2]o cg?k k9fpg cfj Zos kg]z]l]fs ; fdulx; tof/ kfg{cN5l ug{x6g . lj Bfylhf0{ s:tf kZg ; fl]g]e6g]tof/l klg klxn]g}ug{x6g}.

s}s]; fdull rflx65, kQf nufpg; M zAb dfq /6g6bf sf6g, lrq jf c6o sb} ; fdullsf] k6f]af6 afnaflnsfnf0{l; sfp]g] kof; ug{x6g\ . To; f]eof]eg]lj Bfyl{x; tkf0{t cfsliff a6g]5g\ . /, l; sfp]sf s/f /fd/l l; Sg ; S5g\ . To; h] sb kf7df s]s:tf ; fdulx; rflx65g\ . To; sf] /fd] tof/l ug{ gellg; \ . To:tf ; fdulx;sf] ; Fl g}agfP/ /fVg' /fd] x65 .

; fdull sxfFk065g\ yxf kf0/fVg; M k9fPcfj Zos kg]w]} ; fdull lj Bfnod}pknAw xg]5g\ . tkf0{cfkml} To:tf ; fdulx; kQf nufpg / klt ug{; Sgx6g . ; Fgk]l]lwsf]of] hdfgdf tkf0{cfj Zos kg]s6g\ ; fdull / pkfox; 066/g6af6 klg kfg ; Is65 . ; dbfo j]l/kl/w]} ; fdulx; x65g\ltgsf] ; hgf]ds k6f]af6 lj Bfylhf0{ Jofj xfl/s tl/sfn] a}pg ; Is65

e6g] s/f Pp6f lzlfns] ; wFxs}sf /fVgk5{.

cfkmlkg tof/ xg; \lj Bfylhf0{klg tof/ xglbg; M cfj Zos ; fdull; fy tkf0{k9fpg tDtof/ xgePsf] xf] <To; f]xf]eg]Ps gh/ l; E]slffdf nufpg; \ pglx; tof/ 5g\ls 56g\<; ah]l]stfa l%\$sf 5g\ls 56g\ snd, sfkl 7ls kf/\$f 5g\ls 56g\<k6f]ffds slffdf xgk65 eg] ; fl] cg?k pglx; tof/ 5g\ls 56g\< lzlfns] o; df W6f]g lbg' h?/l x65 . lj Bfyl{cNdlno/x6g} 5g\ / tof/l ug{ EofPsf 56g\eg} To; sf nflu ; do lbg; \ . Isgeg] tkf0{dfq tof/ eP/ x6g, To; sf nflu lj Bfyl{klg tof/ xgk5{. tkf0{k9fpg z? ug{x65 t/ sb}lj Bfyl{k]b; n ltvfg{yfl]5g\eg}To; n]k9f0sf]j ftfj /of ; xof]l gxb ; S5 . To; n] k9f0df 7hf] afwf k6ofpg ; S5 . To; h] lj Bfylh] klg k7 z? ug{x65 cfkmlhf0{ tDtof/ kfg]5{ eg] l]tgnf0{ %6%6ofpg; \ .

kf7sf]abfut ; Fl agfpg; Mlj Bfyl{x; E 5nkn ug]kg] / pglx;nf0{ a}fpgkg] lj ifosf dVo-dVo abf l6kf6 u/] k9fpg yfl]geof]eg] slff Joj ; yfkg ug{lg} ; xh xg] . To; f] eof] eg] tkf0{afnaflnsfnf0{ qnd} E cEof; u/fpg ; Sgx6g . /, pglx;n] klg l; Sgkg]s/f 56fpg] 56g\.

s; n] s] ug] To] kSsf ug{M klxn] tkf0{cfkml}sx]Fsd ub} e6g]f/] :ki6 xg; \ . tkf0{f] vf; sfd s] xf] < To] geNg; \ . olb tkf0{g; fl slffdf xgk65 eg] To; ah] kl/rfl/sf tyf c6o ; xof]l / lzzsf afa-cdfdsf] ; xof]l lngkg]x65 . tl ; xof]lx;af6 s]s:tf] ; xof]l lng] eg] klg klxn]g}to ug{x6g\ . l]tglx;af6 ; xof]l klt ug{ tkf0{ :ki6 / ; xl lgbZg lbg ; Sgk5{.

; xof]l lqmfnsfkaf/] klg ; fl]g; M s6f]lj Bfylh] lgw]l/t ; do cufl8 g}tkf0{slffdf lbg6Psf] sfd ; Dk6g ug{; S5g\ . To; /l l5}sf0{ ; Dkfbg ug] lj Bfylhf0{ c6o lj Bfylhf0{ lb0Psf] sfo{ g; s-h]h; Ddsf nflu 56f-56f lga6w nllg nufpg] gDa/ ul] ; lbg] c6tflf/l vllg, n3syf nufotsf lsfax; k9g lbP/ Jo:t /fVg ; Is65 . To; f]ug6of]eg]tl lj Bfylh] klg a6fddf a:gk6g / l]tgn] gofFs/ l; ls/x6g klg x65g\ dVo s/f t c6o lj Bfylhf0{ .l8:6] klg x6g .

slffsf] sfo{ Fl /fVg; M sb lj Bfylh] s] u6of] / s]ub} egl yxf kfgpsf nflu o:tf] sfo{ Fl



lgs}pkoflil xG5 . o; af6 lj Bfylh} sfd z?
u/\$f]/ l; WofP jf gl; WofPs]yixf kfpq ; lsG5 .
lbgel/ sb sb slffdf s] s] u/Pf s] s] u/fpg5
lzlfns]cfknhf0{; D%fo/vg d2t ub5 .

sb lj Bfylh}f0{ ; xofl cfjZos 5, kQf nufpg; M slffdf ; a} lj Bfylh} ; dfq ; kdf l; ls/xsf xBgg\ . To; h] lzlfns] slffdf kf7 ga%bf lj Bfyl{5g\vs eg} ; w;vfhlag ul//xg / sdhf} lj Bfylh}f0{ ; d:ofaf6 dQm u/fpg] kof; ugk5{ . To:tf lj Bfylh}f0{s]lffsf]; doeGb af]n}yk ; do lbg klg lxlRsrfgkx5 . lsgls hg lj Bfylh} cfhsf] kf7 /fdll; t a%\$f] xBgg, eflhsf] kf7 a'g p; nfo{yk sl7g xg; S5 .

zAbsf]; xl kofl / pRrf/of ug{k}/t ug{M afnaflnsf ; xl 9En] zAb pRrf/of ug{g; s] cNdlno/xsf xg; S5g\ lzlfns] pglx; nfo{Tof] ; d:ofaf6 5bsf/f lbhfpqk5{ . slffdf gofGof zAb / ltgsf]pRrf/of ug]tl/sf klg lzlfns] l; sfpqk5{ . zAb yxf kfpq] / pRrf/of ug] sb}hfbu/l s/f xfoG . o; sf]lgldt bZofj nFsg klg cfjZos xG5 . /, Pn\l8An;L -ns, se/, /fo6 P08 r\$ _ tl/sfaf/f lj Bfylh}f0{gofFzAbaf/] l; sfpq d2t ldN5 . efiif lzlfns] dfq ; xl pRrf/of ug{ l; sfpq] xfoG . uloft, ;j:Yo, ;fdflhs h:tf c; lj ifosf lzlfns] klg hg efiifdf k9fp5g\ Tof] efiifnf0{z4 k9fpqk5{.

cEof; sf] dxEj a%pg; M c;n] u/\$f] x}j xfoG, lx; fa u/} g}lx; fa hfg ; lsG5 . w} k6s cEof; ug{nufPk15 dfq lj Bfylh}k9fPsf ljifo /fd/l a'g ; Sb5g\ . km\, cEof; gu/\$f] w} ; do eof]eg]klg l; s\$]s/f la; G ; S5g\ . h; /l ; f0sn r9g\ ; v r9g\ jf kf8l vllg] sfd lgoldt ul//xof To; df kf/Et xfoG5, To:t} nfd] ; do; Dd cEof; ul/Pg eg] To; ljifo jf sfof cfldljZjf; 365 . To; h] lzlfns] lj Bfylh}f0{ k9fPsf s/f cEof; u/f0/xg t eNgxBgg g} lj Bfylh}f0{ cEof; sf] dxEj / cfjZostfsf] af]w klg ulx/fl; t u/fpgk5{ . tfls cfknhf0{; do ldNof]ls lj Bfylh} l; s\$] s/f cEof; ug{ nflu/xg\ .

kZgfQ/sf]; do pknAw u/fpg; M elgG5, c; n lzlfns] lj Bfylh}f0{ hlxn] klg cfknh} E kZg ug{ lh1f; ' aG / gofFs/f l; Sg k]/t u5{ . .xf] xG5, 7ls 5, a%Fkl0of] h:tf s'/fn]gofF 1fg lng] af6] aGb u5{ / .xfoG, xBgg, 5g, a%gF kl0of] h:tf kZg / lh1f; fx;n] gofF s/f vllg / hfg af6] agfp5 . ctM tkf0f] kTo\$ lj Bfylh}f0{x/bd kZg ug{/ gofFlh1f; f /fvG pTk]/t ul//xgk5{ . To; n] Psflt/ lj Bfylh}alr gofFgofFlh1f; f /fvG] lfdt j [4 xG5 eg] csf]t/ pglx; df kZg ; flg] lzlfssf] dfq sfd xf] eGg] ed / lh1f; f /fvG nhfpq] afgl klg xG5 . o; sf]; fy} lj Bfylh}f0{Psfk; df

cgfkrf/s kZgx; ; flg / To; sf] hjfkm lbg
klg ; do pknAw u/fpgk5{.

; ^aNkls/Of ug{kf]; flxt ug{M slffdf l; s\$
jf l; sf0Psf s/f ; ^aNkls/Of ug{l; Bfyl6f0{
l; sfpkg5{. s] dxlj k0f{s/f xf] / s] rfxF
a%fp] clekfon] dfq JofVof ul/Psf] xf] eG]
56dfpg lzlfns] lj Bfyl6f0{ d2t ugk5{.

3/af6 NofPsf ; fdfg sxF/Vg] l; sfp; M
lj Bfyl6f] 3/af6 vhsf ; fdull, slds, vfg\$
cfib slffdf lnP/ cfPsf xG5gV pglx; cfknh]
NofPsf ; fdfgaf/]; fylnf0{atfpg cft/ xG5g\
To; h] slffdf k] z u/k15 pglx; o; df cNding
; S5g\ . o; /L cfknh] NofPsf ; fdfg cfknh; t
/Vg] / To; af/]; fyl; E s'fsfgldf Jo:t xg
yfnk15 k7gkf7g kef]jt xg] vt/f /xG5 .
olb tkf0] lj Bfyl6f0{ slffdf cfp; fdfgx;
Nofpg kf]; flxt ug{Psf] 5 eg] tl ; fdfgaf/]
5f] .z] P08 6h ;] g]sf] klg Joj:yf ug{
; SgxG5 . Toltahf tkf0] pglx;nf0{tl ; fdfg
b]fpg b/fh jf cGog s; /L /Vg] egl atfpg
; SgxG5 . o; af6 lj Bfyl6f ; fdfg ; /lft xG5g\
/ k9f0df klg afwf kb; .

xflh/Lsf]lgod a; flg; M of]sfof0{cln /df0nf]
/ :d/0fo]o agfpg; \ . t/ o; ubf{ slffleq
ckgfpkg]lgod eg]eNg ldnb; . tkf0]xflh/L
af]hf; lj Bfyl6f0{Pp6}s/f /6fP/ .o; \; /l
dfq eG gnufpg; \ . lj Bfyl6f0{km/s km/s
efiff of cfjfhdf ; fg] of 7hf] :j/df xflh/L
hgfp gnufpg ; SgxG5 . of; c6o /df0nf]
tl/sf klg tkf0]xflh/Lsf qmddf ckgfpg
; SgxG5 . of]s/f tkf0]cgej tyf ; hg]ds
lfdtdf e/ kg] s/f xf] . tkf0] kf7of]hg
ubf{g} s;l ; do xflh/Lsf nflu 56dfpgk5{.

kf7 ; xfp] lqmfnsfk ug{nufpg; M k9fpg
yfnb lj Bfyl6f] hfg] a%\$f / yxf kfPs]s/faf6
cl3 a9; kof; ug{/fd]xf] . slxn\$fxlFcti/Qm
lqmfnsfkaf6 cl3Nnf kf7x; ; D%fp; ; 3fp
kU5 . gofFs/fsf nflu yk 5nkm / ; dosf]
cfjZostf kb; . k]om syf, lsfaf tyf
lrqx;sf] kof] u/] kf7nf0{yk ; /n 9En]
a%fp; ; lsg5 . sg ; Gbedf s] ; fdull kof]u
ubf{pkof]ul xfhf eg] lj Bfyl6f] 5nkm ubf{
klg w]}s/f yxf kfp; ; lsg5 .

cti/Qmlqmfnsfk lsg u/f0f5 < lj Bfyl6f0{
a%fp; M tkf0] u/fpg nfluGepsf] cti/Qm
lqmfnsfkaf6 lj Bfyl6f] k9f0df s] knf0b kU5

egl pglx;nf0{/fd]; t a%fp; \ . glthf s]
cfp5 eG]t/ Wofg lbg rfxFslxNo}geGxhf .
lsgeg] To; n] pglx; n] cti/Qm lqmfnsfkaf6
k]t ug]glthf; t dh gvfg ; S5 / pglx;df
yk e] l; hgf xg; S5 .

lgodx;nf0{ kgM ; ^aNkdf :d/Of u/fpg; M
cti/Qm lqmfnsfkaf6 dxlj kof{afaf/]bf]ofP/
; ^aNkdf atfpg' pkof]ul xG5 . lsgeg]o; af6
afnaflnsfnf0{s] s] ul/P5 egl yxf kfp;
; lhnf] xg; . afnaflnsfnf0{ ; do-; dodf
; D%fp; a%fp;ul//xg klg lzlfns]eNgk; .

cGt/lqmf ug{M k9f0 x; ubf{lzlfns / lj Bfyl6f]
hlt a9l cGt/lqmf / 5nkm xG5, lj Bfyl6f]
plQ g}a9l l; S5g\ . tkf0] JofVofg lb0/xF
lj Bfyl6f] rk nfu] ; lg/x\$ 5g\eg] Psf]f]
k9fPsf] k9fo} gug{\ . kfF ; ft ldg; cfkn'
af]h; s;l5 lj Bfyl6f0{lh1f; f jf cf'gf] s/f
/Vg lbg; \ . ev{ tkf0] k9fPsf] s/fdf
lj Bfyl6f] t 5nkm / cGt/lqmf ug{\ . tkf0]
ev{ eg\$ s/f lj Bfyl6f] slQsf] a%eg] yxf
kfp; klg tkf0] of] tl/sf ckgfpg} k5{ .
lj Bfyl6f] cfknh0{cfjZos kg] s/f a%/\$f
5g\eg] pglx;nf0{To; af/\$f kZg of lh1f; f
/Vg yk kf]; flxt ugk5{ . pglx;sf] Wofg cslff
ug{klg lzlfns]kZg/sf] ; do lbgk5{ . k9fpg
z? ubf{l; Bfyl6f0{.o; f] u/ / p; f] u/l eg]
dfq kU5; pglx;nf0{ Wofgk] \$; Gg klg
kf]; flxt ugk5{.

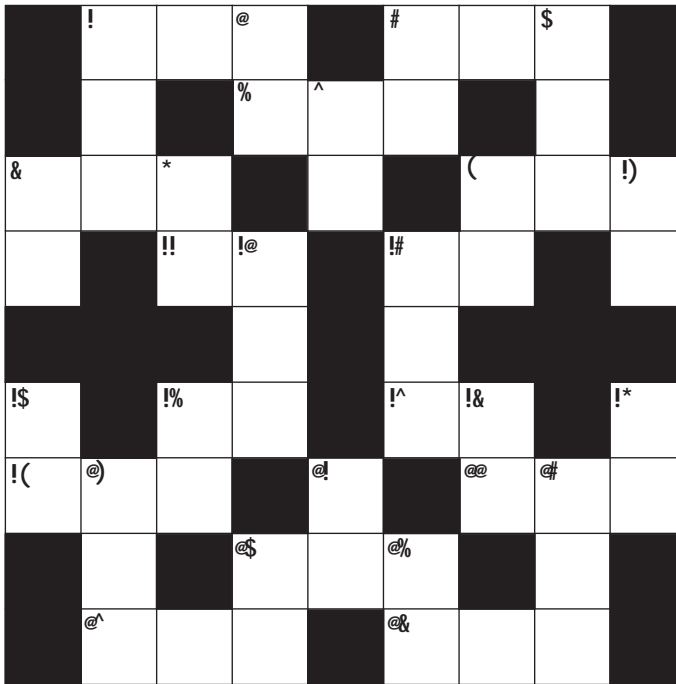
sfd lbg; M lj Bfyl6f] slffdf cf-cf'gf :yfgdf
al; ; s;l5 kf7 lb0xflNgk5{ . kf7 lbg l9nf; !tl
ug{of] eg] pglx; n] sf] sxfFa: g] eG] lj jfb
l%\$] slffdf xNnf ug{ ; S5g\ . lzlfns]cf'gf]
Wofg dVo lqmfnsfkdf sl; ubf{ ug{Gf klxn]
afnaflnsf] /fd] yngl u/\$f 5g\ls 5g\
egl Wofg lbg' klg plQs} h?/L xG5 .

; **kfp] jftj/Of 5 lsg 5g, Wofg lbg; M** olb
slffsf]f w]}lr; f] of udl{xg] vnsf] 5 eg]
To; n] afnaflnsf] k7gkf7gdf dfq x]g,
:jf:Yodf ; d] kef] kfb; . / , pglx;sf] Wofg
k9f0df hfg; . o:tf ; d:ofx; 5g\eg] k9fpg
z? ug{E13 ; dfwf] ug] kof; ; ug{\ .
afnaflnsfnf0{klg slffdf ug{k]sfo\$]dxlj af/]
a%fp; \ . Psn]csf]sfof afwf klg] vnsf
lqmfnsfk ug{k] eG]af/] pglx;nf0{atfpgk5{ .
cgjfbM w] l; lv8f

-kofsf8{/ /]af/f ; Dkflbt k:ts @))) l6k; km l6r; {af6.



zAb vԻ-\$



gfdM _____

7ՊfgfM _____

cfoյԷ

?3fsf] 3/Ի' pkrf/

հի8f] dլxգdf w]իf0{ ?3fn} ; tfp5 .
 ?3f xg t ; fwf/0f /իւ xf] t/ of]
 lgs}սiոբfos x65 . of]/իւ hg; S}
 df}ddf xg; S5 . t/ ; blժf
 of] cln a9L g}x65 .
 of] /իւսf] կժv sf/0f
 xf] c; ժdt vfgkf .
 lrof, glgnf] vfg\$ /f,
 l3ptիdf ksfPsf] rlh
 cflb a9L vfPdf xfdf]
 z/L/sf] /utdf skm
 cyjf cDnlo kbԳ\$f]
 dfqf a9Գ հի65 . hg
 ?3fsf] sf/0f xf] . of] afx\$
 Ct' kl/j tԳ, lr; f] nllg; lr; f] kbԳy
 a9L ; jg ug ք tftf]lr; f] cflb klg
 ?3fsf] sf/0f a6g ; S5 .
 ?3fn] 5Գ; fy 7հf] cf6b]df



սlAhot eP/ vfg ?lr gnllg]
 nlf0f blvg yfN5 . 6fpsf] / 9f8
 bVg; xNsf Hj /f] cfpq; gfsaf6
 kftnf] l; Եfg alg; xիր5pFcfpq;
 hlp yfSg; cN5L nllg' cflb c;
 nlf0fx; xg\.
 of] ; d:ofaf6 dlQm kfpq kժիւ
 ug{ ; lsg] sձl 3/Ի' pkfox; M
 !_ dx / cbjfsf] /; Ps Ps
 rDrf ldnfP/ laxfg aիԻsf
 lkpg]. @_ l; ԴԳԳ / tlg rf/
 uժf d/lr lkԴ ԿմԵf] xfn]
 dgtftf] kfgl lkpg] #_ lx^a
 kfgldf 3հի] af/Daf/ ; Eգ]
 \$_ Hjfg' Ps 7հիԻDrf /
 l; ԴԳԳ clnslt ld; ip/ ԿմԵf]
 xllg] clg dgtftf] kfgl lkpg]
 %_ bfnrlgl / hf0km b06} a/fa/
 dfqdf ; Կմ 9Էdf 3հի] laxfg-
 aիԻsf rf6Գ]. oldllo} sԳ} Ps dfq
 pkfo ubf{ klg x65 .

t] f]

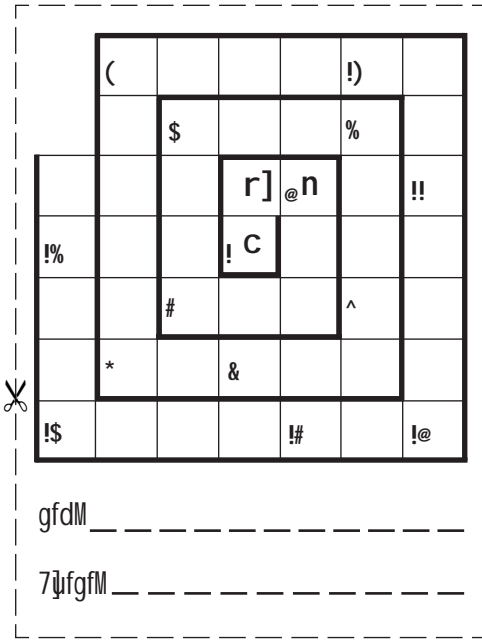
!_ gFz gxԳ}cljgzl:slxNo}
 g36Գ]
 #_ Ps 0ւsf]gfd
 %_ afx] /flzdWb]bzԳy/flzsf]gfd
 &_ ukմ:s6b/f
 (_ dgdf zflԳt gePsf]
 =Jofsh=lj xj n
 !!_ >f4 ug] lbg=ldlt
 !#_ d^{a1}; / kl5 cfpq]dlxgf
 !%_ cfkմԵԵbf sf65f]cfkմԳ}cfdfafafsf]
 5Դf]
 !^_ ; fx]s7Դ]
 ! (_ ./df00մԻf j l0Է /fdsf Ps ef0sf]
 gfd
 @@_ sf0fոsf]kժv kbflwsf/l
 @\$_ bf8Գ] sbԳ]JolQm
 @^_ lj i0sf bz cj tf/dWb]kfrf-
 cj tf/
 @&_ kf7, d6q cflb s07:y kfg]
 p2]on]3ԳԳ]sf

7f8f]

!_ s':tl l; Sg]7fp"
 @_ cfotgsf]lx; faaf6 cf7f}-
 ukxf]gfd
 #_ 9ԴՖf=սԳ
 \$ _ /lff ug]lHժdf lnPsf]JolQm
 ^ _ lj Bfnodf k9fpg kժիւ ul/Psf]
 sf7Դ]
 &_ dV 9fSg]jDsf/ cjoj
 * _ sԴbԳ] sl kfgl
 (_ of]vfof]eg]df65}d5{
 !)_ nfh=z/d
 !@_ lyRg]sfdf jf sf0bf
 !#_ euյfg /fdn}r9Ֆf]ljdfgsf]
 gfd
 !\$ _ cflbfgl:gfkմ:kմ0bf:pknlw
 !%_ xfdf]laxfg aիԻsfsf]lgoldt
 eիԻhg
 !&_ c?sf]; v bՎԳ g; s] dgdf
 xԳ]blw
 !* _ rf/ jԻ dWb]Pssf]gfd
 @)_ w18E lhNnf e6b pQ/L
 eՖlt/ /xՖf]Ps kxf8L lhNnf
 ?b:dxfb]
 @!_ v]lktfsf]sfid u/] hlijsf
 @#_ rnfpg]JolQm
 @\$_ rfdn agf0g]cԳ
 @%_ gful/sn]; /sf/nf0{clgjfof}
 bftJosf ?kdf lbgkg]lj leԳ
 kՖf/sf] lt/f]

-k'sf]c^asd f kՖflzt zAbvԻ-# կլjլws q16
 ePsf sf/0f /2 ul/Psf]5 . ;*

cGtflf/L-\$



!_ j t@fg ; do:xfn; fn -#_
 @_ w}]kl/>dn]yfs] n:t ePsf] clt ylst -%_
 #_ s; }f0{b0xft hf\$} ; Ddfg b]/fpg]sfd -\$_
 \$_ l6ld/ cflbsf]emcIncln kk{ofpg]:jfb=xNsf lsl; dn]xg]kl/f]-\$_
 %_ dl7f]; jf; k]ng]u/L, af:gf cfp]lsl; dn]-\$_
 ^_ ebu]h=uHofEuhE -\$_
 &_ nRsg]sfd jf 9frf -#_
 *_ em/Psf]j:t'; dfpbf jf rkfpbf efrP/ cfp]cfjfh -^_
 (_ t}g afw] ; ?jnsf ; fy hlpdf nfp] em08}38f; Ddf n]qPsf]Ps lsl; dsf]k]jfn kfzfs -%_
 !)_ d2t=:; xfof -\$_
 !!_ sg]:jfy[]; l4sf nflu ul/g]cfk; l ; f7uf7 -%_
 !@_ gfrg]kz} ePsf]JolQm -#_
 !#_ cfknh]sah u/\$]s/f n]vPsf]s]ut -%_
 !\$_ cldnlnf0{nflg]lt; }f -\$_
 !%_ sf7sf]; }em]nfd]6bqf=nf7L
 -k; c^sdf k\$flzt cGtflf/L-# df k]j]ws ql6 ePsf] /2 ul/Psf] 5 . ; ±

tkf0{शिक्षक s:tf]nflU5 <

olb /fd]pko]l
 nflU5 eg]cfknh]
 lrg]hfg\$} lzlfS,
 cleefjs /
 ljBfyl{ k9g
 elglbgxf]f .
 xfdlnf0{s}l ; %}j
 eP lzlfss]
 7ufgdf va/
 ul/lbgxf]f .

शिक्षक dfl;s
 kf6g9f\$}, nlnTk/
 kf}a-g= !^^, nlnTk/
 kn]M %\$#@% , %\$*!\$@
 ^ofS;M %\$!!(^

शिक्षक tkf0{f]
 ufpzX/-ahf/sf
 kqkqsf k; ndf
 x/\$} dlxgfs]
 klxnf]; ftfleq
 klu; S5 . t}lg
 lzlfS kfg
 sl7gf0{ePdf
 tkf0{f]glhss]
 kqkqsf k; n
 jf xfdlnf0{
 eGkxf]f .

; 8f\$'-\$

	&		#	*				^
\$	(!	#		&
*				@	&			
		%				^		
			!	%				*
#		!	@				%	(
@				(%		&	

gfdM _____

7ψfgM _____



; fdfGo 1 fg-\$

- !** = Pp6f ; fdfGo r] af\$df sltj6f ju{-:Sjfo/_ xt5g\ <
- @** = bfn ksfpbf gg klxNo} xflg elg65, lsg <
- #** = t/f0qf6 kxf8 / kxf8af6 lxdfnl eψlt/ plSnb} hfbf vNtldf le/ψf] sndsf] d; l r1xP/ sltk6s tkf0ψf] sldh aafψ ePsf]xg; S5 . cfψdf 7ls7fs /xψf] snd kxf8df ktgψalQs} lsg d; l 5fbg yfnψf]xfψf <
- \$** = hg; aVofsf lx; fan] ; ψf/df ; aψbf yψ]df]g; n]afψ]geff rf0lgh -d08fl/g_ xf]. To; kl5 wψψ]afψ]geff c^aψhl xf]. ca eψ; \ wψ]df]g; n]afψ]g]cfwf/df t] ψ] rfψf]/ kfψf}ψhf eψff sg sg xg\ <
- %** = eψψ]ns lfψsf lx; fan]; ψf/sf] ; aψbf 7hf]bψ ; xψeg]bf] ψ] 7hf]bψ sg xψ] <

ol kψgsf] hjfkm @) kψug @)^% leq k7f0; Sgkgψ .

; 8f\$' s; /l vψg] <

oxf lb0Psf]vnl sf]fdf dlyaf6 tnkl\$ / bψψf6 bfofk\$! blv (c\$; l d egk65 . t/ afofa6 bfof hfbf / dlyaf6 tn hfbf Pp6}kl0ndf c\$ bψψ]g' xbg . o:t)u/l # uoff # sf]sf]fdf kl\$! blv (; l dsf]c\$ kgk65{. oxfl lb0Psf]c\$ kl\$ x6fpg kf0bg . ; dψfg Pp6}dfq x65 .

lgodx?

!= zAbvψh, cGtflf/L, ; 8f\$' / ; fdfGo1fgsf]; xl ; dψfg k7fpgxg]kf7sdllb}kψoψsf Ps:Ps lj hψfn] ?ψ,)) kψ:sf/ kfpgkψψ .

@ ; xl ; dψfg k7fpg @) lbgf]cψ lw ckofft blvPsf sf/Of cl3Nnf]c\$blv ; dofj lw a9f0Psf]5 . ca, Ps c\$ la/fP/ ; xl ; dψfg / pQ/ kψflzt ul/gψ . o; cg; f/ k'; c\$sf]kψgsf]; dψfg @) df3 @)^% ; lddf lzlf\$ sfofψodf cf0klgkψψ . Toψ] ; dψfg kψugsf]c\$df kψflzt xgψ . To; ψ/l df3 c\$sf kψgsf]hjfkmmjψ ; dψfg @) kψug @)^% ; l d lzlf\$ sf]sfofψodf cf0klgkψψ .

#= Psebf a9l ; xl hjfkm cψdf lj hψfsf]5gψψ uψhf kyfa6 ul/gψ . Pp6f lj wdf Ps hgψ kf7ssf]Psebf a9l kψli6 dfo xg]5g . lj hψfsf]cl6td lg0ψsf]clwsl/ o; klqsf]ψ; Dkbs d08ndf lgxψ /xgψ .

\$= kψ:sf/ lj hψfx?n]kl/rokq; lxt lzlf\$ sf]sfofψodf cf0{tlg dlxgfleq kψ:sf/ /sd ; sng ugkψψ .

hjfkmm k7fpg] 7ψfgM
lzlf\$ dfl; s
 kf6g9ψψ, kψψψ!^^, nlnkψ



.lrN8k ckmxegú afnkl8f 7Dofpg ; 3fp5

Rof | ItP/ sfd gnllg]e0; s\$]f Pshf] hQf dd\$ u/] Nofpg] qndf afns cnl] af6\$ x/fp5 . bfh] slt ahf hQf Nof0k\$ofpnf eg] klv\$; \$l ; fgl alxgl hf/fn] yxf gkfp] s/) ePg . ahf/f of]s/f cfd-afnf0{geg x} d h; /l eP klg hQf kfhf kf/] Nofp5E eGb}cnl klf] hQf vllg lg:sG5 . t/ hQf kfhf kb\$.

..vlt eGb vlf]7Hf] eof]ca . efl] laxfg]hf/fnf0{ :sh hfg'5 . vnl v\$ s; /l :sh hfg' <hf/fsf]lr6tf hfoh 5 . cnl]Pp6f hQm l%\$5- akfnkfn]u/] d]f] hQfn]g}bfh-alxgl sfd rnfclF. cfd-afnf0{eg] klg hQf lslglb]k}f 5\$. a\$]df ufnl / s6f0 dfq lsg



vfg' E cf`gf]laxfg / bfh]f]lbpFf]:sh nllg]ePsf] cnl]s] s/fdf hf/f ; xdt xG5]. efl]kN6 laxfg hf/f bfh]f]hQf nufP/ :sh hfG5]. t/ k9\$-nllgdf hf/fsf] Wofg k6Ss}5\$. p; sf]; f/f Wofg x/fPsf]hQf}u0/x\$]f] 5 . slt ahf 5\$ xfhf / bfhf0{hQf k\$ofpnF Psl5g l9nf eof]eg]pm ; dodf :sh klG Eofp5\$ eG]lr6tf] hf/fsf] afndl:tisnf0{ ; tfp5 .

of]pkqnd s\$g\lbg; Dd rln/xG5 . Pslbg xtf-xtf/df :shaf6 kms}ubf{v\$af6 klls} Pp6f hQf gx/df v:5 . gx/af6 hQf l%\$g] p; sf ; a} kof; lg/y\$ xG5g\ . pm ?g yfN5]. TolQs\$ cf0ku\$]Ps hgf a6]fn]gx/af6 hQf lgsflnbG5 . clg bf\$] uP/ bfhf0{hQf aenp5]. l9nf]u/l :sh klbf Pp6f hQf dfq s; /l lehof] <clg Pp6f v\$fd dfq dfhf lsg <lrQa`bf]hj fkm kfp]g ; s]k15 lkl; knn]cnnf0{sifdf k:g} glb0{ 3/ kmsf0lb65g\.

r/d ul/alaf6 ulh/x\$]f cnl]s af-cfdnf0{5f]f5f]ln] %h/x\$]f; d:ofklt rf; f]g}x\$. l:ylt Tolt ahf dd{kzL{ aG5, ha afp cf`gf 5f]f5f]lsf]; d:of a`gl/ nllg]sf]; f6]pN6}adsG5- adh] t gf]jif\$]pd]df slt sfd u/] af-cfdnf0{ ; 3fp]e0; s\$]f]lyPF t/ ltdlx; ; a} s]n vllg]vfg]/ ; l]dfq eof}. d Pp6fn]s; /l ; a} s/f k\$ofpg ; S5' / E ol bfh-alxglnf0{:sh / 3/sf] p:t} Jojxf/n] lvGg agfP5 . pglx;sf]; d:ofdfly g lzlf s g t cleef]s, s; h] Wofg lbpSf] 5\$.

Pslbg cnl]:shdf bf\$ kltoflutf xg]s/f yxf kfp5 . .t]f]k/:sf/M Ps hf] hQf]df cff kfg{fy pm bf\$df efu lng] c7f\$ u5{. To; sf] Pp6} sf/of lyof] t]f] k/:sf/ lht] alxglnf0{hQf lbg] / xfn %h/x\$]f; d:ofaf6 dIQm kfp]g]. t/ x/\$ lbg :sh klG xg] l9nf0sf sf/of p; sf] gfd btf{u/fpg] ; do klls; s\$]f]xG5 . of]s/fn] ; fx}bMM xG5, lzlf s; E a//{cfF' %f/] ?G5 . lzlf sn]cnnf0{pN6}ufnl u5\$ \ aolt ahf; Dd rflxFlgbP/ a; \$]f] ly0; \< clxn]f0{ 5l6; \ csf] k6s ; dod} gfd nlyfpg cfp]g" E cnl lh2L u5\$ e; / l d h; /l eP klg lht] blyfP5; dnf0{ klg ; xeful u/f0lbg] \ E cGttM lzlfss] dg klN65 / cnl]s] gfd bf\$ kltoflutfsf nflu btf{xG5 .

bf\$df cnl klxn]xG5 . t/ l] 8Dagf To; af6 cnl v; l xg ; Sb\$. .t]f]k/:sf/l cyf`hQf lht] alxglnf0{ lbg]p; sf]; kfg cfk kyd ePsf]yxf kFPk15 66\$. pm eSsf]gP/ ?G5 . klxn] ePsf] v; ldf lz/ 7f8f] kf/] plegsf]; f6] t]f] xg gkPsf] bMvdf lgxl/G5 . of]p]sif{E}Ps 306f @ (ldg\$ nfd] lknld ; lsg5 .

kl; 4 0/fgl lgb\$ s dflhb dflhblaf/f lnlt tyf lgb]z t k]tt lknld ; g\! ((& df ag\$]f] xf]. 0/fgsf] /fhwgl t\$]fgdf 5fof]g ul/Psf]; f] rnlrqnf0{olt hljGt 9En]k]tt ul/Psf]5 ls bz\$ n]j:f:tl]s 36gf xf]ls lknld eg] 56d\$pg dl:sn k5{. yk}k/:sf/x;af6 ; Ddf]gt kl; \$g efl]sf] of] lknld afnafnsf] l]ifodf agf0Psf]dWol] jZ]s} cufl rnlrqdf kb\$. g]kfnl kl/j\$; E ldnbf]h]f]; f] lknldn]; fg]; d:ofs] xn xg g; Sbf afnafnsfx; slt 7Hf] dfq]s; tgjdf k5\$ \ eG] s/fnf0{ zIQzfnl ; kdf k]tt u/\$]f] 5 . To:t} ul/al / cef]df /x\$]f afnafnsf]n]; fdgf ul/x\$]f ; d:ofx; / To; kl]t cleef]s / lzlf s bj} s; /l aya/ xG5g\ eG] s/fnf0{ dfl\$ 9En] phfu/ u/\$]f] 5 .

k]f ltdll; gf

; Gt16 5'

xl/nfn rfv/L, lzlfs
sfln~rfꞑ pdflj rl/sfꞑ, bñhvf



lj ifoj:tdf ks8 dfq eP/ xꞑg, lj Bfylꞑf] dgflj 1fg
a%ꞑ tbg?k cWofkg ug{ ;Sgk5{. Toltn] dfq klbg,
k/f Odfgbf/L; fy cf^gf] st.fo k/f ul/of] eg] dfq
;km lzlfs aꞑ ;lsꞑ5 .

l; /xñlv s; /l bñhvdf lzlfs aꞑ cf0klgꞑof] <
e%) ; fndf d lqlj lj df PdP:; l kl9/xꞑf] lyPF.
3/af6 aihdf k/lifsf] km/d eg] k} f cPq . To; ðñh
bñhvdf Ps lzlfs cf^gf] lj Bfnof0{ uloft /
lj 1fgsf] dflj lzlfssf] vñhl ubꞑdsxfCfpgꞑof].
Toltn] dflj lzlfssf] tna :sh #!)) lyof] t/
pxfñ] \$!)) lbꞑ5' eg] kl5 d oxfCf0kuF.

:sh÷snñhf tkf0f-s:tf] lj Bfyl{ xꞑkꞑof] <
d kfoM ; w}dWodvfn] lj Bfyl{ /xꞑF.

bñhvdf g}oqf] jif{ lsg a:gꞑof] <
lzlfssf] ; ?f klqmf lghfdt sd{f/l] sf] eꞑb
sl7g ePsfñ].

cf^gf] sfddf ; Gt16 xꞑkꞑ5 <
lgs} ; Gt16 5' .

lzlfs ag] s] kfgꞑof] < s] udffgꞑof] <
lzlfs eP/ ðñh] lj Bfylꞑf] ; Ddfg / cleefj saf6
dfof kfPsf] 5' . t/ aaf / cdf; G} a:g] cj ; /
udfPsf] 5' .

;km lzlfs s; /l aꞑ ;lsꞑ5 <
lj Bfylꞑf k9f0klt cle?lr a9fP/ / lg/Gt/
cfsliꞑ ug{ ; lSp dfq pglx;n]/fd/L l; Sbf /xꞑg.
lj ifoj:tdf ks8 dfq eP/ xꞑg, lj Bfylꞑf] dgflj 1fg
a%ꞑ tbg?k cWofkg ug{ ;Sgk5{. Toltn] dfq
klbg, k/f Odfgbf/L; fy cf^gf] st.fo k/f ul/of]
eg] dfq ; km lzlfs aꞑ ;lsꞑ5 .

tkf0f-s] cyꞑf c; lzlfs eꞑb leꞑg xꞑkꞑ5 <
d c; eꞑb vf; } leꞑg 5' h:tf] nfluꞑ . o; a/]
lj Bfylꞑf / lzlfs ; fylx;n] sꞑl eꞑg ; S5g.

cf^gf] lj ifodf lj Bfylꞑf0{s; /l cfsliꞑ jf pik/vt
ugꞑꞑ5 <
uloftlo hfꞑ, lzlf0f-; fdullsf] klꞑzꞑ ; fktlxs
ꞑkdf 6ib k/lifh:tf lqmfsnkx;af6 lj Bfylꞑf ptkꞑoff
hufpg] u5{.

sdhf] lj Bfylꞑf0{s; /l hfꞑg] agfpgꞑꞑ5 <

sdhf] lj Bfylꞑf0{ klxn] k9f0klt cle?lr huf0{
uloftsf cfw/eꞑ s/fx; l; sfpgk5{/ z?df ; lhnf]
; lhnf] lx; fax; ug{ nufpgk5{. c;nf0ꞑꞑb a9l
cEof; u/fpgk5{. To; kl5 lj Bfylꞑf; df lj :tf/}lj Zj f;
a9b} hfꞑ5 / qndzll ck7df/f lx; fax; klg cfkñfug]
kꞑf; ug{ yfñ5g.

lzlf0f kꞑdf; aꞑꞑb vꞑzsf] / bMvsf] lf0f <
To:tf] vf; } 5ꞑ . cfkñh] k9fPsf lj Bfylꞑf; c;
kꞑdf; ; km ePv] eꞑg] ; Gb, eꞑb jf pglx;sf]
cfb/ kfpꞑ vꞑz nflu5 . clg cfkñh] dꞑꞑt u/l
k9fPsf / /fdl-/fdl] lj Bfylꞑf; kñh xꞑf rlixFbM
nflu5 .

:jñfbog slQsf] ugꞑꞑ5 <
cñcñ u5{. ; fꞑ-laxfg klg k9fpg] sfdd] Jo:t
xꞑk5{.

lj Bfnosf] k7gk7gdf /fdl] agfpg s] ugꞑꞑ5 <
slfssf] sf] /fdl] Joj: yfk / ; /; km0 xꞑf slfñf0{
cfsiꞑ agfpg ; lsꞑ5 . kf7ofñgf cg?ksf] k9f0
rlixꞑ5 . lzlf0f kꞑf] sf/l tl/sñ] xꞑk5{. /, blgs
uꞑsf0{/ To; sf] dñof] g eof] eg] sdhf] :shx;df
klg k9f0sf] :t/ Xjfo} psñ; G5 .

; /sf/n] lzlfssf] ; w/sf nflu ugꞑꞑ5 tlgj 6f sfid <
lj Bfylꞑf; f/ lzlfs b/aꞑb, lzlfxs; sf] sfdsf]
:jR5 dñof] g / lzlfsnf0{ lghfdt sd{f/l; /x ; lj wf
lbq].

uꞑsf0{ slQsf] hfꞑꞑꞑ5 <
klxn] yf] ; lj Bfyl{ xꞑf blgs uꞑsf0{ rꞑ ul/Gvof].
t/ clxn] lj Bfyl{ ; aꞑvof a9l ePsfñ] ; dꞑut ꞑkdf
uꞑsf0{ rꞑ ug] u/ꞑf] 5' .

eljosf] ofñgf s] 5 <
hflu/ vfg] qmddf :gftsꞑ/ ug{ alrdf /fl]sof]
To; ð]ca :gftsꞑ/ ug] ofñgf 5 . /fdl] t k9f0/xꞑf]
5' eꞑg] nfu-hñ lzlf0f sf0ꞑf rlixFnflu/xꞑ5' .
zle' ufꞑd

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